

WEA Course Guide

223 Angas St., Adelaide • Ph. 8223 1979 • Enrol at www.wea-sa.com.au



Taste – Talk – Travel
Discover new worlds with the WEA.

OVER 350 courses in **CAREERS • EDUCATION • LIFESTYLE • TRAVEL**

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WEA
adult learning

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A MESSAGE FROM THE CEO

A new WEA for 2010

Exciting changes are afoot. The WEA received welcome news in August from the Department of Education, Employment and Workplace Relations that our application for major funding under the Federal Government's economic stimulus package had been successful.

Additional to these funds of approximately \$1.5m the WEA Board has contributed a further \$600,000 to undertake significant refurbishment of the WEA Centre in Angas Street, Adelaide. The refurbishment project commenced in November 2009 and the project is on target for completion by the end of June 2010.

The project will see a thorough upgrading of all classrooms including air-conditioning, electrical, painting, flooring etc. A new enrolment and disability centre, together with a new travel office and student lounge will provide for a more up-to-date, flexible and functional area for students, tutors and staff. The major item of work will be the installation of a long-awaited lift which will provide greater access to the basement and first floors.

Signs will be put up around the building on work's progress.

Naturally this work will cause occasional difficulties in access to classrooms and moving around the Centre. We thank students and tutors in advance for their understanding and patience.

The refurbishment will not change how we feel about how adult learning should be! While these changes will make the WEA an even greater place to be, our core business will stay the same. Courses will continue to be priced at the lowest possible cost, and our tutors will still provide the best introductory learning to be found in South Australia.

So if you feel the need for a revamp or just a change, why not consider doing something you know will make you feel great? This, our **biggest Course Guide** for the year, has loads to offer – and change always brings its own benefits.

All the best for 2010, we can't wait to see you at the WEA.



SUE ROSS

WEA Accredited Programs

Students may choose to be assessed as a part of their course in:

- **Bookkeeping** – page 7
- **Marketing** – page 3
- **Using Medical Terminology** – page 7
- **Working With Pharmaceuticals** – page 7

Successful completion of the course will provide you with a WEA Certificate of Merit.

Statements of Attendance

Statements of Attendance will be issued to WEA students for most computer training and vocational courses. To qualify, a student is required to be present for a minimum of 80% of contact hours. The handsomely printed Statements will be issued in the name of **WEA Adult Learning**.

Customised training

One of the challenges facing small and large businesses is how to provide ongoing, quality training to staff within the constraints of an ever-tightening budget.

WEA can customise almost any course to meet your group's needs.

We offer high impact, low cost training in business skills including leadership, mediation, people management and marketing. Our Computer Training Centre has the latest software and can help your staff update their IT skills.

In fact, at WEA there are no limits to what we can provide, from languages to public speaking, or from spelling to speed reading.

For more details call us on **8223 1272** or email admin@wea-sa.com.au

INVESTMENT AND MONEY

WEALTH SECRETS OF THE RICH

Explore steps followed by high achievers to create wealth. What vehicle do they choose to acquire it? What other resources assist them? Discover the science and art of wealth creation used by past billionaires and your tutor! Learn how to add a zero to the end of your income!

Stan Kontos SOL Results Tutor

04801 Sat., 9.30am 27 March, 1 day x 6 hrs
FEE: \$53, disc. \$48, conc. \$37 WEA CENTRE

TIMING INVESTMENT USING CYCLES

Learn how longer term financial cycles work. Use this knowledge to determine the trend, when to get in, when to add, and when to get out to beat 'buy and hold' returns.

Dennis Keillor BAppSci(Physics) DipEd

04803 Sat., 9.30am 27 February, 1 day x 6 hrs
FEE: \$58, disc. \$53 WEA CENTRE

MANAGING YOUR RENTAL PROPERTY

Do you own investment property, or wish to purchase but are not sure how to manage it? Learn how to find tenants, avoid 'tenants from hell', inspections, bonds, maintenance and collecting rent. We will briefly look at the Residential Tenancies Act and bookkeeping/accounting practices. No concession.

Margaret Kohlhagen

04804 Sat., 9am 20 February, 2 sess x 4 hrs
FEE: \$58, disc. \$53 WEA CENTRE

SELLING YOUR OWN HOME

Save thousands – sell your home privately. Covers all aspects including completion of the contract, signage, brochures, property preparation, advertisements, conducting an open inspection and negotiating sale.

Grant Threadgold

04806 Sat., 9am 20 March, 1 sess x 4 hrs
FEE: \$40, disc. \$36 WEA CENTRE

BUYING A HOME

Avoid the traps and pitfalls. Covers the purchase process from the preliminary considerations to financing, negotiation, determining values, dealing with real estate professionals, contracts and Form 1s.

Wayne Rosenberg REAL ESTATE MGRS CERT

04807 Tue., 6.30pm 16 March, 2 wks x 3 hrs
FEE: \$53, disc. \$48, conc. \$39 WEA CENTRE

HOW TO INVEST IN REAL ESTATE

Find out how to buy a rental property or invest in real estate. Topics include: why invest in real estate; borrowing to invest; what to look for in a home; taxation benefits. No concession.

Wayne Rosenberg REAL ESTATE MGRS CERT

04808 Sun., 9am 7 February, 1 sess x 4 hrs
FEE: \$40, no disc. or conc. WEA CENTRE

Kent Sedy BA(bus)

04808A Sun., 9am 28 February, 1 sess x 4 hrs
FEE: \$40, no disc. or conc. WEA CENTRE

SMART MONEY

Understand a successful investment strategy. Discover compound interest, the value of a long-term investment strategy, the differences between share and property investments, managed funds, why superannuation is important, negative gearing and salary sacrifice. Tutors are financial planners.

Peter Mildren and Mathew Kelly

04813 Sun., 9.30am 18 April, 1 sess x 4 hrs
FEE: \$40, disc. \$36 WEA CENTRE

SUCCESSFUL SELF-MANAGED SUPERANNUATION

Get an overview of the merits in using the most tax effective and flexible investment structure available. Explanation of the different assets held within the fund will be provided, as well as looking at pitfalls.

