# Adult learning Course Course Course

# Shake off the winter chill and dive into new skills!



See the back cover for exciting new tours

# Index

# IT, BUSINESS, TRAINING & INVESTMENT

Computing Training & Vocational Skills Business & Investment

LANGUAGES Fun & Travel Short Course Languages

#### **FOOD & BEVERAGES**

Food Wine & Beverages Cakes & Other Sweets

#### **CREATIVE ARTS**

Creative Writing	
Music & Performing Arts	
Textile Craft	
Craft	
Practical Art	

#### **HEALTH, HOME & LIFESTYLE**

Personal Skills
Metaphysical Matters
Health & Wellbeing
Fitness, Recreation & Dancing
Home, Garden & Nature
WALKS, TOURS, HISTORY & CULTU

#### wALKS, TOURS, HISTORY & CULTURE 20 Heritage Walks & Tours 20

Heritage walks & lours
Heritage Day Tour
Archaeology/History & Culture
Armchair Travel
Let's Talk Travel - Free Talks

WEA Travel Tours Terms And Conditions





We have rooms available for hire for your meetings or training sessions. We also have a fully equipped kitchen for hire with seating room for 50 people.

# **Featured Courses**

#### **A TASTE OF POLAND**

4

4

5

6

7

7

7

7

7

g

9

11

18

19

21

21

22

23

24

23

Poland is located as the cultural crossroads of Eastern and Western Europe. Polish food has loads of character with delicious and robust flavours. This Masterclass with Lusia and Basia will introduce you to authentic Polish dishes like Pierogi, Barszcz and stuffed cabbage rolls that are beloved by Poles. You will get to sample many dishes including Polish antipasto (Zakaski) which will be accompanied with a flavoured vodka also made in class. A session not to be missed! *Lusia Guthrie & Basia Samcewicz* 47089 Sat., 11am 10 August, 1 sess x 3 hrs FEE: \$139, No disc. or conc. WEA CENTRE



#### **OTTOMAN PALACE CUISINE**

<NEW>

Join Hikmet to learn about the history of the Ottoman Palace Cuisine. You will be cooking and tasting a variety of dishes that are over 150 years old, including Hunkar Begendi (The Sultan's Delight), Cesm-i Nigar Corbasi (lentil-based soup), and more. Recipes and historical information will be provided in this course about the Ottoman Palace kitchen and the food preparation.

Hikmet Tolotta

47054 Mon., 6pm 29 July, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE



#### **(NEW)** GINGERBREAD MASTERCLASS

In this hands-on workshop you will discover the origins, rich history and cultural significance of gingerbread. You will bake and decorate your own gingerbread cookies and create a 3D gingerbread house with guidance of an experienced pastry chef. All materials are provided and included in fee. *Chakey Kim* 

(NFW)

47025 Sat., 10am 24 August, 1 sess x 4 hrs FEE: \$139, No disc. or conc. WEA CENTRE



FOOD & WINE OF BORDEAUX - ROSA & DAVID

Known around the world for its (NEW) prestigious wines, Bordeaux is much more than a wine region. Situated perfectly along the Garonne Estuary and between the Atlantic Ocean, lush lands of the Dordogne and just north of the Pays Basque, Bordeaux is a gastronomic paradise. Bordelaise cuisine is firmly tied to the local terroir, a word meaning the land that produces the unique products such as Cap Ferret oysters, the famous Foi Gras, exceptional lamb and duck and local saffron. In our food and wine pairings we will begin with a rich pate`, and a taste of our own oysters before we celebrate some variations on a duck theme. We finish with the sweet of the region canale`and a duo of cheese. Enjoy two red "Bordeaux Blend" wines; one from the famous Medoc subregion, the other a Bordeaux Superieur from the Entre-Deux-Mers. As well, savour an original Sauternes, its succulence a result of 'Noble Rot'.

Rosa Matto & David Crossman <mark>47045 Sat., 11am 13 July, 1 sess x 3 hrs</mark> FEE: \$159, No disc. or conc. WEA CENTRE



wea-sa.com.au

# **Featured Courses**

#### MASTERCLASS WITH KELLIE FINLAYSON KELLIE FINLAYSON: THE POWER OF POSITIVITY

Kellie Finlayson was dealt a (NFW) devastating blow when she was diagnosed with stage 4 bowel cancer at the age of 25. As a mother, wife, teacher, advocate, and content creator, her positive mindset has been a powerful tool in her journey of living with cancer. Join Kellie for a transformative 2-hour seminar focused on gratitude, resilience, and the art of not sweating the small things. In today's fastpaced world, cultivating gratitude, building resilience, and gaining perspective are essential skills for navigating life's challenges with grace and purpose. Through engaging discussions, interactive activities, and practical exercises, participants will learn how to harness the power of gratitude to enhance wellbeing, develop resilience to overcome adversity, and adopt a mindset that prioritises what truly matters. Leave feeling empowered and equipped with valuable tools to thrive in the face of life's ups and downs.

Kellie Finlayson

44615 Tue., 6pm 16 July, 1 sess x 2 hrs FEE: \$100, No disc. or conc. WEA CENTRE



#### CREATING A PET-FRIENDLY GARDEN (NEW)

Embark on a journey to create the ultimate oasis for you and your pets with our Pet-Friendly Gardens class. Learn how to select pet-safe plants through to designing a space that promotes play and relaxation and discover the secrets to crafting a garden that delights both humans and animals alike.

#### Nicki King

47973 Sat., 9.30am 13 July, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



#### CHLOE GRAYLING: GOOD INFLUENCE (NEW)

Chloe Grayling is a lot of things: content creator, podcaster, cottage renovator, fluffy-cow mum and a human being who creates a positive impact. She's also a social media influencer, with more than 1.2 million followers across Instagram and TikTok. In this very special workshop she will be sharing all she can to help you find your way, too: whether that be in the online space as an aspiring content creator or small business owner, or out in the world. The seminar will be full of advice, practical activities, group discussions and golden bits of wisdom to guide you there, too.

Chloe Grayling

44623 Sat., 9.30am 6 July, 1 sess x 3 hrs FEE: \$120, No disc. or conc. WEA CENTRE



#### **CHADO FOR BEGINNERS-BONRYAKU TEMAE**

This class is presented by Eriko, **(NEW)** a qualified tea instructor from Japan. Students will learn and acquire basic skills in Chado, the Japanese tea ceremony, through practicing the complete procedure of 'Bonryaku Temae' at the table. In the final session, students will make Matcha tea in pairs or a group to celebrate their achievement with Japanese sweets. First session commences at 1:30pm then 10am for remainder sessions.

Eriko Takefuji-Lawler Urasenke Chado (Instructor)

47079 Sat., 10am 13 July, 8 wks x 1.5 hrs FEE: \$167, disc. \$152, conc. \$148 WEA CENTRE



#### SOCIAL MEDIA MASTERCLASS WITH CAITLIN JINKS

Can you imagine growing your Instagram following by 575% in just 7 months? That's exactly what Caitlin Jinks did when she managed the SA Police road safety account. With more than a decade of experience in social media, Caitlin has made a career out of going viral with her work being covered by InDaily, Pedestrian, Daily Mail, and the Herald Sun. Join Caitlin as she shares her secret sauce for building a highly engaged online audience and answers all your burning questions about using organic (AKA free!) social media to grow your personal or business brand. Whether you're a business owner, social media manager or content creator, you will not want to miss this exclusive WEA masterclass! Caitlin links

44708 Tue., 6pm 11 June, 1 sess x 2 hrs FEE: \$100, No disc. or conc. WEA CENTRE



#### SELF DEFENCE FOR WOMEN

This empowering program is designed to equip women with the knowledge and skills necessary to protect themselves in various real-life situations. Safety is paramount and this course aims to instil confidence, awareness and practical self-defence techniques. This course is run by experienced instructor Gary Finch. PLEASE NOTE: We assume that you have consulted your doctor before enrolling in this course if you have any doubts about your state of health or physical ability. *Gary Finch* 

45425B Tue., 6pm 30 July, 4 wks x 1.5 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE



# IT, Business, Training & Investment

# COMPUTING

#### **USING A PERSONAL COMPUTER**

An introduction for new users. Learn how personal computers operate and be introduced to hardware and the basic concepts of word processing, Internet and Email. No prior computer experience required. Keyboard skills an advantage.

48001C Wed., 9am 10 July, 1 day x 6 hrs FEE: \$262, disc. \$236, conc. \$230 WEA CENTRE

#### **BASIC COMPUTING FOR SENIORS**

A supportive and stress-free introduction to IBM compatible personal computers. Jargon-free language is used and pace of presentation is not rushed. Be introduced to hardware and the basic concepts of word processing, internet and email. No prior computer experience required. Keyboard skills an advantage. For those over 60 years - Senior's Card or other evidence of age required. Uses Windows 11 and Office 2021.

48005B Wed., 10am 14 Aug, 3 wks x 4 hrs (no sess 28/8) FEE: \$230, No disc., No conc. WEA CENTRE

#### WINDOWS 11 & OFFICE 2021 UPDATE

Don't spend hours getting familiar with the new Windows 11 and Office 2021 programs. This concise course will fast track you to the new features. Current users of previous versions may be interested in experiencing the differences before making a decision to upgrade. 48200C Mon., 9am 15 July, 1 sess x 4 hrs

FEE: \$118, disc. \$107, conc. \$104 WEA CENTRE

#### WINDOWS

This jargon-free course covers using, customising and maintaining Windows. Basic computer knowledge is assumed. A useful course to complement the other WEA courses on Microsoft Office programs. Keyboard skills are an advantage. Note: this is not a word processing course and does not cover networking.

48011B Mon., 9am 5 August, 1 day x 6 hrs FEE: \$262, disc. \$236, conc. \$230 WEA CENTRE

#### **TOUCH TYPING IN TWO DAYS**

Using the Typequick package and other keyboard techniques, learn to touch type in two days. An intensive course for those who want the basics quickly. Emphasis placed on posture and correct techniques. 48025A Sat., 9am 2 November, 2 wks x 6 hrs

FEE: \$344, disc. \$310, conc. \$301 WEA CENTRE



# ACCOUNTING

#### **MIND YOUR OWN BUSINESS**

This course shows you via pictures and also text how to create and set up your MYOB file properly. Each chapter steps you through the correct procedures and the end result enables you to produce "meaningful reports". Included in the book are practice files for you to revisit. The fee also includes your text book. The course does not require accounting or bookkeeping knowledge, however in order to make the most of this course the accounting jargon will be explained in "plain English" citing examples by the tutor. 48102D Wed., 9am 31 July, 2 wks x 6 hrs

FEE: \$450, disc. \$405, conc. \$394 WEA CENTRE

# OFFICE

#### INTRODUCTION TO WORD

Learn how to write; correct; save and print a document; retrieve existing documents; move and copy text; use Find and Replace; format texts and paragraphs; use existing styles; use the Thesaurus; set tabs; create tables; add page numbers; and more. Keyboard skills and knowledge of Windows environment essential.

48202C Thu., 9am 11 July, 2 wks x 6 hrs

48202D Sat., 9am 24 August, 2 wks x 6 hrs

FEE: \$431, disc. \$388, conc. \$378 WEA CENTRE

#### WORD - PROBLEM SOLVING

Do you find the tabs do not line up? A picture is not sitting in the correct position on the page? Want to make all titles in the document look the same? How can numbering start at a number greater than 1? Information is bulleted but it needs to be numbered? Working on someone else's document and the Table is a mess? Page 1 needs to be portrait but page 2 landscape? Want to know how to find a symbol and a guick way to insert repeated symbols? Working on someone else's document and Information appearing in the right hand margin? Learn how to use Comments and Track Changes. This course will teach you how to rectify some common problems experienced in Word. Familiarity with topics covered in the introductory course is essential.

48203A Sat., 9am 14 September, 1 sess x 3.5 hrs

FEE: \$106, disc. \$96, conc. \$93 WEA CENTRE

#### **INTERMEDIATE WORD**

If you have already completed the introductory course and have a good knowledge of Word, learn the use of Word Art; Clip Art; Text boxes and Shapes, scanned images and watermarks; multiple columns; templates; simple headers and footers; footnotes; Auto Text; mail merge; styles; sections; tables of contents and more. Familiarity with topics covered in the introductory course is essential.

48205A Wed., 9am 11 September, 2 wks x 6 hrs

FEE: \$431, disc. \$388, conc. \$378 WEA CENTRE

#### **INTRODUCTION TO EXCEL**

Excel is a spreadsheet application used to organise and analyse data. Learn how to use the Excel working environment to create, open, save, format and print spreadsheets. Topics covered include: Enter, format and edit data; use the basic built-in tools to facilitate spreadsheet use; create formulas to do calculations; use basic functions in formulas: use relative and absolute cell references; create charts; insert comments; apply worksheet protection; templates; use lookup tables; create, sort and filter simple databases; keyboard shortcuts; file formats and more. Knowledge of the Windows environment is essential.

48534E Wed., 6.30pm 10 July, 4 wks x 3 hrs 48534G Mon., 9am 9 September, 2 wks x 6 hrs FEE: \$431, disc. \$388, conc. \$378 WEA CENTRE

#### **INTERMEDIATE EXCEL**

Topics included in the course include: Brief revision of basic spreadsheet skills; Conditional formatting; Data validation; What-if analysis; Printing; Grouped worksheets; Functions and complex formulas; Data consolidation; Pivot tables; Form controls in worksheets; Charts; Macros and Visual Basic; Range names in formulas; Import data; and more. Familiarity with topics covered in the introductory course is essential.

48537B Thu., 9am 20 June, 2 wks x 6 hrs

48537C Mon + Thu., 9am 23 Sept, 2 days x 6 hrs FEE: \$431, disc. \$388, conc. \$378 WEA CENTRE

#### **EXCEL DASHBOARDS**

Excel Dashboards provide an overview of your data, a visual representation, in the one place. They mostly consist of charts, gauges and tables enabling you to analyse your data and present it in a form which grab the user's attention. Users should have completed the Introduction to Excel course or must be familiar with basic Excel formulas and functions like the SUM function. We will build on that and cover creating pivot tables and charts. **48539B Tue.**, **9am 20 August, 1day x 5 hrs** 

FEE: \$218, disc. \$197, conc. \$191 WEA CENTRE

#### PREPARING POWERPOINT PRESENTATIONS

Prepare stunning effects for on-screen presentations, overheads and slides for meetings and briefings. Knowledge of Windows environment and keyboard skills is assumed.

48222C Wed., 9am 17 July, 1 day x 6 hrs FEE: \$262, disc. \$236, conc. \$230 WEA CENTRE

#### PUBLISHER

Create newsletters; brochures; flyers and other publications. As you gain confidence, incorporate your own layouts. This course is suitable for new users of Publisher. Keyboard skills and knowledge of the Windows environment is essential.

**48250C Tue., 9am 27 August, 1 day x 6 hrs** FEE: \$262, disc. \$236, conc. \$230 *WEA CENTRE* 

> Find out what you don't know

#### **INTRODUCTION TO MICROSOFT OUTLOOK**

Outlook is rapidly becoming the personal information manager of choice. By learning to use this program you will quickly become more productive and organised. Learn how to manage your email, appointments, tasks, addresses and more. This course is suitable for new users of Outlook. A basic knowledge of the Windows environment is essential. The course does not include Microsoft Exchange Server. The course uses Outlook

2021, but is similar to other recent versions. 48610B Tue., 9am 6 August, 1 sess x 4 hrs FEE: \$118, disc. \$107, conc. \$104 WEA CENTRE

# **3D PRINTING**

#### **DESIGN FOR 3D PRINTING**

Bring your own project idea to life and develop it further. This course is designed for people who wish to make real things but are unfamiliar with the process to do so. This course is for beginners with no 3D modelling experience and covers creating 3D models for 3D printing or other machines. Basics covered include navigation, tools (sketching and features), document management, model geometry, Parts/Assemblies/Drawings and exporting files. An optional visit to a local 3D printer Makerspace will also be available. Basic computer skills and an email is required.

48335B Sat., 9am 3 August, 2 wks x 4.5 hrs

FEE: \$341, disc. \$307, conc. \$299 WEA CENTRE

# WEB BASED/SOCIAL MEDIA

#### **INTERACTIVE DIGITAL PHOTO ALBUM**

Do you have lots of Christmas and holiday photos cluttering up your phone or computer? Want to create a lasting memory of a birthday or special occasion? In this hands-on project-based class, learn to create interactive digital photo albums for yourself or to send as gifts to family and friends. Some experience with PowerPoint preferred.