Heath Visser Dip.FP, SIA(Aff)

Adrian Zoppa BCom(Acc) BFin BCom(Hons)

04823 Sun., 9.30am 21 March, 1 sess x 4 hrs
FEE: \$40, disc. \$36 WEA CENTRE

AUSTRALIAN STOCK MARKET: THE BASICS

A beginner's course covering choosing a broker, how to buy and sell shares, researching and selecting stocks, what drives the market, understanding the company annual report, managed funds, and much more.

Owen Davis

04827 Tue., 6pm 23 February, 4 wks x 1.5 hrs
FEE: \$66, disc. \$59 WEA CENTRE

TECHNICAL ANALYSIS FOR THE STOCK MARKET

Covers charts and technical indicators used to find up and down trends in the market, which can lead to profitable trading and investing. Explains the three golden rules used by professional traders. No concession.

Chris Temby ME DipCompSc

04828 Wed., 7pm 24 February, 4 wks x 1.5 hrs
FEE: \$66, disc. \$59 WEA CENTRE

TRADING SYSTEMS USING TECHNICAL ANALYSIS

Step through a process to take technical analysis to an effective trading system. Through research and testing, develop a system, then quantify its probabilities of profit goal achievement, capital preservation and bankruptcy; determine the capital needed for the system to achieve success. Prerequisite: an elementary knowledge of technical analysis with or without trading experience.

Dennis Keillor BAppSci(Physics) DipEd

04831 Sat+Sun., 8pm 10+11 April, 2 days x 6 hrs
FEE: \$89, disc. \$81 WEA CENTRE

PROVIDING RELIABLE INCOME IN RETIREMENT

Learn how various types of investment including allocated pensions, annuities, shares, property securities and term deposits can be put together. We look at tax and Centrelink options. Tutor is a certified financial planner.

Heath Visser Dip.FP, SIA(Aff)

04833 Sun., 9.30am 28 March, 1 sess x 4 hrs
FEE: \$40, disc. \$36, conc. \$29 WEA CENTRE

TRADING FUTURES FOR BEGINNERS

Investors, speculators and hedgers can gain leveraged exposure to financial and commodity markets through futures contracts. This exposure can provide financial gain (and loss) and can facilitate risk management. The who, what, when, where, why and how of trading futures contracts will be presented. Covers the basics and will provide a starting point into the world of futures trading.

Dennis Keillor BAppSci(Physics) DipEd

04834 Mon., 9am 12 April, 1 day x 6 hrs
FEE: \$58, disc. \$53 WEA CENTRE

CYCLE ANALYSIS AND MARKET TIMING

Cycles are everywhere in our lives and can be used as very effective predictive tools (sunrise, tides, seasons etc). Cycles exist in financial markets. This course looks at the parameters that define cycles and their behaviour and moves on to study the work of a 'master' cycle analyst. We will then investigate how traders can utilise cycle theory to time market entries and exits for the shorter term.

Dennis Keillor BAppSci(Physics) DipEd

04802 Sun., 9am 28 February, 1 sess x 6 hrs
FEE: \$56, disc. \$51, WEA CENTRE

TRADING CFDs FOR BEGINNERS

Contracts For Difference bring world shares, indexes, commodities, currencies, etc within everyone's easy reach. Learn their advantages, disadvantages, how to set up an account and enter and exit positions.

Dennis Keillor BAppSci(Physics) DipEd

04835 Fri., 9am 9 April, 1 day x 6 hrs
FEE: \$58, disc. \$53 WEA CENTRE

GETTING STARTED IN FINANCIAL MARKETS

Interested in trading or investing? Covers fundamentals, technical analysis, stocks, commodities, CFDs, futures, options, brokers and the traps. Educational resources will be discussed; your questions will form the focus of the session.

Dennis Keillor BAppSci(Physics) DipEd

04836 Fri., 9am 26 February, 1 sess x 6 hrs
FEE: \$58, disc. \$53, WEA CENTRE

BUSINESS AND MARKETING

IMPORTING AND EXPORTING FOR SMALL BUSINESS

Importing and exporting require specialised knowledge. Identify the main challenges and risks. Learn about international procedures, marketing and trading terms; costing; practical guides to get started and working with banks. Sources of further information provided.

Geoff Upton FAI

04701 Sat., 9.30am 27 February, 1 day x 6 hrs
FEE: \$58, disc. \$53, WEA CENTRE

PLAN AND START A BUSINESS

Covers what to be aware of before you commence business: starting from scratch, buying an existing business or franchise, legal and insurance aspects, finance and taxation. A basic outline of operating a small business: planning, budgets, marketing, measuring profitability and GST.

Gary Hancock BBUS(HONS)ASS DIPMGSTSTO

04702 Wed., 5.45pm 3 March, 6 wks x 2 hrs
FEE: \$78, disc. \$71, conc. \$57 WEA CENTRE

WORKSHOP: PLAN AND START A BUSINESS

A special two-day workshop version of our popular evening course. Limited enrolments ensure maximum learning in a highly participative environment. See above for detailed description of course content. Runs 9am-5pm. Non-consecutive Saturdays.

Yikes! Creative Teamwork Cert IV SmallBusMgmt

04703 Sat., 9am 13 March, 2 wks x 7 hrs
FEE: \$113, disc. \$101 WEA CENTRE

IMPORTING FOR SMALL BUSINESS

Understand the main challenges and risks, identify buyers and potential suppliers; basic marketing strategies, import documents and government requirements; international commercial trading terms; methods of payment and working with banks; practical costing guide supplied. Internet demos.

Geoff Upton FAI

04704 Sat., 9.30am 17 April, 1 day x 6 hrs
FEE: \$56, disc. \$51 WEA CENTRE

INTRODUCTION TO MARKETING

Marketing isn't just a fancy word for selling or restricted to big companies – it applies to all businesses. Understand the principles of marketing, become better focused and more successful. Optional assessment for a WEA Certificate of Merit available, otherwise a Statement of Attendance issued. Optional textbook about \$40.

Fiacre Baker MBA DipM BA(Hons)

04709 Tue., 6.15pm 20 April, 3 wks x 3.5 hrs
FEE: \$89, disc. \$81, conc. \$63 WEA CENTRE

STARTING UP A BED AND BREAKFAST

This course is designed for people thinking of starting up, or who are already involved in, a bed and breakfast enterprise. Discover some of the benefits and pitfalls of this fast growing industry from an experienced operator and member of the Bed & Breakfast and Farmstay SA Association. Topics include understanding the industry, business structures, marketing and costing your product etc. Fee includes Bed & Breakfast and Farmstay Assoc book worth \$50 for non-members.

Anne Parsons DipTSec DDA GradCertJap

04714 Tue., 6.30pm 16 February, 1 sess x 3 hrs
FEE: \$66, disc. \$60 WEA CENTRE

**For further details
on any of our courses,
please visit
www.wea-sa.com.au**

Computer Training Centre

COMPUTER AWARENESS

KEYBOARD SKILLS: BEGINNERS

Sound keyboard skills enable you to get the most out of your computer. Learn to touch-type the alpha/numeric characters on the keyboard. For best results, students must practise between sessions. No prior typing or computer skills necessary.

08023A Fri., 9am 19 February, 8 wks x 2 hrs (not 2/4)
FEE: \$226, disc. \$204, conc. \$159 WEA CENTRE

TOUCH TYPING IN TWO DAYS

Using the Typequick package and other keyboard techniques, learn to touch type in two days. An intensive course for those who want the basics quickly. Emphasis placed on posture and correct techniques.

08025 Sat+Sun., 9am 6 February, 2 days x 6 hrs
08025A Sat+Sun., 9am 27 February, 2 days x 6 hrs
08025B Sat+Sun., 9am 10 April, 2 days x 6 hrs
FEE: \$196, disc. \$177, conc. \$138 WEA CENTRE

TYPING TEST

Need your speed tested? Find out how fast and accurately you can type by taking a test on the computer. Tests are conducted individually at a mutually convenient time. Phone 8223 1272 to make an appointment.

08K01 Mon-Fri., 1 sess by appointment
FEE: \$39, no disc. or conc. WEA CENTRE

USING A PERSONAL COMPUTER

An introduction for new users. Learn how personal computers operate and be introduced to hardware and the basic concepts of word processing and spread sheets. No prior computer experience required. Keyboard skills an advantage. Uses Windows 7.

08001B Sun., 9am 14 February, 1 day x 6 hrs
08001C Tue., 9am 16 February, 1 day x 6 hrs
08001D Thu., 9am 11 March, 1 day x 6 hrs
FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE

BASIC COMPUTING FOR SENIORS

A supportive and stress-free introduction to IBM compatible personal computers. Jargon-free language is used, pace of presentation is not rushed. Be introduced to hardware and the basic concepts of word processing and spreadsheets. No prior computer experience required. Keyboard skills an advantage. For those over 60 years – Senior's Card or other evidence of age required. Uses Windows 7.

08005A Fri., 11.30am 19 February, 4 wks x 3 hrs
08005B Tue., 9am 2 March, 3 wks x 4 hrs
08005C Wed., 9am 10 March, 3 wks x 4 hrs
08005D Fri., 11.30am 19 March, 4 wks x 3 hrs (not 2/4)
FEE: \$108, no disc. or conc. WEA CENTRE

WINDOWS

This jargon-free course covers using, customising and maintaining Windows. Basic computer knowledge is assumed. A useful course to complement the other WEA courses on Microsoft Office programs. Keyboard skills are an advantage. Note: this is *not* a word processing course and does *not* cover networking. Uses Windows 7.

08011 Sat., 9am 6 February, 1 day x 6 hrs
08011A Wed., 9am 3 March, 1 day x 6 hrs
08011B Tue., 9am 30 March, 1 day x 6 hrs
FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE

FILE MANAGEMENT

Do you have a Documents directory with hundreds of files in it? This short course is for those who know how to use Windows but need to increase their skills in file management. Covers good file management practices, naming files, creating directories and how to search for 'missing' files.

08017A Wed., 6pm 17 February, 1 sess x 3 hrs
FEE: \$68, disc. \$62, conc. \$48 WEA CENTRE

WINDOWS 7 AND OFFICE 2007 UPDATE

The new Office 2007 interface is the most dramatic change to application software since the introduction of the toolbar. Current users of Windows XP or Vista and Office 2000/2003 may be interested in experiencing the differences before making a decision to upgrade. For those that have already upgraded it is an opportunity to fast track to the new interface.

08200A Tue., 9am 23 February, 1 sess x 4 hrs
08200B Thu., 9am 18 March, 1 sess x 4 hrs
FEE: \$82, disc. \$74, conc. \$58 WEA CENTRE

LEARN TO BURN A CD

Confused about how to burn a CD? Don't know the difference between writable and re-writable CDs? Learn the techniques for burning a data CD, copying a CD, and some of the issues around re-writable CDs. Basic computer skills assumed. Course run using Windows and Nero software.

08019A Wed., 6pm 10 March, 1 sess x 3.5 hrs
FEE: \$72, disc. \$65, conc. \$51 WEA CENTRE

ACCOUNTING PACKAGES

MIND YOUR OWN BUSINESS

MYOB is designed for people with no accounting knowledge who want to run their business more efficiently. It frees you from many of the mundane tasks of bookkeeping and leaves you with more time to devote to running your business. Armed with numerous reports you are more inclined to make informed decisions that will propel your business on the path to greater profitability, and let you have a tight grip on the state of your accounts. Fee includes training book. Course is conducted by a MYOB accredited tutor. Version 18.