48230 Sun., 10am 11 August, 1 day x 6 hrs FEE: \$262, disc. \$236, conc. \$230 WEA CENTRE

#### CANVA FOR PROFESSIONAL BUSINESS GRAPHICS

Instead of paying top dollar for a graphic designer, you can use Canva to do-ityourself. Learn how to build your business graphics from simple logos to complete marketing brochures. Improve your Facebook page graphics, brighten up your website or just have a business card that pops! No prior experience is needed for this workshop.

48711B Wed., 9am 24 July, 1sess x 3hrs FEE: \$99, disc. \$90, conc. \$87 WEA CENTRE

#### **ETSY: SELL YOUR CRAFT TO THE WORLD**

Make money doing what you love - even while you sleep! Discover the world of ETSY - a marketplace just for handcrafted items, vintage items or craft supplies. We'll cover the basics of how to open a shop, through to how to get sales.

48806B Wed., 6pm 31 July, 1 sess x 3.5 hrs FEE: \$82, disc. \$74, conc. \$72 WEA CENTRE

# CONNECT TO YOUR CUSTOMERS WITH MAILCHIMP

Mailchimp is one of the largest marketing platforms in the world. In this hands-on workshop you'll learn how to use its email marketing capabilities to communicate effectively with your target market. Topics include building lists, designing email communications, split testing, segmentation, social integrations, compliance, reports, automation, landing pages and much more. No prior experience is required.

48712D Mon., 9am 12 August, 1day x 6hrs FEE: \$262, disc. \$236, conc. \$230 WEA CENTRE



#### CREATE A WEBSITE WITH WORDPRESS

WordPress started as just a blogging system, but has evolved into a full content management system, used by almost 1/4 of all websites. While you can still use WordPress to create a simple blog, it also allows you to create fully functional websites. The best part about WordPress is that it's easy to use and flexible, with thousands of free templates. Introductory course students should be familiar with using a PC and the Internet.

48071E Mon., 9am 8 July, 1 day x 6 hrs 48071F Tue., 9am 13 August, 1 day x 6 hrs FEE: \$262, disc. \$236, conc. \$230 WEA CENTRE

#### WORDPRESS - ECOMMERCE AND SEO

Whether you need to do a simple PayPal donation button or to set up a multiproduct shopping site adding eCommerce facilities to your self-hosted WordPress site is easier than ever. We will look at setting up the shopping site, adding products and accepting payments. SEO is Search Engine Optimization and is about boosting the chances of your website appearing higher in search engine results and therefore getting more people to your site. We will look at how pages are ranked and how we can make our sites more likely to achieve results using popular plugins. This course relates to self-hosted WordPress websites. Knowledge equivalent to Create a Website with WordPress required.

#### 48074A Tue., 9am 18 June, 1 day x 6 hrs

48074B Tue., 9am 3 September, 1 day x 6 hrs

FEE: \$262, disc. \$236, conc. \$230 WEA CENTRE

#### **MASTERING YOUTUBE**

Do you want to use YouTube for business and marketing? Do you want to share your hobby or interest with other people via video? Learn how to start your own channel, create quality videos without expensive equipment, build your brand and get more views. No video experience required. This course is for beginners. 48817B Sun., 10am 1 September, 1 sess x 4 hrs

FEE: \$82, disc. \$74, conc. \$72 WEA CENTRE

Book Online Now! wea-sa.com.au

# **TABLETS/PHONES**

#### **SMARTPHONE PHOTOGRAPHY**

Want to take better photos and videos using your phone? This course will help you understand the functions of your phone camera, how to adjust settings to take better shots, as well as how to edit photos and video. No photography experience necessary. Suitable for both Apple and Android phones.

48828C Sun., 10am 14 July, 1 sess x 4 hrs FEE: \$109, disc. \$99, conc. \$96 WEA CENTRE

#### **UNDERSTANDING THE IPAD**

Enhance your use and overall experience with the iPad. This course includes configuring your iPad, multi-touch gestures, essential Apps, fun Apps, music and video, working with iTunes, view and share photos, eBooks, email and web browsing, sharing documents, using FaceTime and social media, AirPlay, troubleshooting and iPad accessories. Learn how to get the most out of your ultraportable device.

48820B Sat., 9am 3 August, 1 sess x 4 hrs FEE: \$109, disc. \$99, conc. \$96 *WEA CENTRE* 



#### UNDERSTANDING YOUR IPHONE

Phoning and voice mail, important settings, built-in apps, Syncing & iCloud, App Store, Essential & fun Apps, web browsing, email, photo & video shooting, Using Siri & voice controls, protecting your iPhone, accessories, getting help & troubleshooting.

48830B Mon., 6pm 22 July, 1 sess x 4 hrs FEE: \$109, disc. \$99, conc. \$96 *WEA CENTRE* 

#### UNDERSTANDING YOUR ANDROID PHONE

Designed for new users, this course will help you personalize your screens and settings; make and receive calls and texts; understand the difference between apps and widgets, and customize privacy and security settings.

48829B Sat., 10am 27 July, 1 sess x 4 hrs FEE: \$109, disc. \$99, conc. \$96 WEA CENTRE

# TRAINING AND VOCATIONAL SKILLS

#### SPEED READING

Learn simple, practical skills for greater reading proficiency. Discover how to process information better, increase your focus and enhance concentration to recall more for maximising your reading time at work and home.

Elizabeth Speed DipT BEd

44921 Sat., 9.30am 10 August, 1 day x 6 hrs FEE: \$110, disc. \$100, conc. \$98 WEA CENTRE

### **BUSINESS & INVESTMENT**

#### **STARTING AN ONLINE BUSINESS**

Working from home has never been easier thanks to the internet. Whether you want to set up a business through your own website, or create an online store for POD products, or whether you want to sell your business skills through an existing platform like Behance or Upwork. This course will help you understand the pros and cons of different types of online business models and provide you with methods and information so you can make the best choices for you.

48805A Sat., 10am 13 July, 1 sess x 4 hrs

FEE: \$82, disc. \$74, conc. \$72 WEA CENTRE

#### **GETTING STARTED WITH ZOOM**

In this hands-on workshop, learn how to use Zoom as a meeting participant or host. Learn to schedule, start, join and run Zoom meetings and more.

Kelly Hody MBA Mkt, BBus, Dip Digital Mkt

44703B Sat., 9.30am 27 July, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **FACEBOOK FOR ADVERTISING**

Facebook advertising is being used in every corner of the globe. We'll explore how to measure, optimise and build audiences, discuss how to run your ads across multiple platforms, and cover how you measure results using Facebook Advertising metrics and insights.

Kelly Hody MBA Mkt, BBus, Dip Digital Mkt

44720B Sat., 9.30am 13 July, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### BYOSMP SOCIAL MEDIA PRACTICAL WORKSHOP

Learn alongside a diverse group eager to improve at every stage of iPhone pre-production, and post-production. Discover how to shoot and edit using simple apps on your phone, build your personal brand, and develop confidence needed to succeed in today's fast-paced digital landscape. This course is ideal for anyone seeking to cultivate an organic brand presence on social media.

**(NEW)** 

Taydam Knowles

44709 Sat., 9.30am 17 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



#### The following courses are taken by Dennis Keillor BAppSci(Physics) DipEd

#### **GETTING STARTED IN FINANCIAL MARKETS**

Not sure where to start? This course is designed to be a starting point. Stocks, commodities, indexes, currencies, CFDs, FOREX, futures, brokers, financial planners and more will be covered. No prior experience required.

44801B Mon., 6pm 29 July, 1 sess x 3 hrs FEE: \$89, No disc. or conc. WEA CENTRE

#### **DAY TRADING STOCKS AND OTHER MARKETS**

Key market principles will be explained and various intraday strategies will be investigated including the need for a proven profitable plan. Requirements will be discussed including a computer, internet connection and broker platform. No prior experience required.

44835B Tue., 6pm 20 August, 1 sess x 3 hrs FEE: \$89, No disc. or conc. WEA CENTRE

#### MINING BITCOIN CRYPTO AND CHIA

We will take a look at Bitcoin mining via ASICs (beware the equipment scams) and GPUs as well as Ethereum as an example of mining other Cryptos. Chia plotting and farming is considered the 'green' alternative. Although this can all be a bit technical, the material will be kept simple with road maps for each path: buy the equipment, set it up, run it and make money - possibly. We will also consider the benefits of solar electricity. This session is very much beginner level and should be seen as a starting point only. 44837A Tue., 6pm 23 July, 1 sess x 3 hrs

FEE: \$89, No disc. or conc. WEA CENTRE

#### SUBDIVIDING LAND & PROPERTY DEVELOPMENT

Dreaming of becoming a developer or want the most from your land? Our 3.5-hour beginner's course unlocks the secrets of property development, land subdivision, and turning your vision into profit. Learn from a professional developer and walk away with a clear roadmap to success.

Peter Aquilina House-ProudPropertyDevelopmnts

44806B Sat., 9am 22 June, 1 sess x 3.5 hrs 44806C Wed., 6pm 14 August, 1 sess x 3.5 hrs FEE: \$75, No disc. or conc. WEA CENTRE

#### PROVIDING RELIABLE INCOME IN RETIREMENT

How can I create a retirement income? Can I afford to retire? How do I navigate the Superannuation, Investment and Government rules maze? This popular course, in its 25th year, provides attendees with real tools to help tackle complex decisions retirees face. For those who are considering retirement or already retired. *Heath Visser Dip.FP, SIA(Aff)* 

44833C Sat., 9.30am 3 August, 1 sess x 4 hrs FEE: \$79, No disc. or conc. WEA CENTRE

# SUCCESSFUL SELF MANAGED SUPERANNUATION

Self-managed superannuation is the most tax effective and flexible retirement structure, offering significant flexibility and control for Retirees. Your tutor is an experienced Financial Planner who understands all facets of this topic. Especially suited for those nearing retirement wanting to learn how an income can be generated from this structure.

Heath Visser Dip.FP, SIA(Aff)

#### 44823B Sat., 9.30am 22 June, 1 sess x 4 hrs

FEE: \$79, No disc. or conc. WEA CENTRE

The following courses are taken by Shane Wise MEBM

#### **UNDERSTANDING EXCHANGE TRADED FUNDS**

This course covers ETFs for different asset classes such as gold and precious metals, fixed income, real estate and Australian and International share markets. Also, different themes such as technology, robotics, cybersecurity, health care and environmental, social and governance (ESG) ETFs are explored.

44821B Tue., 6pm 20 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **MILLENNIALS & MONEY**

Attention Millennials and Gen Ys! Having trouble saving for your first car, first house or even an overseas holiday? Topics covered are understanding superannuation, earning higher interest rates for your savings, responsible investing, easy money saving tips and saving for your first home and much more.

44822A Tue., 6pm 2 July, 1 sess x 3.5 hrs FEE: \$75, No disc. or conc. WEA CENTRE

#### UNDERSTANDING SUPERANNUATION-MILLENNIALS

This course will cover the basics of superannuation. Some of the questions we consider are: What is Superannuation? Can I buy a house with my super? Can I invest ethically within my Super fund? How is my super invested? Opportunities for questions and discussions involving participants as well. Course is aimed at a younger age group and not for retirees. 44824A Tue., 6pm 27 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



# Languages

### **FUN AND TRAVEL**

Never studied a language before? Your journey starts here! Learn to ask simple questions, talk about yourself, make inquiries and socialise. Learning just for fun or planning to travel, languages open up whole new worlds. Held at the WEA Centre.

PLEASE NOTE: There are no classes on Public Holidays and Long Weekends. FEE: \$277, disc. \$250, conc. \$243 (unless otherwise specified)

#### PORTUGUESE FOR FUN AND TRAVEL

Hugo Perpetuo BA

43040A Tue., 5.30pm 23 July, 10 wks x 2 hrs FEE: \$277, disc. \$250, conc. \$243 WEA CENTRE

#### FRENCH FOR FUN AND TRAVEL

Magali Valambras Graham MEd, BA Hons 43181B Wed., 5pm 24 July, 10 wks x 2 hrs FEE: \$277, disc. \$250, conc. \$243 WEA CENTRE

#### **GERMAN FOR FUN AND TRAVEL**

Anja Kolloch 43211B Tue., 5.15pm 23 July, 10 wks x 2 hrs FEE: \$277, disc. \$250, conc. \$243 WEA CENTRE

#### **ITALIAN FOR FUN AND TRAVEL**

Juana Alice Mauri Bachelor of Art(Languages)

43281G Wed., 5.30pm 17 July, 10 wks x 2 hrs

Maria Mazzone Dip.Ed, BA 43281H Tue., 1.30pm 23 July, 10 wks x 2 hrs FEE: \$277, disc. \$250, conc. \$243 WEA CENTRE

#### **JAPANESE FOR FUN AND TRAVEL**

Yoshimi Mizobe 43301D Mon., 10am 22 July, 10 wks x 2 hrs 43301E Mon., 7.30pm 22 July, 10 wks x 2 hrs FEE: \$277, disc. \$250, conc. \$243 WEA CENTRE

#### **SPANISH FOR FUN AND TRAVEL**

*Tere Herrera* 43371C Tue., 7.15pm 23 July, 10 wks x 2 hrs FEE: \$277, disc. \$250, conc. \$243 WEA CENTRE

# SHORT COURSE LANGUAGES

A little bit of language goes a long way! The following are introductory, intensive or conversation short courses. Get the bare essentials before you go – survival phrases, cultural do's and don'ts and how to get about. PLEASE NOTE: There are no classes on Public Holidays and Long Weekends.

#### **ARABIC LANGUAGE & CULTURE INTRODUCTION**

Heba Ahmed BEd(Alexandria),CertIII Auslan 43001 Tue., 10am 25 June, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



#### **CHINESE MANDARIN CONVERSATION**

Yang (Christine) Yue Bachelor Degree UniSA 43132A Tue., 7.45pm 23 July, 10 wks x 2 hrs FEE: \$277, disc. \$250, conc. \$243 WEA CENTRE

#### INTENSIVE FRENCH FOR FUN AND TRAVEL

Magali Valambras Graham MEd, BA Hons 43180B Sat., 9am 31 August, 5 wks x 3 hrs FEE: \$220, disc. \$198, conc. \$192 WEA CENTRE

#### FRENCH LANGUAGE: PARIS AS A CINEMA DECOR

Arnaud Benassv

43184 Tue. & Wed., 10am 16 July, 2 sess x 3 hrs FEE: \$184, disc. \$166, conc. \$161 WEA CENTRE

#### **FRENCH: CONVERSATION**

Catherine Bernard PhD 43185A Thu., 2pm 25 July, 5 wks x 2 hrs FEE: \$172, disc. \$155, conc. \$150 WEA CENTRE

RUSSIAN: BEGINNER'S CONVERSATION Victoria Clark 43363 Tue., 7.30pm 23 July, 10 wks x 2 hrs FEE: \$277, disc. \$250, conc. \$243 WEA CENTRE

# Food & Beverages

**(NEW)** 

(NFW)

### FOOD

#### A TASTE OF POLAND

For details See page 2 Lusia Guthrie & Basia Samcewicz

47089 Sat., 11am 10 August, 1 sess x 3 hrs FEE: \$139. No disc. or conc. WEA CENTRE

#### FOOD & WINE OF BORDEAUX - ROSA & DAVID

For details See page 2 (NEW) Rosa Matto & David Crossman 47045 Sat., 11am 13 July, 1 sess x 3 hrs FEE: \$159. No disc. or conc. WEA CENTRE

#### PERUVIAN APPERTISERS

Unleash your inner Peruvian Chef with this interactive cooking session. Perfect for Foodies wanting to explore the exciting flavours of Peru. Learn to make delicious Chilli Chicken Tequenos, flavourful Coriander Arancini and Tangy Chilli Vinegar Fish.

#### Valeria Reategui

47057 Mon., 6pm 22 July, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE



#### A TASTE OF PORTUGAL WITH ROSA MATTO

Portuguese food is all about local **(NEW)** ingredients and big, powerful flavours. We will start with the salty punch of bacalhau and end with the sweet custardy kick of pasteis de nata. Main course is Carne De Porco Alentejana, Portugal's version of surf and turf. Salads are important too and offer seasonal refreshing twist to the menu.

Rosa Matto

47030 Sat., 11am 20 July, 1 sess x 3 hrs FEE: \$139, No disc. or conc. WEA CENTRE

#### AN EVENING WITH ROBERTO-FOOD FROM VENETO

Roberto is excited to present food from his home Italian region, Veneto. Treviso is where Roberto comes from and he would like to share with his WEA Family, some recipes that remind him so much of his childhood home and his Italian traditions. Pasticcio al radicchio, risotto ai porcini and tiramisu are going to be shared in this Northern Italian Cooking class. This delicious selection will be accompanied with some amazing wine from Tomich Wines.

Roberto Riovanto

47002 Tue., 6pm 25 June, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE

#### INDIAN CUISINE

Join our Indian cooking tutor as she prepares a variety of dishes from all over India. From Punjab, Chana Masala Curry and Puri, Batata Vada and Semolina Halwa from Maharashtra, Fish Curry and Lemon Rice from South India. Demonstration course with many tastings. *Ajita Thakur* 

47053A Wed., 6pm 26 June, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE

**Travel Now...** See the back cover for exciting new tours



#### **HOMEMADE INDIAN BREADS, DIPS & SAUCES**

There are a wide variety of Indian breads that are an integral part of Indian cuisine. Prepare a selection of the most popular ones together with your favourite Indian dips and sauces.

Maria Almeida BEd

#### 47062B Tue., 10am 30 July, 1 sess x 3 hrs

FEE: \$95, No disc. or conc. WEA CENTRE

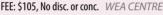
#### The following courses are taken by **Hikmet Tolotta**

**OTTOMAN PALACE CUISINE** 

For details see page 2 47054 Mon., 6pm 29 July, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE

#### **TURKISH TEA PARTY**

Did you know that Turkiye is the largest consumer of tea in the World? Tea is an anytime drink in Turkiye but when it is a social gathering it must be served with food. Join Hikmet to learn how to brew a Turkish tea and prepare sweet and savoury accompaniments in this demonstration and hands-on course. 47014A Tue., 6pm 18 June, 1 sess x 3 hrs





#### TURKISH SOUPS

Learn how to prepare delicious and filling traditional Turkish soups including Ezogelin (tomato base), Yayla (yogurt base), Mercimek (red lentil) and Tarhana (fermented soup). You will also be learning how to make a Turkish bread called Bazlama as an accompaniment to the soups. This is a demonstration and hands-on course with lots of tasting opportunities.

47016 Sat., 9.30am 22 June, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE

#### TURKISH BRFAKFAST

In this course you will learn how to make a Turkish breakfast favourite, sesame crusted bagel (Simit) and Turkish scrambled eggs with tomatoes (Menemen). We will brew and enjoy a pot of Turkish tea while we share these delicious dishes as well as other treats. 47021 Tue., 6pm 23 July, 1 sess x 3 hrs

FEE: \$105, No disc. or conc. WEA CENTRE

#### **TURKISH CUISINE (GLUTEN FREE)**

Join Hikmet in this NEW aluten free Turkish Cuisine class to learn new recipes; Lamb and Chicken Sis Kebab, Pilav (Turkish Style Rice), Acili Ezme (spicy tomato and pepper salad), Supangle with pistachios (chocolate custard). This is a demonstration and hands-on course with lots of tastings.

47055A Tue., 6pm 2 July, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE

#### **TURKISH PASTRIES**

(NEW)

Learn how to make some of Turkey's most favourite pastries such as Acma, Borek and Baklava. This is a demonstration and hands-on course with lots of tasting opportunities.

47056A Sat., 9.30am 7 September, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE



#### GOZLEME

Learn how to make this delicious Turkish treat from scratch with 3 different fillings you haven't had before. This is a demonstration and hands on course with lots of tasting opportunities.

47026C Sat., 1.30pm 7 September, 1 sess x 3 hrs FEE: \$105. No disc. or conc. WEA CENTRE

#### **DELICIOUS DUMPLINGS**

Dumplings have become a favourite food option in Australia. Come along and learn to make your own dumplings with 3 types of filling; Pork & Vegetable Gyoza, Shrimp & Chives Dumpling and a vegetarian option. This is a demonstration and hands-on course with students preparing their own dumplings with ready-made wrappers.

Yoshimi Mizobe

47040F Mon., 6pm 15 July, 1 sess x 3.5 hrs FEE: \$105, No disc. or conc. WEA CENTRE

**Book Online Now** wea-sa.com.au or Phone 8223 1979

#### SIMPLY SUSHI

Sushi for every occasion. Learn to prepare a variety of Sushi suitable for a party or everyday meal. Nigiri, Inari, Maki, Chirashi and more. This is a demonstration and hands-on course where you will also get to sample along the way. Yoshimi Mizobe

47028B Mon., 6pm 8 July, 1 sess x 3 hrs 47028C Wed., 6pm 25 September, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE

#### THAI BANOUET

Join Wannapon for this banguet of delicious dishes. Vegetable spring rolls, Chicken Massaman Curry, Stir Fried Vegetables and Vegetarian Fried Rice. This is a demonstration and hands-on course with many tastings.

Wannapon Drew Grad.Dip Edu, Cert IIIComCook

47017A Tue., 6pm 20 August, 1 sess x 3 hrs

FEE: \$105, No disc. or conc. WEA CENTRE

#### CHEESEMAKING BY WOODSIDE CHEESE WRIGHTS

This home cheesemaking and tasting session is brought to you by Kris Lloyd, Artisan and founder of Woodside Cheese Wrights in the Adelaide Hills. Each student will make their own Feta cheese and get to sample 5 Woodside cheeses and be provided with goat feta and various herbs and spices to create your own marinated jar to take home. Tutor will also demonstrate how to make an Halloumi cheese. (Course fee covers majority of materials however students will need to bring along some items).

Mitchell Lloyd WOODSIDE CHEESE WRIGHTS

47008B Sat., 10am 31 August, 1 sess x 2.5 hrs

#### FEE: \$149, No disc. or conc. WEA CENTRE

#### **INTRODUCTION TO FERMENTATION** WORKSHOP

Learn to make cultured foods through the fermentation process. The workshop is a hands-on process, where participants will learn to make different cultured foods, sauerkraut, kefir & milk yoghurt, yoghurt cheese & apple cider vinegar. Taste-testing is included in the class. Please note that dairy milk is used and may not be suitable for you. Raelene Ng Binnion MSSc

47009A Fri., 10am 5 Jul, 1 sess x 4.5 hrs (+1/2hr break) FEE: \$134, No disc. or conc. WEA CENTRE

#### SOURDOUGH BREAD MAKING

This Sourdough Bread Baking course uses simple, tried and true method of sourdough bread baking that is as easy or easier than typical methods using commercial yeast. And it will produce some of the most flavourful and heart-warming bread you will ever taste. Students will need to bring along some materials. You may wish to contact our enrolment office 82231979 before enrolling.

Stephen Koschella

47003D Tue., 5.30pm 9 July, 1 sess x 4 hrs 47003E Sat., 10am 17 August, 1 sess x 4 hrs 47003F Tue., 5.30pm 17 September, 1 sess x 4 hrs FEE: \$129, No disc. or conc. WEA CENTRE



#### **ADVANCED SOURDOUGH MAKING**

Learn to bake breads using high moisture content (high hydration doughs). These bread types include Focaccia, Ciabatta, Baquettes etc. You will mix a dough to take home and also bake samples in class for tasting. Students will need to bring along some materials. You may wish to contact our enrolment office 82231979 before enrolling. Suitable for those who have completed the beginners' course. Stephen Koschella

47019B Sat., 10am 14 September, 1 sess x 4 hrs FEE: \$129, No disc. or conc. WEA CENTRE

#### **VEGETARIAN DINNER PARTY**

Create classic vegetarian meals that are guaranteed to please. Full of crowd favourites, this menu is equally well suited to formal dining or sitting around an outdoor table under the stars and consists of an entree, main and side.

Danielle Schmidt

47033 Sat., 9.30am 27 July, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE



#### **PIZZA MASTERCLASS AT BLUE VELVET**

Learn the techniques and secrets that are the basis of one of the most widespread and, at the same time, complex culinary arts: Baking! You will learn hands-on how to make the perfect pizza dough in all of its aspects, from kneading to stretching to baking. Includes a delicious pizza lunch. Paolo Rosina

47035D Sat., 12pm 31 August, 1 sess x 3 hrs FEE: \$159, No disc. or conc. Blue Velvet Adelaide

#### **BEESWAX WRAPS WORKSHOP**

Learn to make beeswax wraps to replace clingwrap in your kitchen. They are easy to clean and store and last for at least a year with minimal care. Local beeswax, pine rosin and jojoba oil is used to wax 100% pure cotton material - all these are included in the workshop cost.

Raelene Ng Binnion MSSc

47024 Fri., 10am 26 July, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE



**CHADO FOR BEGINNERS-BONRYAKU TEMAE** For details see page 3. 

Eriko Takefuji-Lawler Urasenke Chado (Instructor) 47079 Sat., 10am 13 July, 8 wks x 1.5 hrs

FEE: \$167, disc. \$152, conc. \$148 WEA CENTRE

#### **EXPERIENCE CHADO (JAPANESE TEA CEREMONY**)

This class is presented by a qualified tea instructor from Japan. Students will learn an introductory knowledge of Chado; it's history and fundamental characteristics, how to use special utensils and appreciate matcha tea. The teacher will give a demonstration of matcha tea making where students will learn how to whisk matcha tea correctly. These will be enjoyed with Japanese sweets.

Eriko Takefuji-Lawler Urasenke Chado (Instructor)

47078B Sat., 1.30pm 6 July, 1 sess x 3 hrs

FEE: \$79, No disc. or conc. WEA CENTRE

#### **BARISTA COURSE - INTRODUCTION**

This course is suitable for those who have little or no experience in the coffee industry. It will give you the basic knowledge and skills required to gain employment in the industry or to make that perfect cup for yourself at home. Certificate provided by La Crema Coffee. Course held at La Crema Coffee, St Marys. Gentilcore Family

47022B Mon., 6pm 5 August, 2 wks x 2.5 hrs FEE: \$164, No disc. or conc. LA CREMA COFFEE



The following courses are taken by **David Crossman** BA,GradDipEd,DipT,CertIV.WT&A

#### THE SOUTH OF FRANCE-A WINE ADVENTURE

Taste your way through the wines of Southern France as you learn about regional grape varieties and styles. Languedoc-Roussillon produces more wine than any other region in France. 47047 Wed., 6pm 19 June, 1 sess x 3 hrs FEE: \$89, No disc. or conc. WEA CENTRE

#### WORLD GSM CHALLENGE

Australia has discovered Grenache, Shiraz and Mourvèdre blends! But how do versions made in Australia and other countries compare to the original versions from France? You will taste GSM wines from here and abroad and decide which wine is the best

47059 Wed., 6pm 7 August, 1 sess x 3 hrs FEE: \$89, No disc. or conc. WEA CENTRE

#### KNOW YOUR WINE - ENJOY YOUR WINE

Discover why a wide range of wine styles taste like they do. Learn how to judge the quality of wine. Gain confidence in choosing a suitable wine and describing why you like it.

47072A Wed., 6pm 3 July, 1 sess x 3 hrs FEE: \$69. No disc. or conc. WEA CENTRE

#### SHIRAZ TEST: SA V THE WORLD

How does Shiraz from McLaren Vale and the Barossa compare with Shiraz from the rest of the state, other states, and other countries? Taste Shiraz from regions known for producing quality wines from the variety and judge which wine is the best.

47051 Wed., 6pm 21 August, 1 sess x 3 hrs FEE: \$89, No disc. or conc. WEA CENTRE

#### NATURAL ALL-GRAIN BEER BREWED AT HOME

Produce sensational beer in your own home using the same methods employed by commercial breweries, without the high expense. You will be taught the vital steps in brewing and the different ways to create your own home brew set up. Finally, you will attend a brew day to get hands-on experience. (Brewing dates are decided in class).

#### Luke Moran B.Ch.E

47075B Tue., 6pm 30 July, 1 sess x 3 hrs FEE: \$144, No disc. or conc. WEA CENTRE

# **CAKES & OTHER SWEETS**

GINGERBREAD MASTERCLASS

For details see page 2 Chakey Kim 47025 Sat., 10am 24 August, 1 sess x 4 hrs FEE: \$139, No disc. or conc. WEA CENTRE

The following courses are taken by **Pastry Chef Ilenia Scuderi** 

#### **ITALIAN PASTRY MASTERCLASS - DEMO**

Join Ilenia, Italian Pastry Chef from Rome, in this unique and incredible experience. In this four-hour demonstration class Ilenia will prepare and decorate two of her popular recipes from scratch. A traditional Tiramisu, made as a cake and following up with a Caribbean Cake which is another amazing dessert. You will sample and take home what is prepared.

47041A Wed., 6pm 17 July, 1 sess x 4 hrs FEE: \$114, No disc. or conc. WEA CENTRE



# Give the gift of fun with WEA gift vouchers.

#### **MODERN ITALIAN BAKING - SWEETS**

Join Ilenia, Italian pastry chef from Rome, in this awesome class, where you can learn hands-on how to make some of the classic Italian pastries. Mono portion shortbread tarts with jam and crostatine with fresh custard and strawberries, Tartufini chocolates and afternoon tea biscuits. You will take home all of your delicious produce.

#### 47004A Wed., 6pm 31 July, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE



BE AN ITALIAN PASTRY CHEF FOR ONE DAY

Join Ilenia, Italian pastry chef from Rome, in this awesome masterclass, where you can learn some of her secret recipes. Perfect cream puffs with chantilly zabaione filling, mono-portion shortbread tarts with ricotta and chocolate cream, crostatine (tarts filled with pistachio frangipane and raspberries). Learn how to make these classic Italian pastries and what you can't eat during class you can take home. A perfect accompaniment with your favourite coffee or tea. Demonstration with small amount of hands-on.

47007B Tue., 6pm 6 August, 1 sess x 4 hrs FEE: \$109, No disc. or conc. WEA CENTRE



#### **ELEGANT SUGAR COOKIES**

Decorate your own sugar cookies with fondant. Learn how to marble and apply fondant; edible images and use impression mats and stencils to create texture; use silicone moulds and cutters to create beautiful sugar flowers. Top all of this off with edible balls and gold paint. \$35 kit payable to Tutor includes all materials to prepare 8 cookies.

Metro Designer Cakes

47038C Tue., 6.30pm 9 July, 1 sess x 2 hrs FEE: \$69, No disc. or conc. ADELAIDE CHOCOLATE SCHOOL

#### **CROISSANT MASTERCLASS**

Master the basic rules for baking croissants at home. Demonstration course with some hands-on. Enjoy a croissant lunch with some extra baked goods to take home.

Chakey Kim

47023A Sat., 12pm 3 August, 1 sess x 4 hrs 47023B Sat., 12pm 21 September, 1 sess x 4 hrs FEE: \$125, No disc. or conc. WEA CENTRE

#### CHRISTMAS WONDERLAND IN CHOCOLATE-JULY

Bring to life your own 3D chocolate winter wonderland this Christmas. Build and decorate a house and create a Father Christmas, Christmas trees, sleighs, snowmen, angels and any other Christmas characters you so desire. \$35 is payable on the day for the kit which includes all ingredients an apron and gloves.

Anna Hofmeyer Qualified Chocolatier 47083 Wed., 6.30pm 3 July, 1 sess x 2 hrs

FEE: \$69, No disc. or conc. ADELAIDE CHOCOLATE SCHOOL



#### **BASIC TRUFFLE MAKING**

Learn to make delicious truffles using Cadbury and Nestle chocolate without any need for tempering, easy to replicate at home. In this hands-on session, create a soft centre (each person can create up to 2 flavours) plus rolling and coating techniques to create approximately 20-25 truffles to take home. \$30 is payable at the session for kit which includes ingredients, gloves, aprons, gift bags, ribbons etc. Anna Hofmeyer Qualified Chocolatier

### 47087B Tue., 6.30pm 6 August, 1 sess x 2 hrs

FEE: \$69, No disc. or conc.ADELAIDE CHOCOLATE SCHOOL

#### **BELGIAN TRUFFLES - INCLUDING TEMPERING**

This session brings you to a whole new level of truffle heaven. Learn how to temper chocolate and make Belgian chocolate truffles from imported Belgian Milk chocolate and ingredients. This indulgent session is sure to please. You will go home with mountains of truffles to share with family and friends. A \$35 kit is needed to be paid for at the session which includes ingredients, gloves, aprons, gift bags, ribbons etc.