08102C Tue+Fri., 9am 2 February, 2 days x 6 hrs
08102D Mon+Thu., 9am 8 February, 2 days x 6 hrs
08102E Sat., 9am 13 February, 2 wks x 6 hrs
08102F Wed., 9am 17 February, 2 wks x 6 hrs
08102G Mon+Thu., 9am 22 February, 2 days x 6 hrs
08102H Tue., 6pm 2 March, 4 wks x 3 hrs (not 23/3)
08102J Sun., 9am 14 March, 2 wks x 6 hrs (not 21/3)
08102K Mon+Thu., 9am 15 March, 2 days x 6 hrs
08102L Mon+Wed., 9am 22 March, 2 days x 6 hrs
08102M Wed., 9am 21 April, 2 wks x 6 hrs
FEE: \$266, disc. \$240, conc. \$187 WEA CENTRE

ADVANCED MIND YOUR OWN BUSINESS

Suitable for those people who have been using MYOB for some time, have a good grasp of the fundamentals and wish to enhance their skills. The course will handle a number of the questions commonly asked by working through real life situations as well as providing the opportunity to discuss problem areas experienced. A training manual is included in the course fee. Course conducted by a MYOB accredited tutor. Uses V18.

08104 Tue., 9am 23 March, 1 day x 5 hrs
FEE: \$164, disc. \$148, conc. \$115 WEA CENTRE

PAYROLL FOR MYOB ACCOUNTING

Start by setting up a payroll for several employees then move on into situations encountered in the workplace. Some of the topics covered: linked accounts, payroll categories, tax scales, writing pay cheques, electronic payments, allowances, entitlements, workcover, tax updates, superannuation, holiday and sick pay, termination of employees, group certificates and what to do at the end of the financial year. Includes training book. Uses V18.

08105 Tue., 9am 9 February, 1 day x 5 hrs
08105A Thu., 9am 11 March, 1 day x 5 hrs
08105B Fri., 9am 25 March, 1 day x 5 hrs
08105C Fri., 9am 23 April, 1 day x 5 hrs

FEE: \$164, disc. \$148, conc. \$115 WEA CENTRE

QUICKBOOKS

The world's number one selling accounting package! Give your business the competitive edge and operate more easily and profitably. Quickbooks allows you to keep track of money owed to your business, keep an eye on products sold and gives you an up-to-date picture of your financial position. No in-depth bookkeeping knowledge is required. Quickbooks is suitable for those dealing with the sale of products. Includes training book. Quickbooks-accredited tutor. Uses version 2008/09.

08108 Mon+Thu., 9am 1 March, 2 days x 5 hrs
FEE: \$248, disc. \$224, conc. \$174 WEA CENTRE

SPREADSHEETS

INTRODUCTION TO EXCEL

As well as being an excellent tool for creating financial models, Excel can do much more. Record, sort and total data; turn your data into graphs; do financial calculations; freeze titles; protect cells; use absolute and relative cell references in formulae; create and manage simple databases; produce forms, e.g. rosters and invoices; insert functions; use lookup tables; create macros, and more. Knowledge of the windows environment is essential. The course uses Excel 2007.

08534B Mon+Thu., 9am 1 February, 2 days x 6 hrs
08534C Thu., 6.30pm 4 February, 4 wks x 3 hrs
08534D Tue+Fri., 9am 9 February, 2 days x 6 hrs
08534E Wed., 9am 24 February, 2 wks x 6 hrs
08534F Tue+Fri., 9am 2 March, 2 days x 6 hrs
08534G Sat., 9am 13 March, 2 wks x 6 hrs
08534H Mon+Thu., 9am 22 March, 2 days x 6 hrs
08534J Mon+Thu., 9am 12 April, 2 days x 6 hrs
FEE: \$246, disc. \$222, conc. \$173 WEA CENTRE

INTERMEDIATE EXCEL

Brief revision of basic spreadsheet skills. New topics include creating online and printed forms, adding buttons and other controls, trouble-shooting formulae and error values, array formulae, setting range references, working across worksheets and workbooks, advanced functions, advanced charting, pivot tables and 'what if' analysis. Familiarity with topics covered in the introductory course is essential. Uses Excel 2007.

08537 Mon+Thu., 9am 29 March, 2 days x 6 hrs
08537A Wed., 9am 21 April, 2 wks x 6 hrs
FEE: \$246, disc. \$222, conc. \$173 WEA CENTRE

WEA – Adobe Publishing Certificate

Complete the WEA Adobe Publishing suite of courses within an 18 month period to receive the Certificate which includes:

Adobe Photoshop • Adobe Photoshop – Tips and Tricks • Photoshop Techniques • Adobe Photoshop Studio • Adobe Illustrator I and II
• Adobe InDesign I and II • Adobe Acrobat

FOR MORE INFORMATION CALL THE WEA OFFICE.

PRESENTATION, GRAPHICS AND DESKTOP PUBLISHING

PREPARING POWERPOINT PRESENTATIONS

Part of your MS Office suite allowing stunning effects for on-screen presentation overheads and slides for meetings and briefings. Knowledge of Windows environment and keyboard skills is assumed. Uses PowerPoint 2007.

08222A Tue., 6.30pm 16 February, 2 wks x 3 hrs

08222B Mon., 9am 15 March, 1 day x 6 hrs

08222C Wed., 9am 7 April, 1 day x 6 hrs

FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE

PUBLISHER

Create newsletters, brochures, flyers and other publications. As you gain confidence, incorporate your own layouts. This course is suitable for new users of Publisher. Keyboard skills and knowledge of the Windows environment essential. Uses Publisher 2007.

08250A Fri., 9am 19 February, 1 day x 6 hrs

08250B Sat., 9am 27 March, 1 day x 6 hrs

FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE

INTRODUCTION TO DIGITAL PHOTOGRAPHY

Want to know more about digital photography? Learn what cameras are available, examine common camera settings and menu functions found on digital cameras. Then learn some basic photo manipulation techniques including how to alter brightness and contrast, crop and resize, and how to put multiple images on a page.

08305 Sun., 9am 28 February, 1 day x 6 hrs

FEE: \$164, disc. \$148, conc. \$115 WEA CENTRE

ORGANISE, STORE AND SHOW YOUR PHOTOS

Learn to organise and tag your photos. Create a slideshow that can be exported to TV and a photo album that can be printed. Not a course in fixing or altering photos (see graphics courses). Photoshop Elements 8.