Anna Hofmeyer Qualified Chocolatier

47086C Sun., 9.30am 11 August, 1 sess x 2 hrs FEE: \$69, No disc. or conc. ADELAIDE CHOCOLATE SCHOOL

#### CAKE DECORATING FOR SPECIAL OCCASIONS

This course is designed for beginners yet will have you decorating like a professional in no time! Gain techniques to produce realistic flowers and other decorations using sugar-paste. \$25 kit is to be purchased from the tutor and payable at the first session. Other materials and ingredients required will need to be purchased and could cost up to \$25.

Pamela Lane

47042B Mon., 6pm 15 July, 4 wks x 2.5 hrs FEE: \$139, disc. \$126, conc. \$122 WEA CENTRE

#### **CAKE DECORATING WITH BUTTERCREAM**

Buttercream is perfect for making beautiful decorations on cakes. In this course you will learn several decorating techniques to decorate 3 sponges and cupcakes. Learn to pipe flowers, swirling techniques, ombre and more. You will be required to bring some ingredients and equipment to this course. Please contact the WEA for a full list of requirements and equipment before enrolling.

Pamela Lane

47044B Sat., 10am 29 June, 1 sess x 3 hrs 47044C Mon., 6pm 19 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. *WEA CENTRE* 

#### WAGASHI, JAPANESE SWEETS

Wagashi are traditional Japanese confections made from plant-based ingredients. They are healthy, vegan and vegetarian friendly. In this course you will learn how to make Nerikiri, white bean paste with sweet and mochi rice cake, Dango, sweet dumplings and Daifuku, mochi rice cake stuffed with sweet fillings. They will be served with Matcha green tea or Japanese green tea. This is a demonstration and hands-on course. Students are required to bring along tools for Nerikiri and costs vary depending on quality choice.

Yoshimi Mizobe

47027A Wed., 6pm 10 July, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE

#### TURKISH DESSERTS

«NEW RECIPES»

Did you know that Turks have a dessert called Tavukgogsu? It has real chicken breast in it (used only for the texture) and this recipe is 200 years old! Learn this impressive traditional Turkish dessert and more with Hikmet, including famous Kadayif with pistachios and badem ezmesi (almond paste).

Hikmet Tolotta

47015 Mon., 6pm 5 August, 1 sess x 3 hrs FEE: \$105, No disc. or conc. WEA CENTRE

Book Online Now wea-sa.com.au or Phone 8223 1979

# **Creative Arts**

# **CREATIVE WRITING**

#### The following courses are taken by Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

#### **CREATIVE WRITING**

This beginner's course studies short prose - fiction and non-fiction. Non-prose writing will also be included to explore different considerations and techniques. Develop theme, plot, structure, settings, characterisation, dialogue and editing.

47601A Sun., 10am 8 September, 2 wks x 6 hrs FEE: \$157, disc. \$142, conc. \$138 WEA CENTRE

DIALOGUE

Talking is easy; writing about talking is not. Learn effective techniques to make your characters moan, hiss, chuckle, weep, squeak, yell and ululate in an interesting, believable manner.

47623 Sun., 10am 7 July, 1 day x 6 hrs FEE: \$102, disc. \$92 WEA CENTRE

#### **WRITING SCI-FI & FANTASY FICTION**

This course will help you create original plots and credible sleuths that will satisfy the readers of this ever popular and constantly growing genre. From historical to contemporary, professional to amateur sleuths, edgy action to locked-room mysteries, come along and learn how to get away with murder!

47643 Sat., 10am 22 June, 1 day x 6 hrs

FEE: \$102, disc. \$92, WEA CENTRE

#### **MARKETING FOR WRITERS**

Nowadays both traditional and selfpublished writers need to understand marketing. This course will help you build your platform both online and in the real world, and create a marketing plan to suit your needs and your budget. Suitable for writers of fiction and non-fiction.

47668 Sat., 10am 10 August, 1 day x 6 hrs FEE: \$102, disc. \$92 WEA CENTRE

#### **PASSION FOR POETRY**

Interested in writing poetry but don't know where to start? In this course you'll explore various types of poetry, both rhymed and unrhymed, and get information on publishing and competitions. Come along and ignite, or reignite, your passion for poetry. 47680 Sun., 10am 30 June, 1 day x 6 hrs FEE: \$102, disc. \$92, WEA CENTRE



# MUSIC & PERFORMING ARTS

#### **GUITAR 1**

For absolute beginners. Use a steel or a nylon string acoustic guitar - the choice is yours. Each week you will move step by step to learning chords, notation, tuning and a little theory. BYO guitar. *Leigh Fopp* 

#### 46510B Sat., 9am 7 September, 3 wks x 4 hrs FEE: \$160, disc. \$145, conc. \$140 WEA CENTRE



#### **GUITAR 2**

This course builds on the concepts covered in Basic Guitar or Guitar 1. Further development of chords, strumming techniques, note playing and guitarrelated theory will be covered in order to have you playing your favourite songs. This is not a beginner's course. Use a steel or a nylon string acoustic guitar - the choice is yours. BYO Guitar.

Leigh Fopp

46511A Sat., 9am 27 July, 3 wks x 3 hrs FEE: \$140, disc. \$127, conc. \$124 WEA CENTRE

#### FOLK AND BLUES GUITAR

Do you have an acoustic guitar and know basic chords? Do you love Folk & Blues music? Over 6 weeks, learn some of the tricks of the trade, some standard folk & blues tunes, improve your picking techniques and gain a better overall understanding of your guitar. Reading music is not necessary for this course. John Hastwell

46515A Mon., 8pm 22 July, 6 wks x 2 hrs FEE: \$160, disc. \$145, conc. \$140 WEA CENTRE

# Join a WEA Club

Jane Austen Society of Adelaide SA Microprocessors Group Inc Ramblers Bushwalking Club Inc French Connection

Call 8223 1979 for a brochure or email enrolments@wea-sa.com.au

#### **BASIC BLUES HARMONICA**

No music reading skills required. Styles include blues, rock, traditional and country. Harmonicas (only played in the key of C) upto \$90 (approx.) to be purchased. If you have a harmonica contact the tutor to check suitability. John Hastwell

46521B Mon., 5.45pm 22 July, 6 wks x 2 hrs FEE: \$160, disc. \$145, conc. \$140 WEA CENTRE

#### PIANO FOR COMPLETE BEGINNERS:STAGE 1

Learn to play the piano and sight read music. Access to a piano or keyboard between lessons is essential. Only one piano in class. Book \$40 from tutor. *Emilio Pieroni* 

46524C Wed., 6pm 14 August, 8 wks x 1.5 hrs FEE: \$160, disc. \$145, conc. \$140 WEA CENTRE

#### **SAXOPHONE: AN INTRODUCTION**

A grounding in the basics of this popular instrument for beginners through to people with some experience. BYO or hire an alto or tenor saxophone with spare reeds.

John Mabarrack MA Music

46526A Sat., 2pm 13 July, 6 wks x 2 hrs FEE: \$160, disc. \$145, conc. \$140 WEA CENTRE

#### **SINGING FOR BEGINNERS**

Through a clear understanding of the vocal mechanism, begin to experience the pleasure of singing.

Lyndon Piddington BMus(Hons) DipEd

46531D Tue., 6pm 23 July, 8 wks x 1.5 hrs 46531E Fri., 10.30am 26 July, 8 wks x 1.5 hrs FEE: \$160, disc. \$145, conc. \$140 WEA CENTRE



#### COME AND TRY UKULELE!

This 4-week course is designed to introduce you to the ukulele - the world's most popular instrument. During the course, you will learn the five most common chords played on the ukulele (C, Am, F, G, G7) and just three strumming patterns for beginners. This course is the place to start if you have never played ukulele before and want to give it a go before committing to the 6-week Beginners course. BYO Ukulele.

Dr. Christopher Waite

46549C Mon., 4pm 2 September, 4 wks x 2 hrs FEE: \$133, disc. \$121, conc. \$117 *WEA CENTRE* 

#### FACE PAINTING

Through hands-on experience, broaden your understanding of face painting and improve your creative skills. Your new skills will make you sought after for children's and adults' parties, charity functions and photographic work. Materials cost approx. \$90. *Toni Smallman* 

45509 Sat., 10am 14 September, 2 wks x 3 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

# **TEXTILE CRAFT**

BYO Sewing machine/overlocker (in good working order with manual and foot control) to all appropriate courses. Fee does NOT include cost of materials, which will depend on your choice of pattern and fabric or materials. Some specified classes have a "kit" which is to be purchased from the Tutor on the day of the class.

#### The following courses are taught by Pauline Walladge Cert. Fashion & Soft Furnishings.

#### **SEWING FOR BEGINNERS**

Learn all steps from cutting material to the finished garment. Save money by making clothes for yourself and your family. NOTE: You must know how to thread machine and bobbin or have done the Get to Know Your Sewing Machine course. Materials approx \$40. 45302B Tue., 6.30pm 10 Sept, 5 wks x 2.5 hrs

FEE: \$163, disc. \$148, conc. \$144 WEA CENTRE



#### **OVERLOCKING FOR BEGINNERS**

A one-day workshop for beginners only. Let our tutor show you how to get the very best out of your overlocker. Estimated cost of materials \$20. BYO overlocker in good working order and all materials. Materials are not included in the course fee.

45304B Sat., 10am 13 July, 1 day x 6 hrs FEE: \$167, disc. \$152, conc. \$148 WEA CENTRE

#### **PATTERN DRAFTING & DESIGN**

Gain the skills to draft a basic top, skirt and pant pattern from scratch. Learn how to fit them all. We also cover a few adaptation techniques. Some sewing skills required and access to a sewing machine between sessions would be beneficial.

45305B Mon., 6.30pm 9 September, 4 wks x 3 hrs FEE: \$165, disc. \$150, conc. \$146 WEA CENTRE

#### **CROCHET FOR BEGINNERS**

Learn how to read a pattern, cast on, count stitches, correct tension, increase and decrease. Learn the basic types of crochet stitches by making a stitch sampler and then starting a project of your own choice. BYO all materials, cost approx. \$10.

45311C Mon., 6.30pm 15 July, 4 wks x 2 hrs FEE: \$144, disc. \$132, conc. \$128 WEA CENTRE

#### **KNITTING FOR ABSOLUTE BEGINNERS**

Learn about the history of knitting and yarn; the basic stitches and casting on and off. You will complete samples of the basic stitches using two coloured yarns. Materials cost approximately \$12.

Dorothy Fletcher

45312A Sat., 9.30am 20 July, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **ADVANCED KNITTING**

Are you bored with plain and purl? Learn to create intricate cable and fairisle patterns. Basic knitting knowledge assumed.

Dorothy Fletcher

45313A Thu., 10am 25 July, 6 wks x 2 hrs FEE: \$157, disc. \$142, conc. \$138 WEA CENTRE

#### **INTERMEDIATE KNITTING**

Designed to carry on from the Knitting for Beginners course and for those who can cast on and off and knit basic stitches. You can supply your own pattern or the tutor can supply a simple garment pattern for you to follow.

Dorothy Fletcher

45314 Sat., 9.30am 10 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **BOTANICAL HAND EMBROIDERY**

Portray the beauty of nature in this simple botanical embroidery course creating your own beautiful wildflower and plant pattern hoop art with amazing botanical colours. Embroider different types of plants, combine and make colours, and create additional elements to craft a unique piece using simple hand stitching ranging from basic to more fancy. Materials cost approximately \$40.

Victoria Lowery MA Vis.Art., Grad.Dip.Ed.Sec

45325A Tue., 10am 23 July, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### **EMBROIDERY FOR ABSOLUTE BEGINNERS**

Learn step by step hand stitching techniques to produce a wide range of basic embroidery stitches to complete a simple hand embroidered project. Approximate cost for all materials \$40.

Victoria Lowery MA Vis.Art., Grad.Dip.Ed.Sec

45330A Wed., 10am 10 July, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### FABRIC SLOW STITCH MEDITATION

Slow stitch your way to relaxation without the pressures of technical perfectionism. Learn the essence of the traditional elements of Sashiko and Boro stitching techniques to layered fabric and create a beautiful basic tactile surface of linebased hand embroidery. Materials cost approximately \$50.

Victoria Lowery MA Vis.Art., Grad.Dip.Ed.Sec 45338A Thu., 10am 11 July, 1 day x 6 hrs

FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE



#### **INTRODUCTION TO HAND APPLIQUE**

Appliqué is a simple way of adding shapes and patterns to your patchwork and quilting projects. Learn a variety of Appliqué techniques and how to use fusible web to apply fabric scraps in fun shapes and use decorative stitches to secure and further embellish your design. Approximate cost for all materials \$60. *Victoria Lowery MA Vis.Art., Grad.Dip.Ed.Sec* 

45340A Fri., 10am 19 July, 1 sess x 6 hrs

FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

### **CRAFT**

#### EVERLASTING WEARABLE FLORALS (NEW)

Learn to make something fun to wear to an event or give as a gift. Together we'll be making floral headbands, combs, wrist corsages, jewellery and crowns using a combination of dried flowers, natural elements and embellishments. Bring your own materials from home or the garden or you can buy a starter kit of preserved botanicals for \$30. 1st session - wrist corsage and comb. 2nd session - wired crown, headband and jewellery piece.

Amy Verduyn Graphic Des/Floristry Cert2&3 47430 Sat., 9.30am 14 September, 2 wks x 4.5 hrs FEE: \$139. disc. \$126. conc. \$122 WEA CENTRE



#### FUN WITH FLORAL ART

Have fun with flowers! Create a new and exciting floral art arrangement each week. Learn the tricks of the trade to impress your friends and guests in this practical step by step course. No prior experience necessary. Students provide their own materials each week, cost will vary depending on flowers and materials chosen. This course is hands on from week 1.

#### Laura Parsons

au.linkedin.com/company/wea-sa

47401A Wed., 6pm 10 July, 5 wks x 2.5 hrs FEE: \$163, disc. \$148, conc. \$145 WEA CENTRE

#### **INTRODUCTION TO DECOUPAGE**

Learn the classic and the more modern art of decoupage using techniques to transform general house items into pieces of art. Materials cost approximately \$90.

Victoria Lowery MA Vis.Art., Grad.Dip.Ed.Sec 47404 Tue., 6pm 23 July, 3 wks x 3 hrs

FEE: \$134, disc. \$121, conc. \$118 WEA CENTRE



#### **ACRYLIC SKIN JEWELLERY**

Known as 'skins', dried acrylic paint is a safe, easy and inexpensive material that can be cut into shapes to create beautiful earrings or pendant designs. Learn what mediums and varnishes to use for eye catching designs that imitate a variety of gemstone patterns. Approximate cost for materials \$70.

Victoria Lowery MA Vis.Art., Grad.Dip.Ed.Sec 47405 Wed., 6pm 24 July, 3 wks x 3 hrs FEE: \$134, disc. \$121, conc. \$118 WEA CENTRE

#### **3D POP-UP CARDS**

Learn how to create your own 3D pop-up flower card to be used for birthdays, Mother's Day, invitations and more. Materials cost approximately \$50 and you will need to purchase them in advance.

Victoria Lowery MA Vis.Art., Grad.Dip.Ed.Sec

47406 Sat., 9am 29 June, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **LEADLIGHTING FOR BEGINNERS**

Design, cut and complete your own leadlight panel. Materials and tools cost about \$250 depending upon project. It is not advisable to do this course if you are pregnant as you are working with lead. *Ross Clarke* 

47419B Mon., 6pm 22 July, 5 wks x 2.5 hrs FEE: \$192, disc. \$174, WEA CENTRE

#### **KILN-FORMED FUSED GLASS**

Make unique fused glass pieces in this exciting beginners course. Materials including glass, fittings and tool hire costs \$45.

Lorry Wedding-marchioro

47427A Sat., 9am 6 July, 2 wks x 3 hrs FEE: \$127, disc. \$117, WEA CENTRE

#### **POTTERY FOR BEGINNERS**

Learn basic techniques - slab building, press moulding, coiling, and wheel work. Glazing and simple yet effective decoration techniques covered. Fee includes clay and glazes. *Bridget Saville* 

47438J Sat., 9am 27 July, 5 wks x 3 hrs 47438K Mon., 6pm 26 August, 5 wks x 3 hrs FEE: \$259, disc. \$237, WEA CENTRE

#### **POTTERY: INTERMEDIATE**

An intermediate course extending knowledge and honing skills in hand building, wheel work and decoration/ glazing to produce more refined finished products. Examples of work include teapots/coffee pour overs, cups/keep cups, nesting bowls, lidded vessels, boxes and other more geometric forms and sculptural vessels.