08308A Sat., 9am 27 February, 1 day x 6 hrs

FEE: \$164, disc. \$148, conc. \$115 WEA CENTRE

DIGITAL VIDEO EDITING – INTRODUCTION

Have you taken digital videos and have no idea what to do with the files? Learn some basic editing techniques to give your movie footage the professional touch. Uses Adobe Premiere Elements. Must have GOOD basic computer and Windows skills. Enrol in *Digital Video Editing II* at the same time for discount fee on both.

08309 Sun., 9am 14 February, 1 day x 6 hrs

08309A Sat., 9am 27 March, 1 day x 6 hrs

FEE: \$164, disc. \$148, conc. \$115 WEA CENTRE

DIGITAL VIDEO EDITING II - PREMIERE ELEMENTS

For those who have the basics of Premiere Elements and want a bit more. This course will show how to use the more advanced effects such as adding movements to still photos, fixing colour, adding effects to your still or video images. The course assumes basic knowledge from the *Digital Video Editing* course and good computer skills. Enrol in both courses at once for discount on both.

08310 Sun., 9am 28 March, 1 day x 6 hrs

FEE: \$164, disc. \$148, conc. \$115 WEA CENTRE

PDF WITH ADOBE ACROBAT

Adobe Acrobat helps create electronic documents quickly and easily – and Acrobat Reader can provide your audience free access to them. Acrobat is the essential tool for universal document exchange. You can use it to publish virtually any document in Portable Document Format (PDF). Become familiar with its tools and features and learn how to create PDF files from within other applications such as word processing, page layout, or graphic programs, manipulate and edit your e-documents, add interactive elements and place security locks on sensitive files. Conducted in Acrobat 9 but also suits version 5 onwards.

08327 Mon., 6.30pm 1 March, 3 wks x 3 hrs (not 8/3)

FEE: \$196, disc. \$177, conc. \$138 WEA CENTRE

PDF FORMS WITH ADOBE ACROBAT

One of the great features about Acrobat and PDF is that they can be used to create, distribute and fill in forms. We will open a form template (typically created in another application or a scan of a paper form), to which we will then add form fields. During their creation we will also examine issues relating to submitting and receiving form data including field signing, security and digital signatures. Assumed knowledge: WEA's *PDF with Adobe Acrobat* or equivalent. Currently run in Adobe Acrobat 9.0 but also covering versions 5-8. Enrol in *PDF with Adobe Acrobat* at the same time for discount on both courses.

08328 Mon., 6.30pm 29 March, 1 sess x 3 hrs

FEE: \$68, disc. \$62, conc. \$48 WEA CENTRE

ADOBE PHOTOSHOP

Enrol in two or more Adobe Photoshop classes at the same time for the discount fee on each.

COMPUTER GRAPHICS – ADOBE PHOTOSHOP

Gain a good practical knowledge of the basics of the computer program most widely used by graphic designers to manipulate, edit and on occasion create 'photo-style' images. Become familiar with the tools and features, learn to manipulate photographs and artwork, add text, save and print images. An understanding of the Windows PC environment is essential. Conducted in Photoshop CS4, but suits users of earlier versions of Photoshop and Photoshop Elements or similar programs.

08300B Thu., 6.30pm 4 February, 5 wks x 3 hrs

08300C Wed., 6.30pm 10 February, 5 wks x 3 hrs

08300D Mon+Tu+Th+Fr., 1.30pm 22+23+25+26 Feb., 4 days x 4 hrs

08300E Tue., 6.30pm 16 March, 5 wks x 3 hrs

08300F Mo+Tu+Th+Fr., 1.30pm 19+20+22+23 April, 4 days x 4 hrs

08300G Wed., 6.30pm 21 April, 5 wks x 3 hrs (not 5+12/5)

FEE: \$276, disc. \$249, conc. \$194 WEA CENTRE

TIPS AND TRICKS ADOBE PHOTOSHOP

A project-based course extending your knowledge and skills in using Photoshop. A series of mini-projects will introduce additional features and techniques – including colour image manipulation, adding depth to images and other creative effects using layers and masks, creative colouring of graphics, text enhancement through filters, the liquefy filter and other effects. A sound knowledge of computing basics and Photoshop experience equivalent to *Computer Graphics – Adobe Photoshop* is assumed. Parallel course to *Studio and Techniques* with independent course content.

08302 Wed., 6.30pm 17 March, 5 wks x 3 hrs

FEE: \$276, disc. \$249, conc. \$194 WEA CENTRE

PHOTOSHOP TECHNIQUES

A series of mini-projects will introduce additional features and techniques – including additional retouching skills, using blending modes, adjustment layers, creative effects using layers, panoramic images, control with curves, text enhancement through filters, the extraction filter, Adobe camera RAW and effects. A sound knowledge of computing basics and Photoshop experience equivalent to *Computer Graphics – Adobe Photoshop* assumed. Parallel course to *Tips and Tricks* and *Studio* with independent course content.

08303 Tue., 6.30pm 20 April, 5 wks x 3 hrs (not 4/5)

FEE: \$276, disc. \$249, conc. \$194 WEA CENTRE

ADOBE PHOTOSHOP STUDIO

For those who have completed our basic courses (or equivalent experience) and are looking for a little extra! Topics will include: Advanced Sharpening Techniques, Glamour Retouching Techniques, Vectors in Photoshop and Spot Colour in Photoshop. A sound knowledge of computing basics and Photoshop experience equivalent to *Computer Graphics – Adobe Photoshop* is assumed.

08301 Wed., 6.30pm 9 June, 4 wks x 3 hrs

FEE: \$246, disc. \$222, conc. \$173 WEA CENTRE

ADOBE ILLUSTRATOR

Enrol in Adobe Illustrator and Adobe Illustrator II at the same time and pay the discount fee for each.

ADOBE ILLUSTRATOR

The industry-standard vector graphics creation software for print and interactive media. Use its fast, flexible tools to transform your creative ideas into sophisticated logo designs, type treatments, illustrations, packaging, presentations, technical drawings, information graphics and web graphics. This basic course will establish knowledge and skills in using Illustrator. Learn all the basics from navigation essentials to reshaping, drawing, distortions, and creating text. Sound knowledge of computing assumed, no previous Illustrator experience required.