Bridget Saville

47439A Mon., 6pm 17 June, 5 wks x 3 hrs FEE: \$259, disc. \$237, *WEA CENTRE* 

Rachel Petchkovsky Cert III. Ceramics

47439B Tue., 6pm 10 September, 5 wks x 3 hrs FEE: \$259, disc. \$237, WEA CENTRE



#### **LEATHER DECORATING**

Spend a day stamping, dying and constructing an array of leather items. Great gift ideas for yourself or a friend. Make as many items as you wish or take a kit home to make later. Choice of kits are Coin Purse, Purse, Glasses Case, Shoulder Bag or Belt to be purchased from tutor and cost between \$20-\$115 depending on projects chosen. Tutor supplies all tools and materials.

Heidi Louise Shoemaker

47450B Sat., 9.30am 22 June, 1 day x 6 hrs FEE: \$102, disc. \$92, WEA CENTRE



#### **THONGS AND SLIDES**

Create 2 pairs of your own unique leather thongs or slides. With 4 designs to choose from, one piece thong, toe loop thong, one piece slide or 2 strap slide. \$60 kits to be purchased from tutor. Tutor supplies all tools and materials to decorate and construct your chosen footwear.

Heidi Louise Shoemaker

47452A Sat., 9.30am 27 July, 1 day x 6 hrs FEE: \$102, disc. \$92, WEA CENTRE



#### **COILED ROPE BASKETS**

Learn traditional and simple basketry techniques of rope weaving to create your own baskets using eco-friendly, recycled materials. By using cotton rope, yarn and wooden or glass beads, of your choice, you will be guided through a variety of basketry stitching techniques. Approximate cost of materials \$50.

Victoria Lowery MA Vis.Art., Grad.Dip.Ed.Sec

47462A Wed., 10am 24 July, 3 wks x 3 hrs FEE: \$134, disc. \$121, conc. \$118 WEA CENTRE

# Book Online Now! wea-sa.com.au

#### **NATURAL SOAP MAKING**

Learn how to make your own organic soap at home. In this fun workshop you will create different types of soap for use or to gift to family and friends. Herbal, cinnamon, oatmeal or vegan soaps. Please note that the list of ingredients required for this course can be downloaded from our website. Ingredients could cost approximately \$25.

Ross Clarke

47494B Sat., 9.30am 31 August, 1 sess x 4 hrs FEE: \$79, No disc. or conc. WEA CENTRE

### PRACTICAL ART

Students are to purchase their own materials prior to the course unless specified otherwise. Material costs can vary and approximate values are noted on each course.

The following courses are taken by art tutor Victoria Lowery MA Vis.Art., Grad. Dip.Ed.Sec

#### DRAW & PAINT IN THE BOTANIC GARDENS

Come along and explore the many colours and shapes offered at the magnificent Botanic Gardens. Learn methods and techniques most appropriate for capturing those ephemeral subjects, using the simplest of materials watercolour pencils. Materials cost approximately \$45. Held at the Botanical Gardens.

47305A Sun., 10am 22 September, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90

#### **SKETCHBOOK ARTIST**

In this course you will create a collection of astonishing sketchbook pages using a variety of great artists' techniques and ideas. You will practise and learn how to sketch professionally using and exploring a variety of dry types sketching mediums including graphite, coloured pencils, markers, ballpoint pens, and more. Materials cost approximately \$80.

47306B Mon., 6pm 1 July, 5 wks x 3 hrs FEE: \$184, disc. \$166, conc. \$161 WEA CENTRE

#### AUSTRALIAN WILDFLOWER IN WATERCOLOUR

Learn how to use watercolour to create your own native Australian flower artwork. Watch the painting come together before your eyes as your tutor demonstrates how to paint, add detail and mix colours to produce beautiful flowers like Desert Flame, Kangaroo Paw, Bottlebrushes, Grevillea and more. Suitable for beginners or those more experienced. Materials cost approximately \$80.

47308A Fri., 10am 28 June, 1 day x 6 hrs 47308B Fri., 10am 27 September, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### **PAINTING FOR BEGINNERS**

This foundation acrylic painting course is suitable for absolute beginners and covers brush-handling, colour mixing, tonal values and basic layering techniques. Approximate cost for materials \$85-\$100 to be purchased by the student prior to the class.

47304B Sat., 1pm 22 June, 5 wks x 3 hrs 47304C Fri., 10am 26 July, 5 wks x 3 hrs FEE: \$184, disc. \$166, conc. \$161 WEA CENTRE



#### AUSTRALIAN OUTBACK PAINTING (NEW)

Learn how to mix colours to reflect the unique Australian outback. Develop a colour palette, like no other, to create your own masterpiece. You will also experiment with brushes, knives and other tools to create different effects to bring your artwork to life. Materials cost approximately \$90.

47319 Thu., 10am 8 August, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### **ACRYLIC POURING PAINTING**

Learn diverse acrylic paint pouring techniques to create a unique piece of art. Materials cost approximately \$90. 47307A Mon., 6pm 12 August, 3 wks x 3 hrs FEE: \$134, disc. \$121, conc. \$118 WEA CENTRE

#### **ACRYLIC PAINTING TECHNIQUES**

Learn more about acrylic painting techniques, mediums, colour mixing, tone, contrast and texture painting. Suitable for all levels of ability. Approximate cost for materials \$70.

47326A Sat., 9.30am 6 July, 3 wks x 3 hrs FEE: \$134, disc. \$126, conc. \$122 WEA CENTRE

#### ACRYLICS....WHAT'S NEXT?

Acrylic paint is the preferred choice of many artists and suitable for all levels of ability. This advanced class will delve into new and exciting acrylic painting techniques to open up a range of creative possibilities. Techniques from transparent to more textured whilst also learning how to paint more loosely with more creative impact. You will get to choose your final painting subject matter with your choice of painting technique. Materials cost approximately \$60.

**47314B Tue., 6pm 9 July, 2 wks x 3 hrs** FEE: \$102, disc. \$92, conc. \$90 *WEA CENTRE* 

#### WATERCOLOUR FLOWERS

Watercolour painting is not only mesmerising and beautiful but also versatile and has been around since the 18th century. During this relaxing course your tutor, Victoria, will guide you step by step, learning techniques and brush strokes to paint simple peonies, tulips, berries, rose buds and more. You will then pot them all together into a final floral cluster. Materials cost approximately \$40.

47315A Sat., 9.30am 27 July, 1 day x 6 hrs FEE: \$102. disc. \$92. conc. \$90 WEA CENTRE

#### WATERCOLOUR AND MIXED MEDIA

Step by step technique and drawing tips will be given on how to create layers, tone, texture and special effects to create a variety of art works. This course is suitable for beginners. Materials to be purchased by the student cost approximately \$60. \$15 is payable to the tutor for use of inks.

**47320A Wed., 10am 17 July, 1 day x 6 hrs** FEE: \$102, disc. \$92, conc. \$90 *WEA CENTRE* 

#### WATERCOLOUR BASICS

In this fun and easy to follow watercolour basics course you will be introduced to the world of watercolour. Designed for beginners even those more experienced painters will find plenty of new tips to enhance their watercolour works. Materials cost approximately \$80. 47322B Mon., 10am 8 July, 5 wks x 3 hrs

FEE: \$184, disc. \$166, conc. \$161 WEA CENTRE

#### **OIL PAINTING FOR BEGINNERS**

This course is designed to help build your confidence using this wonderful medium. You will be introduced to materials and colour mixing, as well as techniques to blend and shade to create the illusion of 3 dimensional form in a realistic way. Materials cost approximately \$100 and are to be purchased by the student prior to commencing the class. *Gretta Allen BDes(ILL)* 

47390A Sat., 1.30pm 13 July, 3 wks x 3 hrs

FEE: \$134, disc. \$121, conc. \$118 WEA CENTRE



Book Online Now! wea-sa.com.au

#### YOU CAN DRAW REALISTICALLY! NEW

Have you always wanted to draw accurately, in a realistic style? This course will show you effective Observational Drawing Techniques to draw 'what's really in front of you,' not what you think or feel is there. Using a variety of graphite pencils you will learn to create the satisfying illusion of 3D on your 2D drawing paper. Materials cost approximately \$30.

Susan Wardleworth Bachelor of Art Education

47365 Sat., 9am 31 August, 4 wks x 3 hrs

FEE: \$157, disc. \$142, conc. \$138 WEA CENTRE

#### DARE TO DOODLE!

<NEW>

Doodle your dramas away and ease into your unique artistic creativity with this relaxing two week Doodling course. Learn various line and shading techniques that will turn your meandering squiggles and shapes into appealing patterned images. These striking images can then be used to decorate greeting and invitation cards, writing and wrapping paper, or they can even become framed works of art!

Susan Wardleworth Bachelor of Art Education

47366 Fri., 10am 5 July, 2 wks x 3 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### **CHARCOAL ANIMAL PORTRAIT**

Learn techniques using charcoal to create a powerful, animal portrait. Charcoal is a wonderfully expressive medium and is the perfect dry medium for creating tone and texture. In this course you will learn step by step how to construct, draw and shade a large portrait of an animal. Students will be working at an easel and using a photographic reference to create a bold A2 portrait to take home. All materials are included in the price. This course is suitable for beginners. *Gretta Allen BDes(ILL)* 

47389B Wed., 6pm 14 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

# Tutors Wanted

The WEA is always searching for new, exciting ideas to expand the course range that we offer. Could you teach...

Armchair Travel, Craft Home Garden & Nature Boxing for Fitness, Fitness Archery, Welding Hair styling, Mosaics Simple Home Maintenance Tiling, Banjo, Indigenous Culture Languages - Aboriginal

Call us today or visit our website.

#### **BOTANICAL DRAWING**

Designed to introduce students to the finer details of Botanical Art. Learn to depict the plant world using lead pencil to create form, tonal value and the intricate details of plant forms. The class covers basic plant anatomy, composition and page layout, line drawing and perspective and the various ways to create tone to give form and dimension to your plant study. Materials cost approximately \$70. Drawing experience helpful.

Catherine Veide CertVis&Applied Art

47350A Tue., 11am 30 July, 5 wks x 3 hrs FEE: \$184, disc. \$166, conc. \$161 WEA CENTRE

#### HANDMADE SEED OF LIFE JOURNAL

Combining Sacred Geometry and Book Binding, students will create their very own handmade journal. Starting with a beautiful Seed of Life cover and completing the journal construction with a Japanese Stab style binding. Paper, needles and thread will be provided by the tutor and included in fee. *Alison Russell* 

47362A Sat., 9am 22 June, 1 sess x 4 hrs FEE: \$88, No disc. or conc. WEA CENTRE

#### **CALLIGRAPHY - THE ITALIC HAND**

This course is aimed at both beginners and those who have had a little experience in traditional, broad-edged nib calligraphy and wish to improve their skills. Our focus will be on the Italic Hand and its associated capitals. \$20 payable to tutor at the session for materials. Please check receipt for other materials that are required to be brought along.

Neil Walter

47371 Wed., 10am 7 August, 4 wks x 2.5 hrs FEE: \$139, disc. \$126, conc. \$122 WEA CENTRE

#### **INTRODUCTION TO CALLIGRAPHY**

This course is aimed at both beginners and those who have had a little experience in traditional, broad-edged nib calligraphy and wish to improve their skills. Our focus will be on the Foundational Hand and its associated Roman-based capitals. Practise between lessons will be an important part of skills development. \$20 payable to tutor at the session for nibs, pen holder and ink. Please check receipt for other materials that are required to be brought along. *Neil Walter* 

47372B Wed., 6pm 4 September, 4 wks x 2.5 hrs FEE: \$139, disc. \$126, conc. \$122 WEA CENTRE

#### **FIGURE SCULPTURE**

Learn the essentials of figure sculpture in clay. The course introduces basic anatomy and the body's proportions; overcoming students' technical frustrations with the hands and feet; understanding the head in relation to the body. Learn the historical perspective and conceptual framework of figure sculpture. Fee includes clay.

Andrew Stock BA(FineArt)BSocAdmin

47323A Wed., 6pm 10 July, 2 wks x 3 hrs FEE: \$117, disc. \$108, conc. \$106 WEA CENTRE

#### **RESIN CHEESEBOARD AND COASTERS**

Learn about the safety around using resin, the materials required, and the basic techniques in prepping. A demonstration will be provided first in creating resin art on a paddle board and 4 plywood coasters from beginning to end. You then get a chance to create your 2 homeware pieces. The resin used during the session is low odour and non-toxic, so you are not required to wear any masks. The resin used is also food safe. NOTE: As this resin takes 24hrs to cure the art will need to be left overnight and collected at another time. *Rebecca Hill* 

#### 47380B Sat., 1.30pm 24 August, 1 sess x 3 hrs FEE: \$139, No disc. or conc. WEA CENTRE



#### REDUCTION LINO PRINTING

Reduction lino printing will teach you how to carve using a reduction technique and print 2-3 layers with different colours on a lino/ezy carve plate. Participants will walk away with at least three prints of the design, basic knowledge and practical skills which can be used later at home. The plates are made of Ezy Carve (or equivalent), a new generation carving material that allows a very smooth and safe process unlike the traditional lino that is a bit harder to work with. Materials valued at \$50 are provided by Tutor and included in fee. *Camilo Esparza Garcia Cert IV Training/ Graphic Arts* 

(NEW)

47328 Sat., 9am 24 August, 1 sess x 3 hrs FEE: \$129, disc. \$120, conc. \$118 WEA CENTRE



#### LET'S BATIK

Indonesian Batik has been declared a masterpiece of intangible human heritage by UNESCO. Batik Tulis is a wax resist method of textile printing. Make a unique scarf for yourself or a loved one. Suitable for beginners. Course fee includes majority of materials and use of equipment which is supplied by the tutor. You can purchase an extra batik kit for \$35 on the day.

Rehana Usman

47339A Sat., 1pm 17 August, 1 sess x 4 hrs FEE: \$128, No disc. or conc. WEA CENTRE

#### SHIBORI QUEST

Japanese Shibori dyeing has a popular fame and a unique character. This beginner's course offers a combination of techniques to accomplish in one session. You will make 2-3 medium to large pieces to refresh your wardrobe or living room. Feel free to bring one extra item like a dress, t-shirt or pillow case white/pastel only and 100% cotton. Materials and fabric included in fee and value \$40. *Rehana Usman* 

47338B Sat., 1pm 24 August, 1 sess x 3.5 hrs

FEE: \$114, No disc. or conc. WEA CENTRE



LINOCUT PRINTMAKING FOR BEGINNERS

The beginner's workshop will teach you how to carve and print a Renoir Ezy Carve block 10x15cm approximately using thin and thick lines on already made designs (or designs of your own). Participants will walk away with the block and at least three prints of the design, basic knowledge and practical skills which can be used later at home. The plates are made of Ezy Carve (or equivalent), a new generation carving material that allows a very smooth and safe process unlike the traditional lino that is a bit harder to work with. Materials valued at \$50 are provided by Tutor and included in fee.

Camilo Esparza Garcia Cert IV Training/ Graphic Arts

47341B Sat., 9am 17 August, 1 sess x 3 hrs FEE: \$119, No disc. or conc. WEA CENTRE

#### SHODO, JAPANESE CALLIGRAPHY INTRODUCTION

Learn the history, tools, the way of making ink and the basic stroke with calligraphy brush. Use Fude calligraphy brush and write with emotion in Japanese on 'Hanshi', Japanese paper with 'Sumi', Japanese ink. Materials can cost between \$20-\$90 depending upon kit chosen. Kits to be ordered through tutor prior to session. Please note that because the more expensive kits come from Japan and are required to be ordered very early that late enrolments may not be able to purchase them in time for their course. *Yoshimi Mizobe* 

47385B Sat., 1.30pm 28 September, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



#### **ORIGAMI PAPER FOLDING**

Learn about Japanese traditional origami paper folding. In this course you will learn basic skills and how to make a Tsuru crane, Kimono - Japanese traditional clothes and Kirigami flowers. Fee includes paper.

Yoshimi Mizobe

47386B Sat., 9.30am 10 August, 1 sess x 3 hrs FEE: \$77, No disc. or conc. WEA CENTRE

#### **HENNA TATTOOING**

Learn about the history and traditions involved with this beautiful temporary body art. Find out what NATURAL HENNA is, how to apply and care for traditional or trendy tattoos. \$50 kit is required to be purchased from tutor at the beginning of class. Allergy testing is included.