08311 Tue., 6.30pm 9 February, 5 wks x 3 hrs

08311A Mon., 6.30pm 12 April, 5 wks x 3 hrs

(not 26/4+3/5)

FEE: \$276, disc. \$249, conc. \$194 WEA CENTRE

ADOBE ILLUSTRATOR II

This part 2 of the basic course will round out your knowledge and skills in using Illustrator. Topics include Enveloping Text, Warp Effects, Multiple Strokes, Organising Artwork with Layers, Gradient Mesh, Blending, Brushes, Transparency, Styles and Effects, Symbols and 3D effects. Sound knowledge of computing is assumed and previous Illustrator experience comparable with WEA's *Adobe Illustrator* assumed.

08313 Mon., 6.30pm 31 May, 5 wks x 3 hrs

(not 14/6, 5/7 or 12/7)

FEE: \$276, disc. \$249, conc. \$194 WEA CENTRE

ADOBE INDESIGN

Enrol in InDesign and InDesign II at the same time and pay the discount fee for each.

ADOBE INDESIGN

Take page design to a new level. Adobe's high end desktop layout tool is quickly cornering the professional market, thanks to its fresh approach to desktop publishing (DTP). Join the community of ad agencies, newspapers, magazines, publishers, service providers, and others who are making the move to InDesign. During this course you will use InDesign to create a number of projects from flyers and brochures through to booklets, to explore the many sophisticated options for creative layout. Conducted in InDesign CS4. An understanding of the Windows style environment is essential.

08323A Thu., 6.30pm 11 March, 5 wks x 3 hrs

08323B Mon-Thu., 1.30pm 29-31 March+1 April, 4 days x 4 hrs

08323C Mon-Thu., 1.30pm 24-27 May, 4 days x 4 hrs

FEE: \$276, disc. \$249, conc. \$194 WEA CENTRE

ADOBE INDESIGN II

In this course we continue to develop our command of InDesign's core features together with a closer look at how it integrates with other Creative Suite products, both to create content and to output the final page design. During this course you will expand your understanding of the many sophisticated options for creative layout including extended typography, tables, long document features, structuring documents with master pages and spreads, drawing, transparency, and PDF output. Familiarity with InDesign equivalent to the WEA *Adobe InDesign* course is assumed.

08325 Thu., 6.30pm 15 April, 5 wks x 3 hrs (not 6+ 13/5)

FEE: \$276, disc. \$249, conc. \$194 WEA CENTRE

**Choose carefully.
NO REFUNDS.**

DATABASES

INTRODUCTION TO ACCESS

A fully relational database easy enough to use for your simplest database tasks – yet powerful enough to handle the most complex. A number of useful databases are created. Knowledge of the Windows environment is essential. Keyboard skills an advantage. Uses Access 2007.

08404 Mon+Thu., 9am 15 February, 2 days x 6 hrs
08404A Wed., 9am 10 March, 2 wks x 6 hrs
 FEE: \$246, disc. \$222, conc. \$173 WEA CENTRE

INTERMEDIATE ACCESS

Includes Action Queries, option groups, multiple-sheet forms, totals in queries, calculated fields, compacting and repairing databases, password protection, creating a switchboard (menu), linked forms, sub forms, using SQL expressions instead of queries. *Introduction to Access* or equivalent knowledge assumed. Uses Access 2007.

08406 Wed., 9am 14 April, 1 day x 6 hrs
 FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE

TIME MANAGEMENT/SCHEDULING AND PROJECT MANAGEMENT

INTRODUCTION TO MICROSOFT PROJECT

Develop and maintain project schedules, allocate resources, track progress and produce reports. If you have completed the *Project Management* course, take your case study a stage further and develop a computerised schedule. Basic computer skills essential. IBM only. Enrol in *Project Management* at the same time for the discount on both courses. Uses Project 2007.

08606 Wed., 6.30pm 24 March, 2 wks x 3 hrs
 FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE

INTRODUCTION TO MICROSOFT OUTLOOK

Use this program to become more productive and organised. Manage your email, appointments, tasks, addresses and more. Suits new users of Outlook. Basic knowledge of the Windows environment is essential. Does not include Microsoft Exchange Server. Uses Outlook 2007, but is similar to other recent versions.

08610 Mon., 9am 22 February, 1 sess x 4 hrs
08610A Sun., 9am 21 March, 1 sess x 4 hrs
 FEE: \$82, disc. \$74, conc. \$58 WEA CENTRE

WORD PROCESSING

INTRODUCTION TO WORD

Write, correct, save and print a document; retrieve existing documents; move and copy text; use Find & Replace; format texts and paragraphs; use existing styles; use the thesaurus; set tabs; create tables; add page numbers; and more. Keyboard skills and knowledge of Windows environment essential. Uses Word 2007.

08202A Mon+Thu., 9am 8 February, 2 days x 6 hrs
08202B Thu., 6.30pm 4 March, 4 wks x 3 hrs
08202C Tue+Fri., 9am 16 March, 2 days x 6 hrs
 FEE: \$246, disc. \$222, conc. \$173 WEA CENTRE

INTERMEDIATE WORD

Learn Word Art, Clip Art, scanned images and watermarks; organisation charts; the Drawing toolbar; multiple columns; templates; simple headers and footers; footnotes; Auto Text; mail merge; styles; templates; sections; tables of contents; and more. Familiarity with topics covered in the introductory course is essential.

08205 Tue+Fri., 9am 23 March, 2 days x 6 hrs
 FEE: \$246, disc. \$222, conc. \$173 WEA CENTRE

DESKTOP PUBLISHING WITH WORD

Enrol in this exciting one-day course and learn to create newsletters, flyers, letterheads, advertisements, business cards, reports, proposals, invoices, price lists and more. A good working knowledge of Word is essential. Uses Word 2007.

08215 Mon., 9am 1 March, 1 day x 6 hrs
 FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE



Internet Safety and Awareness for Seniors

INTERNET COURSES

BASIC EMAIL

Introduces the fastest growing method of communication in the world. Learn how to send, receive, forward and reply to email. Includes formatting messages in HTML and composing email offline. Uses Outlook.

08615 Thu., 9am 25 February, 1 sess x 3 hrs
 FEE: \$68, disc. \$62, conc. \$48 WEA CENTRE

MORE EMAIL

Comfortable with email? Improve the appeal of your email by using stationery, send email attachments, manage the address book, create signatures, file your email, use rules to manage your email, use a forwarding service, and more. Students should have completed *Basic Email* or have equivalent experience. Uses Outlook.

08616 Mon., 9am 29 March, 1 sess x 3 hrs
 FEE: \$68, disc. \$62, conc. \$48 WEA CENTRE

INTERNET AND THE WORLD WIDE WEB

How does one get on the internet and what can it do? Learn how to browse the Web, send and receive email and more. This is an introductory course and familiarity with computers is essential.

08061 Thu., 10am 8 April, 1 sess x 4 hrs
 FEE: \$82, disc. \$74, conc. \$58 WEA CENTRE

CREATING YOUR OWN WEB PAGE

If you are connected to the Internet you may be entitled to your own web page. Learn how to create one in HTML (Hypertext Mark-up Language), with links to other sites, email directly to you, tables, graphics, buttons and more. It's surprisingly easy to get astonishing results.

08063A Tue., 9am 16 February, 1 day x 6 hrs
08063B Fri., 9am 12 March, 1 day x 6 hrs
 FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE

WEB PAGE CREATION USING EXPRESSION WEB

This complete web page authoring program has a WYSIWYG environment, so you see formatting and layout as you work, and knowledge of HTML is not required. Learn to create pages with formatted text, backgrounds, hypertext links, images, tables, buttons and lines, and how to upload pages to an internet server. Experience in Windows and internet essential.

08070A Thu., 9am 4 March, 1 day x 6 hrs
 FEE: \$154, disc. \$139, conc. \$108 WEA CENTRE

INTRODUCTION TO PHP PROGRAMMING

Ready to take your HTML web development to the next level? PHP is the most popular and easiest programming language for the internet. Learn PHP basics and how to add functionality and interactivity to your web sites. Create forms, read and write files, plus all the other basics to get you going. For anyone who understands HTML but doesn't know much or anything about PHP. *You must have the knowledge on how to code HTML to create a simple HTML web page using forms and links.*

08073 Mon., 6pm 15 March, 3 wks x 3 hrs
 FEE: \$205, disc. \$185, conc. \$144 WEA CENTRE

GET MORE TRAFFIC TO YOUR WEBSITE

If you have a website and you haven't got enough visitors, this course is for you! Find out how to get your website to No. 1 on Google (SEO search engine optimisation), why 'keywords' are so important, how to buy instant website traffic using pay per click advertising and more. Held in classroom in lecture format.

08803 Wed., 6pm 24 March, 1 sess x 3.5 hrs
 FEE: \$55, disc. \$51, conc. \$39 WEA CENTRE

START YOUR OWN INTERNET BUSINESS

Covers the basics of starting an online business. Identify a market, find a product or service to sell, get web hosting, register a domain name, set up a website, and get some traffic to your site. Basic computing skills assumed. Classroom lecture format.

08804 Sat., 9.30am 13 February, 2 wks x 4.5 hrs
 FEE: \$94, disc. \$85, conc. \$66 WEA CENTRE

HOW TO SELL ON EBAY

Want to make money selling on eBay? Learn the basics (such as creating an account, listing an item, eBay fees, getting paid, shipping and feedback) as well as the tips and tricks of the pros to make sure you get the best price every time. Basic computer skills assumed, held in classroom lecture format, not hands-on.

08802A Tue., 6pm 16 February, 1 sess x 3.5 hrs
08802B Tue., 6pm 9 March, 1 sess x 3.5 hrs
08802C Wed., 6pm 7 April, 1 sess x 3.5 hrs
 FEE: \$55, disc. \$51, conc. \$39 WEA CENTRE

COMING TO GRIPS WITH FAMILYSEARCH

This database of over 400 million names from 90 countries includes the Church of Jesus Christ of Latter Day Saints' International Genealogical Index (IGI) and its Addendum, the Ancestral File, and the Family History Catalogue. Discover why some records are more reliable than others. Students should be familiar with using a PC. Enrol in *Family Research* for discount on both courses.

08711 Sun., 10am 21 February, 1 sess x 3 hrs
08711A Sat., 10am 20 March, 1 sess x 3 hrs
 FEE: \$68, disc. \$62, conc. \$48 WEA CENTRE

FAMILY HISTORY ON THE WEB

The Internet can assist the family historian in locating records and making links with researchers with like interests. Participants will be shown how to achieve these objectives effectively. The workshop will also look at the sites with information available, how to access their data effectively, and will alert participants to a range of issues in using the web, including security of credit cards, identity fraud, and dealing with junk mail.

08712 Sun., 10am 14 March, 1 sess x 3 hrs
 FEE: \$68, disc. \$62, conc. \$48 WEA CENTRE


INTERNET SAFETY AND AWARENESS FOR SENIORS

With SA Police. Covers recognising secure sites, online scams, internet auctions, safety and shopping online. Enrolment free when enrolling at the same time in *Basic Computing for Seniors*.

08K02 Tue., 10am 30 March, 1 sess x 2 hrs
 FEE: \$15 WEA CENTRE

Enrol online 24 hours

VOCATIONAL SKILLS

 **These courses offer an optional assessment for a WEA Certificate of Merit – otherwise, a Statement of Attendance is issued.**

BOOKKEEPING 

Complete an accurate set of single-entry journals including cash receipts, cash payments, sales and petty cash. Establish the documents, stationery and journals you need to keep, including GST obligations. All record-keeping needs will be reviewed so you can understand the information required for good business management. Required text approx \$44.

James Pitt MNIA, ACIS, ACIM

04903 Thur., 6.30pm 4 March, 6 wks x 3 hrs
FEE: \$114, disc. \$103, conc. \$74

WORKING WITH PHARMACEUTICALS 

Essential for those who wish to be employed as a Pharmaceutical Representative, Pharmacy Assistant, Medical Receptionist or those pre-nursing, personal carer or para-medical students. Also useful for those who want to gain a practical insight and understanding of the classification, availability, usage and actions of prescription and over-the-counter medicines.