Rinku Gohil Dip.Beauty Therapy, B.Com 47311B Sat., 1pm 17 August, 1 sess x 3.5 hrs

FEE: \$74, No disc. or conc. WEA CENTRE

# Health, Home & Lifestyle

# PERSONAL SKILLS

#### **INTRODUCTION TO NI P**

Discover how NLP can unlock secrets of verbal and non-verbal communication through body language and rapport. Learn strategies which will help you enhance your relationships: overcome anxiety and free yourself from the past. Wendy Wicks BSocSc

44611A Sat., 9am 6 July, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### **MASTERCIASS WITH KELLIE FINLAYSON KELLIE FINLAYSON: THE POWER OF POSITIVITY (NFW)**

For details see page 3 Kellie Finlayson 44615 Tue., 6pm 16 July, 1 sess x 2 hrs FEE: \$100, No disc. or conc. WEA CENTRE

#### **CHLOE GRAYLING: GOOD INFLUENCE**

For details see page 3 Chloe Grayling 44623 Sat., 9.30am 6 July, 1 sess x 3 hrs FEE: \$120, No disc. or conc. WEA CENTRE

#### WHAT IS AN END OF LIFE DOULA?

Explore what an End of Life Doula is by understanding how they can be of service to you, your family and friends. Jo Fuller, an End of Life Doula offers education and assistance on a topic we sometimes prefer not to discuss. This course is suitable for people who are interested in end of life decisions and care. Also suitable for those who may wish to become an End of Life Doula

Joanne Fuller

44616A Mon., 6pm 22 July, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



#### SIMPLIFYING AGED CARE

Do you have an older relative showing signs of change? Deciding on In-Home help or an Aged Care Home for your loved one will become easy once shown where to begin. This session will empower you by giving you information, answers and contacts so you can navigate this complex and emotionally draining process.

Gail Miller Cert IV TAE

44618B Mon., 6pm 5 August, 1 sess x 3 hrs

FEE: \$69, No disc. or conc. WEA CENTRE

#### NAVIGATE DECEASED ESTATE ADMINISTRATION

(NEW) Reduce the time and energy required to finalise Deceased Estate Administration when you learn the most streamlined ways to approach the procedures and paperwork required for the process. Get an insight into the 40+ items to tackle on the list and walk away feeling more informed and confident to navigate the process.

Danielle Phillips JP, Dip. Bus. Mgt 44620 Sat., 9.30am 24 August, 1 day x 6 hrs FEE: \$102, No disc. or conc. WEA CENTRE

# ETAPHYSICAL MATTERS

#### DISCOVERING THE AKASHIC RECORDS

The Akashic Records are a dimension of consciousness that contains a record of every soul's journey through time. Discover the Akashic Records relationship with science, religion, and the metaphysical. Joanne is the only certified practitioner in Australia. Optional book available from tutor for \$25.

Joanne Fuller

46003A Sat., 9am 17 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **INTRODUCTION TO TRADITIONAL ASTROLOGY**

Learn the basics of the Astrology that predated the 17th century when prediction and one's fated fortunes and life lessons were revealed "warts and all"! Explore the rich ancient Hellenistic and Medieval traditions and their delineations using your natal chart.

Kristen Svendsen

46007A Sat., 9.30am 3 August, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE The following courses are taken by Anne Marie Godden BA(Psych), BEd, GDHC

#### DISCOVERING PAST LIFE THERAPY

Ever wondered what shoes you were wearing in a past life? Stuck on an issue you can't seem to shift? Come and try Past Life Therapy. Facilitator trained by Dr. Brian Weiss, MD.

46010B Sat., 9.30am 24 August, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### INTRODUCTION TO ESOTERIC ASTROLOGY

Traditional Astrology provides (NFW) information that supports your personality development. Esoteric Astrology is for those wanting to progress their spiritual progress using Esoteric principles and a Jungian approach. The key is your Rising Sign. With this in mind, participants are asked to discover their time of birth (as possible) before the workshop. All welcome (even if you don't know the time of birth).

46012 Sat., 9.30am 29 June, 1 day x 6 hrs

FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### ESOTERIC NUMEROLOGY

(NEW)

Esoteric Numerology is for those seeking insight into the purpose of their life. Hidden within your date of birth and name is a blue print of your personal destiny and information about spiritual lessons that apply to different stages of your life. In this workshop, we will map out how to rise above negative traits, embed positivity in daily life, expand our consciousness and master our destiny. For the best experience, please bring paper and pen, and provide your date of birth prior to the workshop.

46013 Sat., 9.30am 13 July, 1 day x 6 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### INTUITION DEVELOPMENT WORKSHOP

Explore your innate intuition and unlock its potential through an interactive workshop engaging with many activities to help you discover your hidden potential. Learn to trust your instincts and discover your unique intuitive language when connecting with your inner self for empowered decision-making. Join us for an enriching and fun experience. Natalie Gardner

46015A Sat., 9.30am 14 September, 1 sess x 4 hrs FEE: \$79, No disc. or conc. WEA CENTRE



wea-sa.com.au

#### **KARMA RELEASE**

The word 'karma' carries with it a negative connotation. It is often associated with suffering and pain. Many view it as a kind of punishment for their misdeeds. We look at how to manage it and find forgiveness for ourselves and others.

Lidwina Masters

46018 Sat., 9.30am 27 July, 1 sess x 2 hrs FEE: \$67, No disc. or conc. WEA CENTRE

#### **COMING OUT OF THE PSYCHIC CLOSET**

This class is a great place to explore answers to your life's unusual questions. We chat about your experiences and the tutor provides meditations, answers, and techniques to help you trust your instincts on the unknown things that are happening to you.

Lidwina Masters

46022 Sat., 9.30am 7 September, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **SPIRIT GUIDES**

Introduces the fundamental principles and practices of communicating with guides. Learn open, honest methods to channel intuition and inner sense and pave the way to unlock/open communication with guides.

Maria Jones

46033B Sat., 11.15am 7 Sept, 2 wks x 5.5 hrs FEE: \$144, disc. \$130, conc. \$127 WEA CENTRE

#### **GOLD LEAF CRYSTAL GRID WORKSHOP**

Create your own unique wooden crystal grid decorated with gold leaf. Learn how to charge and use your beautiful new grid and take home with a full set of crystals and instructions. \$40 to tutor for materials.

Maria Clark

46034 Sat., 9.30am 3 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

# **HEALTH & WELLBEING**

#### **MAKEUP TECHNIQUES FOR TODAY**

Say goodbye to makeup confusion and hello to confidence in your beauty routine! At the end of this course, students will have an understanding of different types of makeup and its application for everyday use and for an evening look. BYO makeup products and brushes.

Natalie Gardner

47802A Sat., 9.30am 31 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



#### BOMBS, SALTS, SCRUBS AND BUBBLE BARS

Learn how to make bath bombs, bath salts, bubble bath bars, salt and sugar body scrubs and facial scrubs in this hands-on workshop. Make these simple, fun and eco-friendly (plastic-free) gifts for family and friends. Materials included in course fee.

Raelene Ng Binnion MSSc

47803 Sat., 9.30am 29 June, 1 sess x 4.5 hrs FEE: \$125, No disc. or conc. *WEA CENTRE* 

#### **ALEXANDER TECHNIQUE**

Learn more about this unique body/mind process that can improve your vitality, ease of movement, posture, and physical comfort. Take away self-help strategies for recognising and unlearning habits of misuse, more choice in response to stimuli and caring for your whole self. *Chris Raff BA DipEd* 

47835A Sat., 9am 14 September, 1 sess x 4 hrs FEE: \$79, No disc. or conc. WEA CENTRE

#### OVERCOME ANXIETY: ALEXANDER TECHNIQUE

Tame your reactions to the onset of anxiety using the principles and processes of the Alexander Technique. It can expand and enliven your body awareness and offer you other choices in how you respond to anxiety symptoms and can up your capacity to be in conscious control of your whole unique self.

(NEW)

Chris Raff BA DipEd

47837 Tue., 6pm 25 June, 3 wks x 2.5 hrs FEE: \$129, disc. \$116, conc. \$113 WEA CENTRE

#### FACIAL / HEAD ACUPRESSURE

A practical course with minimum theory for the relief of headaches, facial tension, sinus and nasal congestion, sore tired eyes, relaxation and a feeling of wellbeing. Locate the points and be taught how to apply the practical techniques required for the best outcome. Students work on themselves.

Reeva Brice DipRM DipFT

47850A Sat., 10.30am 14 Sept, 1 sess x 2.5 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### FACIAL CUPPING

Do you want a simple, effective skincare ritual to care for your skin? Just as your skin glows after a facial, facial cupping works on the principle of boosting blood circulation. It's safe and requires minimal time or resources. Your healthiest, glowing skin really is achievable without the need for expensive lotions or trips to the cosmetic surgeon. NOT suitable for anyone with severe acne or skin infections. Fee includes the price for the (\$55) cup to be collected from the tutor on the day of the session. *Joyce Piper* 

47851A Sat., 2pm 7 September, 1 sess x 2 hrs FEE: \$124, No disc. or conc. WEA CENTRE

Book Online Now! wea-sa.com.au

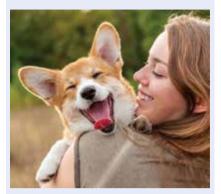
#### The following courses are taken by Katherine Jury Cert Nutrition & Wellness Coach

#### SETTLE THE STRESS IN DOGS

<NEW>

In this new course, you will learn how to identify if your pooch is stressed and how to address it effectively using holistic natural methods.

47841 Sat., 9.30am 29 June, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



#### FOUNDATIONS OF AYURVEDA

In this short interactive course, we balance the knowledge of an ancient healing science with practical tools to build an ayurvedic diet, natural lifestyle and positive mindset so you can learn how to achieve a healthy mind, body and soul with Ayurveda. An ideal course for those wanting to learn a more holistic and natural approach to achieving enhanced health and wellbeing. Topics Covered include: -Welcome to Ayurveda (history, philosophy) -The Human System (digestion process, seven bodily tissues & nervous system) -Tridosha (3 doshas - vata, pitta & kapha, determine your unique constitution) - Key aspects of Ayurvedic living for health (ayurvedic diet & nutrition, herbal remedies, Ayurvedic lifestyle routines)

47845A Sat., 9.30am 22 June, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **AYURVEDA FOR WEIGHT LOSS**

In this short interactive course, we show you how an ancient healing science can easily be used with practical tools to achieve weight loss and enhanced health through a natural lifestyle with Ayurveda. Ideal for those wanting a holistic, natural and sustainable approach to weight loss. 47846A Sat., 2pm 14 September, 1 sess x 3 hrs

FEE: \$69, No disc. or conc. WEA CENTRE



# FITNESS, RECREATION & DANCING

If you have any doubts about your health or physical ability, consult your doctor before enrolling in a fitness or dancing course. Showers are available at the WEA Centre.

#### T'AI CHI

This ancient Chinese art combines meditation, physical culture and mind/ body co-ordination in a gentle exercise. *George H. Lee* 

45401C Mon., 1.30pm 15 July, 8 wks x 1hr FEE: \$128, disc. \$116, conc. \$112 WEA CENTRE

#### **YOGA PLUS**

A fusion of Yoga and Pilates. Use the control, postural alignment, core strength and co-ordination of pilates to support a basic yoga practice for balance of mind, body and spirit. Not suitable if you have unstable joints or herniated discs.

Letitia Anderson Fitness Leader RDA IYTA WLC 45407C Mon., 9.30am 5 August, 8 wks x 1.25 hrs

FEE: \$139, disc. \$126, conc. \$122 WEA CENTRE

#### PILATES

Pilates creates long lean muscles and a strong core and it improves posture and flexibility. This non clinical Pilates class is suitable for beginners. Not for anyone with disc issues or pregnant.

Letitia Anderson Fitness Leader RDA IYTA WLC

45410F Tue., 12pm 30 July, 8 wks x 1 hr 45410G Fri., 12pm 2 August, 8 wks x 1 hr FEE: \$128, disc. \$116, conc. \$112 WEA CENTRE

#### **MATURE FLEXIBILITY**

Stretch: Strengthen: Mobilize. Muscles tighten as we age inhibiting range of motion and posture. This gentle mat class addresses your body's changing needs. Be inspired to be the best you can be! Incorporates the principles of yoga, Pilates and relaxation. You must be able to get down and up from the floor.

Letitia Anderson Fitness Leader RDA IYTA WLC

45415F Tue., 9.30am 30 July, 8 wks x 1 hr 45415G Fri., 9.30am 2 August, 8 wks x 1 hr

FEE: \$128, disc. \$116, conc. \$112 WEA CENTRE

# EASY MOVES - PERI-MENOPAUSE & MENOPAUSE

Join new tutor Angela Jarvis to learn easy movements and unique release techniques to improve your body's function. Calm your mind and get comfortable with your body again. Angela Jarvis Master Trainer Cert in Fitness

45416A Mon., 3pm 5 August, 6 wks x 1.5 hrs

FEE: \$134, disc. \$121, conc. \$118 WEA CENTRE

#### **BODY RELEASE AND RESTORE**

Be your own massage therapist using a revolutionary release technique to relieve those tight spots and regain freedom. This short course will change your life.

Angela Jarvis Master Trainer Cert in Fitness 45418B Mon., 6pm 29 July, 1 sess x 1.5 hrs FEE: \$49, No disc. or conc. WEA CENTRE

#### LEARN TO SWIM

Have you always wanted to learn to swim? Well, here's your chance! This course is for adult non-swimmers who would like to learn the three basic strokes of freestyle, breaststroke and backstroke. At the end of your course you will be able to undertake a CPR enrolment free of charge. Held at the Oaks Swim Centre, Gilles Plains.

Royal Life Saving Society Sa

45420H Mon., 2pm 5 August, 8 wks x 1 hr 45420J Fri., 6.30pm 9 August, 8 wks x 1 hr FEE: \$189, disc. \$171,



#### **AQUA AEROBICS**

Get fit and have fun! A water workout is just what you need to burn fat and calories. You will use a variety of specialised aquatic equipment to assist with muscle tone and balance. The warm aquatic environment is gentle on the joints and the water gives a constant massage to the body. Water exercise is great for all ages and levels of fitness and assists those with existing injuries or arthritis. If you have any doubts about your health or physical ability, consult your doctor before enrolling. Held at the Oaks Swim Centre, Gilles Plains.

Bruce Schulz BSc, BAppSc, Cert III Fitness

45421H Mon., 1pm 5 August, 8 wks x 1 hr 45421J Fri., 7.30pm 9 August, 8 wks x 1 hr FEE: \$189, disc. \$171,

#### KARATE INTRODUCTION-OKINAWAN UECHI RYU

This course is designed to provide students the knowledge and understanding of the basic fundamentals from the outset and progressively work through a number of katas and drills to apply their learnt skills in a safe manner at all times. This is a progressive course and encourages those interested in learning a traditional martial art form. Instruction is undertaken by Sensei Gary Finch 7th Dan Black Belt (Kyoshi).

Gary Finch

45426B Wed., 6pm 24 July, 6 wks x 1.5 hrs FEE: \$134, disc. \$121, conc. \$118 WEA CENTRE



#### STAGE FENCING (SWORDFIGHTING)

This course provides background knowledge, choreography and basic hands-on swordfighting experience for any budding actor, be they Jack Sparrow, Inigo Montoya or Tybalt. A fun-filled and active course instructed by new Tutor and accredited fencing coach, Bas De Groot. Swords, gloves and masks provided by tutor and included in fee.

Bas De Groot

45428C Sat., 1pm 13 July, 6 wks x 2 hrs FEE: \$167, disc. \$152, conc. \$148 WEA CENTRE

# SCOTTISH COUNTRY DANCING: INTRODUCTION

Introduction to Dance Scottish! NO, it's NOT Highland, it is the traditional social dancing of Scotland. Learn the basic steps and formations at the heart of many Scottish dances over 4 sessions. Suitable for all ages and a wide range of fitness. Move to great music in a fun environment, exercising your mind and body. No partner required. Barbara Lupton

45435B Tue., 6pm 2 July, 4 wks x 1.5 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### **BELLY DANCING: BEGINNERS**

Join Belly Dance Arabesque for this beginners belly dance course. Learn to move your body in new ways, connect with your feminine energy and fill your creative cup. The beautiful art of belly dance is for all ages and fitness levels and is fabulous for joint health, mobility and mind body connection.

*Belly Dance Arabesque Bellydance Arabesque* 

45446B Tue., 6pm 27 August, 4 wks x 1.5 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE



#### **BOLLYWOOD FUSION**

The fun and energy of Bollywood dance is infectious. Share in the laughter, movement and joy of hand movements and foot patterns that tell a thousand stories. Feel the energy of the group as it moves to the uplifting Bollywood beats. Re-energise and re-connect with the best exercise for mind and body. Suitable for all fitness levels.

*Belly Dance Arabesque Bellydance Arabesque* 

45447A Mon., 6pm 1 July, 4 wks x 1.5 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE



#### ROCK N ROLL WORKSHOP

Spend the afternoon learning the basics of one of the world's most loved partner dance styles, Rock 'n' Roll. Once you have learnt the fundamentals in an hour class, you will then join the monthly live music Rock 'n' Roll event where you will get to practice to live music. Singles and couples are welcome.

Michelle Ananian-cooper

45430D Sun., 4.30pm 28 July, 1 sess x 3 hrs

FEE: \$55, No disc. or conc.

#### **BALLROOM DANCING**

Waltz is the undisputed ruler of the ballroom dance styles. It's graceful, elegant and a good way to improve posture and balance. Learn to Waltz during this 1 hour class and then put what you have learnt to the test at the monthly 'Ballroom Blitz' party. Your teacher will be there to show you how. Classes held at Quicksteps Dance Club Studio.

Michelle Ananian-cooper

45436A Sun., 4.30pm 18 August, 1 sess x 3 hrs FEE: \$55, No disc. or conc.



#### LATIN DANCE - SALSA, RUMBA

Salsa is indisputably the 'King of the Latin styles' with its energetic rhythms and fancy footwork, whilst Rumba is the understated all rounder, able to get you through any social event from gala dinners to weddings and everything in between. At the end of the session you will get to put your skills to the test at a social event, held at the same venue, with your dance teacher. Held at Quicksteps Dance Studio, Gouger Street.

Michelle Ananian-Cooper

45431C Sat., 4.30pm 14 September, 1 sess x 3 hrs FEE: \$55, No disc. or conc.

#### **SELF DEFENCE FOR WOMEN**

For details see page 3 Gary Finch 45425B Tue., 6pm 30 July, 4 wks x 1.5 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE



#### TAP DANCING: BEGINNERS

Learn a variety of styles from the Gene Kelly/Fred Astaire era to modern jazz tap. Valerie Rivers CSTD

45432C Sat., 9am 3 August, 8 wks x 1 hr FEE: \$128, disc. \$116, conc. \$112 WEA CENTRE

#### THE NEXT STEP IN BEGINNERS TAP DANCING

For those who have mastered beginners tap dancing but don't feel they are quite ready for intermediate tap dancing. *Valerie Rivers CSTD* 

45433C Sat., 10am 3 August, 8 wks x 1 hr FEE: \$128, disc. \$116, conc. \$112 WEA CENTRE

#### **TAP DANCING: INTERMEDIATE**

For those who have mastered basic tap. *Valerie Rivers CSTD* 

45434C Sat., 11am 3 August, 8 wks x 1 hr FEE: \$128, disc. \$116, conc. \$112 WEA CENTRE

# DANCE THROUGH THE AGES-BAROQUE AND MORE

Have you always wanted to dance like the lords and ladies in the movies? This course introduces you to the basics of Renaissance, Baroque and Regency dances. Take yourself back in time for an enjoyable experience with dance instructor Bas De Groot.

Bas De Groot

45429A Wed., 5.45pm 12 June, 6 wks x 2 hrs FEE: \$157, disc. \$142, conc. \$138 WEA CENTRE

#### DANCE LIKE JANE AUSTEN-REGENCY (NEW) COUNTRY

Learn to dance like Lizzie Bennet or Charles Bingley in this fun-filled dance class that does not require a partner. You will learn three dance styles that were popular during the 'Jane Austen' period. Bas De Groot

45437 Sat., 1pm 24 August, 3 wks x 2 hrs FEE: \$117, disc. \$107, conc. \$105 WEA CENTRE

#### LAWN BOWLING

This course is for those who are thinking of switching from more energetic sports to lawn bowls, and those who have been bowling a bit, but would like to improve. *Kensington Marryatville Bowling Club* 

45491A Sun., 10am 8 September, 3 wks x 2 hrs FEE: \$102, disc. \$92, conc. \$90 KENSINGTON MARRYATVILLE BOWLING CLUB



#### FALLS PREVENTION SEMINAR-COTA

Join us for a detailed discussion around Falls Management including trip hazards around the home, how posture and gait can affect your balance, how to stretch and the importance of exercise.

45492B Wed., 10am 14 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE



#### **BETTER BALANCE PROGRAM - COTA**

Experience the value of balance training first-hand! Improve or maintain your balance and be confident to continue the activities you love. Please read the COTA Better Balance Screening Form prior to enrolling. It is available on our website or by contacting the WEA on 82231979 or enrolments@wea-sa.com.au.

Cota SA

45493B Wed., 10am 21 August, 4 wks x 3 hrs

FEE: \$100, No disc. or conc. WEA CENTRE

### HOME GARDEN AND NATURE

CREATING A PET-FRIENDLY GARDEN (NEW)

For details see page 3 Nicki King

47973 SAT., 9.30am 13 July, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **GROOM & TRIM YOUR DOG**

Learn what equipment you will need and how to brush them, care for their coats and train them to be groomed without fuss. Also covers general health (ears, nails), common problems, dog psychology and more. Suits all breeds, demonstration by tutor.

Frances Patterson

47971C Mon., 6pm 29 July, 6 wks x 1.5 hrs FEE: \$134, disc. \$121, conc. \$118 WEA CENTRE

#### **FURNITURE UPHOLSTERY**

Bring a portable piece of furniture (to be taken home after each session) and learn how to upholster your project. Materials and tools extra which you will need to purchase and can cost up to \$120 depending upon your project.

Goran Jaksic

47911A Sat., 9.30am 3 Aug, 1 sess x 2hrs + 6wks x 6hrs FEE: \$406, disc. \$366, conc. \$357 WEA CENTRE



#### These courses are taken by Peter Wilson AdvCert Urban Hort;CertEd

#### **SOIL, COMPOST & PLANT NUTRITION**

Healthy gardens require good soil management. We rarely think about what goes on underground and concentrate on the plant growth above but plants need appropriate soil. Discover some simple steps to improve your soil to support a garden you enjoy.

47940A Sat., 1.30pm 31 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **CREATE AND MAINTAIN A TERRARIUM**

Terrariums can add interest to your home or office and offer an opportunity to grow unusual plants and display them attractively. They come in a range of sizes and shapes and the plants come in even greater variety to offer endless design possibilities. Learn how easy it is to make and enjoy your own terrarium. Please purchase terrarium jar, other materials (for \$25 included in fee) provided by tutor.

47942 Sat., 1.30pm 10 August, 1 sess x 2 hrs FEE: \$99. No disc. or conc. WEA CENTRE

#### PLANT PROPAGATION WORKSHOP

Grow new plants from old! Propagation is simple and fun and doesn't cost the earth. Learn to grow plants from seeds and cuttings. There will be a practical session, \$5 to tutor to cover costs of materials.

47943 Sat., 10am 27 July, 1 sess x 4.5 hrs FEE: \$83, No disc. or conc. WEA CENTRE

#### **GENERAL PRUNING**

Pruning can bring many benefits to your plants, improved flowering, more lush growth, more compact shape, increased longevity and better pest and disease resistance. Topics: pruning principles, tools and equipment, hedging, pruning styles. Does not include fruit trees and fruit plants.

47955A Sat., 1.30pm 14 September, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **BEGINNERS ROSE PRUNING**

To perform at their peak, roses benefit from regular pruning. Learn about the tools required and how to care for them, different rose types and how to prune them, removing suckers and how to keep your roses performing at their best. 47956 Sat., 1.30pm 22 June, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **INTRODUCTION TO BEEKEEPING**

Considering getting into backyard beekeeping? Or have you just bought a hive and want to know the basics? This course covers what you will need to start up, what activities you will need to undertake in caring fhttps://wea-sa.com. au/r your bees and give you a general sense of what to look for when interacting with your hive.

Xarchaeceya Waskowski-jones Cert Biosecurity Beekeeping

47980C Sat., 9.30am 13 July, 1 day x 5 hrs 47980D Sat., 9.30am 7 September, 1 day x 5 hrs



# Walks, Tours, History & Culture

# HERITAGE WALKS & TOURS

#### The following walks are taken by Susie Coumbe and FEE \$67

#### HISTORIC NORTH BRIGHTON CEMETERY

Take a walk and hear the stories of our early settlers in the district. Hear their amazing stories of courage and hardship and how they opened up the surrounding land to farming, transport and other industries.

47208A Sun., 10am 7 July, 1 sess x 2.5 hrs BRIGHTON CEMETERY

#### **DISCOVER WEST TCE CEMETERY**

Take a walk through our oldest working mainland cemetery. An introduction into history and symbolism. Discover the diverse religious beliefs and customs, history and life stories of many of our earliest settlers and Quakers and visit the old Catholic sections. Also visit the first crematorium in the Southern Hemisphere. A certain level of fitness is required for this walk. Not suitable for the mobility impaired.

47210C Sun., 10am 11 August, 1 sess x 2.5 hrs WEST TERRACE CEMETERY

#### HISTORICAL WEST TERRACE CEMETERY

Take a walk and hear long forgotten stories of early settlers, pioneers, notable and controversial people, including women suffragists, reformers, religious attitudes, a brief stop at the AIF, and the baby memorial.

47211B Sun., 10am 21 July, 1 sess x 2.5 hrs WEST TERRACE CEMETERY



# STRANGE/MYSTERIOUS TALES FROM THE GRAVE

Hear stories of strange behaviour, tragedy, mystery and intriguing deaths. Who were the whistle

47216B Sun., 10am 28 July, 1 sess x 2.5 hrs WEST TERRACE CEMETERY

#### TAKE A WALK ON THE DARK SIDE

An historical walk through the city's streets. Discover the darker side of where Adelaide's society lurked. Vicious murderers, their victims, tragic deaths and the consequences. A certain level of fitness required for this walking tour. Not suitable for the mobility impaired.

47215A Sun., 10am 22 September, 1 sess x 2.5 hrs FEE: \$67, No disc. or conc.

#### **CHELTENHAM CEMETERY**

Take a walk through this evolving cemetery. Hear stories about the people of the Port and surrounding areas. Pioneers, seafarers, murderers, war veterans, tragedy and the explosion that devastated the Port. A certain level of fitness is required for this walk. Not for the mobility impaired.

47218A Sun., 10am 23 June, 1 sess x 2.5 hrs 47218B Sun., 10am 29 September, 1 sess x 2.5 hrs CHELTENHAM CEMETERY



# Book Online Now! wea-sa.com.au

#### AFGHAN HERBALISTS & CAMELEERS OF South-West ADELAIDE

Why was quaint south-west Adelaide, Adelaide's Central Market, the old mosque and the West Terrace Cemetery so vital to the desert carriers, the Afghan cameleer herbalists? How powerful was the healing ability to Australians of their, and Mahomet Allum's, medicinal plants? Are they still used? Do you use them today? Pamela Rajkowski OAM

47258B Sat., 10am 10 August, 1 sess x 3 hrs

FEE: \$67, No disc. or conc.

Minor Works Building Adelaide then to West Tce Cemetery



#### VIETNAM VETERANS DAY

**NEW** 

As we approach Vietnam Veterans Day, join us on a guided tour of the Australian Imperial Forces Cemetery. Discover the rich ANZAC heritage and Australia's military history and why Vietnam Veterans continued that tradition. Honour the unwavering dedication of these heroes and gain profound insights into their service. Perfect for ex-servicemen and families alike.

Graham Parks Aust Army (Retired) Military Historian

47271 Fri., 10am 16 August, 1 sess x 2 hrs FEE: \$55, No disc. or conc. WEST TERRACE CEMETERY



#### TOUR: AUSTRALIAN IMPERIAL FORCES CEMETERY

Take a meaningful journey through the Australian Imperial Forces Cemetery, honouring Australia's fallen heroes from World War 1. Discover the inspiring stories of Victoria Cross recipients, courageous women, and Aboriginal servicemen. Their tales echo with Honour and remembrance, making this tour both heartfelt and enlightening for everyone. *Graham Parks Aust Army (Retired) Military* 

Historian

47269A Sun., 10am 1 September, 1 sess x 2 hrs FEE: \$55, No disc. or conc. WEST TERRACE CEMETERY

# HERITAGE DAY TOUR

#### MID NORTH SILO & WATER ART TOUR (NEW)

Crisscross the Mid North to enjoy the vibrant and varied water tower and silo art from Eudunda to Snowtown to Bute to Kadina to Owen. Enjoy tea and lunch breaks in the historic towns of Kapunda. Clare and Kadina with history notes on each town. The art varies from Eudunda with images of books by Colin Thiele and Aboriginal children; Snowtown depicts local volunteer heroes: Bute silos depict a pretty cyclist in an imaginary flower bedecked landscape; Kadina water tower art focuses on the Celtic May Queen, copper and wheat whilst the silo art in Owen depicts World War One soldiers going from wheat bags to sandbags in the war trenches. Extensive history notes provided. Depart WEA Centre promptly at 8:30 am return around 6:00 pm. A day of visual and historical delights in the Mid North.

Denis Binnion AM &Trevor Feder 47276 Sun., 8.15am 18 August, 1 day x 6 hrs

FEE: \$139, No disc. or conc. WEA CENTRE



# ARCHAEOLOGY/HISTORY & CULTURE

#### THE AMERICAN CIVIL WAR, 1861-65

An awareness of the American Civil War which cost 600,000 lives is essential in understanding the history of the evolution of the United States. This course examines the complex causes of the war – the racism, politics and economics of slavery, the continental expansion of the United States from 1789-1860, the growing regional tensions between the North and South from 1820-1860, and the secession of the southern states and formation of the Confederacy in 1860-61. It explains why the North won the war by looking at the campaigns and key battles and the political and military leadership of the North and South. It examines the three phases of Reconstruction, 1865-1877, and the legacy of this war.

Daniel Fazio PhD, MA, BA (Hons) 44512A Sat., 5.45pm 6 July, 4 wks x 2 hrs

FEE: \$128, disc. \$116, conc. \$112 WEA CENTRE

#### HORROR ON A GREEK ISLAND: CHIOS MASSACRE

This course looks at the Chios (NEW) Massacre of 1822, where 100,000 inhabitants of the Greek island of Chios were killed, enslaved or displaced. The Massacre took place during the Greek War of Independence. Many of those that survived emigrated as refugees to as far as London, where they established communities and excelled. This course explores their stories.

Yianni Cartledge BEd

44528 Wed., 6pm 7 August, 1 sess x 2 hrs FEE: \$59, No disc. or conc. WEA CENTRE

#### HISTORY'S KILLING FIELDS (GENOCIDE)

Explore genocide in human history. Define what genocide is, understand why it happens, and unravel what we can learn from these tragic events. Discuss genocides, ranging from the ancient world, through to the 19th, 20th and 21st centuries. Warning: this topic may be graphic at times and discuss themes and events that may be unsettling to some. *Yianni Cartledae BEd* 

44525 Wed., 6pm 17 July, 1 sess x 3 hrs

FEE: \$69, No disc. or conc. WEA CENTRE

#### UNDERSTANDING US PRESIDENTIAL ELECTIONS

The way a US President is elected is explained, with its historic and geographic nuances as well as idiosyncrasies. The course will focus on the process rather than the nominees and issues of 2024. Those attending will enjoy watching the election results with greater understanding.

(NFW)

Dennis Boisvert BA Political Science (US)

44506 Wed., 6pm 24 July, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### THE TWO KOREAS: HISTORY, 1910 TO PRESENT

The divergent political and economic paths of North and South Korea have been pivotal to the geo-politics of the Asia-Pacific region since 1945. This course provides a history of the Korean peninsula from 1910 to the present. The course also shows that the Korean peninsula has been crucial to Australia's strategic and security interests since 1945, especially in relation to the evolution of the Australian-American relationship.

Daniel Fazio PhD, MA, BA (Hons) 44508A Wed., 5.45pm 10 July, 2 wks x 2 hrs FEE: \$79. No disc. or conc. WEA CENTRE

#### **MISCARRIAGES OF JUSTICE IN SA**

Dr Bob Moles - Miscarriages of Justice. The speaker is an internationally acclaimed expert on these issues. He has appeared on many television and radio programs and published leading textbooks and academic articles on these issues. He is regularly involved as an advisor on many of Australia's leading wrongful conviction cases. His work has led to the creation of new appeal rights in five Australian jurisdictions - the first significant change to the appeal rights in Australia in over 100 years.

Robert Moles ACII(UK)LLB(Hons) PhD Belfast 44504A Mon., 6pm 17 June, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### STATELY HOMES OF ENGLAND-AN INTRODUCTION

NEW> and's most

We look at some of England's most beautiful stately homes and the stories they can tell - of pride, romance, scandals and tragedy. And then there's the ghost stories! You decide. Why does Anne Boleyn's ghost keep visiting a house built years after her death? Was the body found at Longleat the missing footman, lover to the lady of the house? Britain's rich history is reflected in her sumptuous houses. Jacqueline Jacobs BA DipEd

44577 Mon., 10am 22 July, 1 sess x 1 hr FEE: \$39, No disc. or conc. WEA CENTRE



#### **A BRITISH HISTORY IN PICTURES**

Beginning with Stonehenge, we will look at the Romans, the treasures of Sutton Hoo, romantic castle ruins and sumptuous stately homes – and we will explore some of the dastardly plots and conspiracies that helped shape today's Britain. Thanks largely to the National Trust and English Heritage, the past is easy for travellers to explore. This course promises kings, queens, tragic wars, two uniquely British revolutions and a glimpse of the golden age of English literature. Travel through hundreds of years of turbulent history, make up your own mind about the ghost stories and discover the importance of bunting.

Jacqueline Jacobs BA DipEd

44576A Mon., 10am 29 July, 6 wks x 1 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE



#### **DAILY LIFE IN ANCIENT ROME**

This course examines the Roman day and living conditions for the different classes in Roman society. In addition to the ruling class, it also includes soldiers, slaves, freedmen, prostitutes, the poor and gladiators. These are the "forgotten Romans", that bottom 95% of the population who aren't discussed in the Historical Records. Learn about what they ate, family life and their attitudes towards birth and children, death and retirement. No knowledge of Ancient Rome is assumed.

Martin Coghlan BA, DipEd

44522 Thu., 2pm 8 August, 3 wks x 2 hrs FEE: \$102, disc. \$92, conc. \$90 *WEA CENTRE* 

#### **THE LEGIONS OF THE CAESARS**

The Roman legions were the greatest killing machine of their era, conquering and garrisoning an area of some 1,700,000 sq miles. This course examines how in learning from the peoples they conquered they transformed Rome from being just a small town built on 7 hills to one where reputedly all roads led.

Martin Coghlan BA, DipEd

44502A Wed., 2pm 10 July, 3 wks x 2 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### **AN INTRODUCTION TO ROMAN HISTORY**

In this course you will look at the 3 periods: Rome Under the 7 Kings, Rome Under the Republic and Rome Under the Empire. It examines the role played by key personalities such as Hannibal, Spartacus, Julius Caesar and the emperors as well as the social causes behind the main events. Finally, it analyses the overwhelming influence Roman society has had on our own.

Martin Coghlan BA, DipEd

44519A Thu., 2pm 4 July, 3 wks x 2 hrs FEE: \$102, disc. \$92, conc. \$90 WEA CENTRE

#### WHEN DEATH AND DYING IS INTERRUPTED

DYING: Using the technologies to help keep our bodies alive. Theoretically most organs can be kept alive by machines indefinitely. But this unprecedented shift in end-of-life care has created a major crisis in the widening grey zone between life and death for doctors, lawyers and families. The NDE and OBE phenomena's have also been re-investigated by medicine and science. DEATH: If our spirit/consciousness leaves us when we die, what happens if we are successfully resuscitated/brought back from death? Together we will discuss the very latest fascinating research, into both dying and death.

Mark Simpson BMedSc BEd

44581A Sat., 9.30am 3 August, 1 sess x 2.5 hrs FEE: \$59, No disc. or conc. WEA CENTRE

#### FUNERAL PLANNING -CELEBRATING A LIFE LOST

Pre-planning your funeral or planning a loved one's funeral, can be exceptionally challenging. When you are distressed, you are also vulnerable, emotionally and financially. This seminar will review all the mandatory components of funeral planning plus the services offered by the funeral industry & on-line service providers. Differing charges, for similar services, common pitfalls, your rights. This is a frank review of the funeral and disposition industries, in which there is a Duty of Care. This is must-know information for those planning a funeral. Don't die until you have been to this session

Mark Simpson BMedSc BEd

44580B Sat., 9.30am 13 July, 1 sess x 3 hrs FEE: \$67, No disc. or conc. WEA CENTRE

# **ARMCHAIR TRAVEL**

#### **BICYCLE TOURING**

Be inspired to explore the world by bike. Whether cycling for two days or two years; through the Barossa or along the Camino de Santiago; with friends, family or solo; the only requirement is the desire to travel authentically. Equipped with practical information, this course will give you the confidence to plan, prepare and live out your own life-changing adventure.

Mark McNamara

47101A Sat., 9am 6 July, 1 sess x 4 hrs FEE: \$79, No disc. or conc. WEA CENTRE



TUSCANY WALK- A MODERN PILGRIM'S TALE

Join Carolyn Travers from 'Walk Local Italy' fame for an unforgettable journey on the ancient pilgrims trail from Lucca to Rome. Together you will uncover the local delights, the incredible natural beauty, fabulous food and wine, art, history and the unique Italian culture. Tutor provides some delicious Italian treats. Come and experience the magic of a long slow walk before you embark on the real thing. *Carolyn Travers* 

47102A Sat., 1pm 27 July, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

#### **INDEPENDENT TRAVEL WITH A WHEELCHAIR**

This interactive Q & A session will take you through the issues to consider; from getting assistance at the airport in Pisa to finding an accessible room in London and wheelchair-friendly buses in Moscow. Using the internet as your research tool, you will learn what to look for on websites and what questions to ask airlines and hotels, from someone who has travelled alone with their walker and portable electric wheelchair, to eight European countries!

Robyn Thompson BA Journalism

47114A Wed., 11am 17 July, 1 sess x 2 hrs FEE: \$55, No disc. or conc. WEA CENTRE

#### **EXPERIENCE JAPAN**

Join WEA Japanese tutor Yoshimi for this exciting course. You will be introduced to the very unique culture of this wonderful country and get to experience it through Yoshimi's eyes. Festivals, food, music, fashion and the arts. Japan has a long history and each area has different foods, sceneries, events, entertainment and language dialect. Learn the significant sites to be visited which the local people recommend and immerse yourself in this Japanese experience.

Yoshimi Mizobe

47122C Sat., 1.30pm 10 August, 1 sess x 3 hrs FEE: \$69, No disc. or conc. WEA CENTRE

# LET'S TALK TRAVEL -FREE TALKS

Meet popular WEA Travel tour guides in an informal atmosphere and learn about exciting destinations. All sessions are one hour and held at the WEA Centre. All Talks are FREE but registration is required as limited spaces available.

**Uzbekistan - Great Silk Road Cities** Deb Moulton

47180B, Sat., 6 July, 10-00am to 11-00

#### **Ireland & Scotland**

Helen Bulis

47180C, Sat., 27 July, 10-00am to 11-00



Zanzibar Spice Garde



#### **Five Easy Ways To Enrol**

Online	wea-sa.com.au			
Post	Box 7055 Hutt Street PO,			
	Adelaide 5000			
Phone	enrolment hotline 8223 1979			
Fax	8232 3690			
Visit	the WEA, 223 Angas Street,			
	Adelaide Mon-Fri 9am to 5pr			
For more	details call us on 8223 1979 or			

For more details call us on 8223 1979 or email us at enrolments@wea-sa.com.au

Note: The WEA does not accept invoiced enrolments

Payment by Visa, Mastercard or cash, cheques or money orders payable to the WEA. Evidence of discount or concessions must be provided at time of enrolment.

#### Do you qualify for a discount?

**Discount fee:** Full-time Student Card, Government Seniors Card, Commonwealth Seniors Health Card

**Concession fee:** Pension Card, Health Care Card, Youth Allowance, Austudy / Abstudy

#### Car Parking

Limited parking is available at the rear of the WEA CENTRE in Angas Street. Enter on the eastern side of the building.

#### You will need \$5 coin or payWave.

WEA has with all good intention, made sure that the information published in this course guide is accurate and current. Prices and content are subject to change without notice. Errors will be corrected where discovered and we reserve the right to correct any errors, inaccuracies or omissions published.

#### **Terms and Conditions**

- Workers' Educational Association of SA Inc. provides short courses for **adults** unless otherwise specified.
- You must enrol before the course starts. Many courses fill quickly. A receipt will be sent to you upon enrolment. When you receive your receipt, please ensure you note the date and time of your course. Please bring your receipt with you to class, your receipt is like a ticket, to show that you have enrolled in the course. You can also show your receipt using your smart phone if you have one..
- The WEA is not responsible for books or materials purchased for a course.
  The WEA reserves the right to alter any of the published arrangements, either before or during a course, or terminate an enrolment in a course.
- Tutors and course descriptions are provided only as a guide and may be changed without notice.
- Please choose carefully. The WEA does not provide refunds except where a course is cancelled. The WEA cannot accept responsibility for changes in personal circumstances, work commitments or illness of a family member.
- Refunds will be processed within 14 days of the WEA cancelling a course.
- The WEA charges a \$25 administration fee on all transfers and credit vouchers.
- The WEA will only consider a credit voucher (valid for 3 years) or a transfer if you contact the WEA at least five (5) clear working days before the course starts or if you provide medical evidence of your inability to attend the entire course. Medical Certificates must be provided within 2 months of the course starting.



ENROLMENT

PLEASE CHOOSE CAREFULLY. NO REFUND. BY FILLING IN THIS FORM YOU ACCEPT WEA TERMS AND CONDITIONS.

March 1915 - March 1975 - Andrew 1975

DISCOUNT/CONCE WEA COUR			Expiry Date TART DATE FEE \$ \$ \$ AL FEE PAYABLE: \$		
FIRST NAME	Month Year MALE FEMA   Month Year MALE FEMA   Mr Mrs Miss Ms   Mr Mrs Most POST   CODE CODE CODE	Day			
OPTIONAL INFORMATION REQUESTED BY GOVERNMENT: Are you an Aboriginal?   YES   NO   Or a Torres Strait Islander?   YES   NO     In what country were you born?   What language do you usually speak at home?					
CARDHOLDER'S N		MASTERCARD VISA SIGNAT	TURE		
Return with payment to WEA, Box 7055, Hutt Street PO, Adelaide 5000 or fax credit card enrolment to 8232 3690 but DO NOT confirm fax by post!					



# **WEA TRAVEL TOURS**

Why not join WEA Travel on one of our amazing educational & cultural tours? Unlike mass market operators, WEA Travel has over 30 years experience in producing carefully crafted one-off tours to all corners of the world. Join our friendly and knowledgeable tour leaders and like-minded passengers on our unique small group tours.



FULL Taking Waitlist \$ 10,330\*







#### North East India: In the Shadow of the Himalayas 20 Days 05 - 24 October 2024

An unrivalled tour to beautiful Assam, Sikkim and West Bengal, in the shadow of the mighty Himalayas. Bordered by Tibet, Bhutan and Nepal this region is a pure delight with Buddhist monasteries, Hindu temples, mosques and churches coexisting harmoniously side by side. Explore the genteel hill towns of the British Raj, colonial heritage, Tibetan, Bhutanese and diverse cultures, museums, art and dance, tea plantations, wildlife on safari, colourful bazaars and village life. With good hotels, delicious food and private vehicles, be enchanted in comfort with your experienced leader.

#### Sri Lanka - Indian Ocean Jewel 17 Days 29 Dec 2024 – 14 Jan 2025

Sri Lanka has a rich tapestry of cultural practices, beliefs and traditional ways of life with a heritage dating back over 2000 years. It is home to some of Asia's best preserved ancient cities, numerous UNESCO World heritage sites and fine colonial architecture. Many of these treasures are found in Sri Lanka's north and are explored on this unique odyssey along a path less travelled. The cuisine is delicious and the landscapes lush and tropical from its highland tea plantations to its shimmering coastlines. The time is perfect to explore this most welcoming island nation.

#### Uzbekistan - The Great Silk Road 20 Days 23 March - 10 April 2025

Uzbekistan boasts some of the world's oldest civilisations. Travel the Great Silk Road exploring the grand cities of Tashkent the Uzbek capital, 2,500 years of history in Samarkand, Shakhrisabz one of the oldest cities in central Asia, the living museum of Bukhara and the fairy tale city of Khiva. With thousands of traders plying silks, spices, gems, carpets and leather along its colossal route, the Silk Road gave rise to a melting pot of cultures, customs and religions. This is your opportunity to discover Uzbekistan's ancient Silk Road, it's astonishing structures, exotic culture and hospitable people.

#### Malta Sicily & Southern Italy 22 Days 26 April - 19 May 2025

An unforgettable Mediterranean odyssey to the island jewel of Malta with its eclectic blend of cultures and glorious sights, and Sicily with many of the finest Greek and Roman classical treasures, Byzantine churches and breathtakingly beautiful villages and coastlines. On the foot of Italy you'll stay in medieval towns boasting world heritage archaeological sites, magnificent Romanesque and Baroque architecture, dream rural landscapes and an irresistible rustic charm. Largely unspoiled, the regions of Calabria, Campagnia, Basilicata and Puglia offer genuine delight.

ATAS A11046

\* All tour costs include flights and are Twin Share excluding taxes and visas.

For brochures, information and to register your interest in any tour please contact WEA Travel Educational and Cultural Tours, 223 Angas Street, Adelaide 5000

📞 8223 1979 🌐 wea-sa.com.au 🛛 @ tours@wea-sa.com.au

#### Leaf Fall in Japan 19 Days 12 - 30 October 2024

Appreciating the highly revered spectacle of Japan's magnificent autumn foliage, this sophisticated and delightful journey to the islands of Hokkaido and northern Honshu has been thoughtfully designed to flow with the change of colour as you travel from north to south. With a perfect balance of exquisite gardens, national parks, boat cruises, cable car rides, breathtaking scenic drives, cultural sights and immersive experiences you bypass the crowds of busy Japan and take a path less travelled. Discover an inspiring wonderland of colour and ancient Japanese grace and culture.



Join your historian tour leader Dr Denis Binnion AM on this unique tour of historic Hobart, the idyllic Tasmanian East Coast and breathtaking Bruny Island, staying at Hobart's finest hotel on the Constitution Dock waterfront. Highlights include a fabulous Bruny Island Wilderness Cruise, the UNESCO designated Cascade Female Factory, a private tour of opulent Government House and touring the spectacular Great Eastern Scenic Drive. Explore the legacy of some of our earliest European settlement and delight in superb natural wonders and quality inclusions.

#### Along the Murray 7 Days 07 - 13 April 2025

A delighful tour along the beautiful River Murray from the river mouth to Echuca. Days are filled cruising and exploring local history, museums and architecture, rural life and culture, never far from the magic and tranquility of the mighty Murray. Relax on a Spirit of the Coorong cruise, a Captain Proud lunch cruise and the PS Pevensey paddle steamer. Includes the Victorian and NSW Murray and the wonderful Heartbeat of the Murray Sound & Light show in Swan Hill. Enjoy quality accommodation including the stylish Bridgeport Hotel in Murray Bridge and spacious coach touring.

#### Ireland & Scotland 20 Days 11 - 30 May 2025

Few destinations match the appeal of Ireland. Endear yourself to its warm, witty people and its idyllic landscapes of crumbling castles and old stone fences, rolling green hills and picture perfect villages. Explore quaint laneways bursting with history, museums, traditional pubs and rows of Georgian houses. Ferry across the Irish Sea to Scotland where iconic castles and storybook cottages line moors, glens, firths and famous lochs. Wonder at remarkable UNESCO World Heritage landmarks, grand cathedrals and royal regalia and delight in this well-planned, culturally rich and scenic tour to these timeless favourites.









### UPCOMING TOURS 2025:

Register your interest now to receive brochures when released as WEA cultural tours sell quickly.

Jun: Darwin, The Top End & Tiwi Islands Aug: Ceduna, Far West Coast & Whale Watching (repeat of 2024 tour) Sep: Classical Greece & Turkey Oct: The Magic of Morocco

Oct: North East India - In the Shadow of the Himalayas (repeat of October 2024 tour)