Mark Simpson BAppSc AssDipTraining&Dev

04908 Sat., 9.30am 20 February, 2 wks x 3 hrs
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

TEACHING ENGLISH AS A SECOND LANGUAGE

Look at ways of discovering the needs of non-English speakers and strategies to meet those needs. Previous teaching experience is not necessary.

Glenda Inverarity BA MSocSc AdvCertTESOL

04917 Sun., 9.30am 21 March, 2 wks x 6 hrs
FEE: \$87, disc. \$79, conc. \$64 WEA CENTRE

BASIC COUNSELLING SKILLS

For those requiring counselling skills in the workplace (e.g., nursing, teaching, community work). Participants can expect to learn about the counselling process in a practical way and experience it from both the counsellor and client perspectives.

Margaret Nicholls BA (Social Work)

04934 Tue+Thu., 9.30am 20+22 April, 2 days x 6 hrs
FEE: \$109, disc. \$98, conc. \$71 WEA CENTRE

INTRODUCTION TO TEELINE SHORTHAND

Always wanted to learn shorthand – but found Pitman 2000 and New Era too complex? Based on the alphabet, it is easy to learn and high speeds can be achieved quickly. Homework will be set and a textbook approx. \$60 is required. Statement of Attendance issued.

Helen Bibbo

04937 Mon., 6pm 1 Feb., 10 wks x 1.5hrs (not 8/3+5/4)
FEE: \$99, disc. \$90, conc. \$70 WEA CENTRE

USING MEDICAL TERMINOLOGY 

Essential for those whose work involves reading and understanding medical reports and literature. Ideal for medical receptionists, secretaries, carers, students of nursing and para-medical studies or others who desire a practical working knowledge of medical terminology.

Mark Simpson BAppSc AssDipTraining&Dev

04942 Sat., 9am 13 March, 4 wks x 4 hrs (not 3/4)
FEE: \$104, disc. \$94, conc. \$76 WEA CENTRE

PERSONALITY TYPE WORKSHOP USING DISC

Who are you? The DISC is a highly valid and reliable personality assessment which will provide you with a 35 page report giving information on what motivates you, strengths, areas to improve, working with others and much more. Practical information on what makes you tick, your professional and personal relationships, and best work environments will all be covered. Fee includes \$25 for assessment which must be taken before the workshop. Details will be given upon enrolment.

Dana Boyd PhD

04925 Sat., 10am 6 February, 1 day x 6 hrs
FEE: \$83, disc. \$78, conc. \$68 WEA CENTRE

PERSONAL SKILLS

BUILDING BETTER RELATIONSHIPS

Are you interested in reducing your own stress levels and those of other people? Learn basic counselling skills and help others to safely offload their distress. Ensure that your own emotions are looked after (self-care) in this interactive workshop led by an experienced counsellor.

Michelle Mitchell CertIVTraining/Assessing

02301 Sat., 10am 13 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

BEING YOUR BEST

Discover your natural strengths, characteristic behaviours and personal attributes. Learn practical ways to create more personal effectiveness when relating to others. Develop skills for success, career satisfaction, handling pressure, better outcomes with others and achieving what you want.

Elizabeth Speed DipT BED

02302 Sat., 9.30am 27 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

TIME CREATION

Master the topic of time. What are important strategies of a time management system? How do we get phone calls and emails done efficiently, better handle meetings, leverage our time, and create more time to better balance our lives? Learn practical tools to take control of your life.

Stan Kontos SOL Results Tutor

02309 Tue., 7pm 2 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

HELLO... AND THEN WHAT?

What to say next after meeting someone need not be a problem. Practise social and communication skills, and learn about body language.

Lynette Miller

02319A Sun., 10am 28 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

PSYCHOLOGY OF WINNING

Get ahead in life with a 'winning' attitude. Discover tools and strategies for winning in all areas of life: career, finances, leisure and family. Learn how to live with the attitude and attributes of top performing athletes and business people.

Manuel Karkafiris SOL Results Tutor B.App.Sc.NLP

02320 Tue., 7pm 23 February, 1 sess x 3 hrs
FEE: \$33, disc. \$30, conc. \$25 WEA CENTRE

EFFECTIVE DECISION-MAKING

Decisions have the power to create great rewards. They can cause negative consequences that have an impact on our life. This session teaches you strategic and effective processes to make decisions and create choices, both personally and professionally, that will empower you to live a more fulfilling life.

John Ngatia SOL Results Tutor

02324 Sat., 9am 20 March, 1 sess x 3 hrs
FEE: \$34, disc. \$31, conc. \$25 WEA CENTRE

GET MOTIVATED

Personal coaching to transform your life. Break old patterns and destroy limiting beliefs. Become more decisive. Condition yourself to create better results. Have more confidence and self-esteem. Discover what drives you and what holds you back.

Stan Kontos SOL Results Tutor

02366 Wed., 7pm 24 March, 2 wks x 3 hrs
FEE: \$46, disc. \$43, conc. \$34 WEA CENTRE

UNDERSTANDING THE OPPOSITE SEX

Have you ever wondered why the opposite sex do the things they do? Learn to communicate and understand the opposite sex to help improve relationships personally and professionally.

Manuel Karkafiris SOL Results Tutor B.App.Sc.NLP

02369 Thur., 7pm 18 March, 1 sess x 3 hrs
FEE: \$34, disc. \$31, conc. \$25 WEA CENTRE

AN INTRODUCTION TO NEURO-LINGUISTIC PROGRAMMING

Learn the secret of understanding the power of your mind. NLP is the basis to unlocking your inter-potential. Discover processes to resolve internal blocks or fears, enhance your health, career, communication and emotions. Tutor is an accredited NLP trainer.

Stan Kontos SOL Results Tutor

02367 Tue., 1pm 9 March, 2 wks x 3 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

TRAINING AND DEVELOPMENT

Enrol in more than one WEA Training and Development course at the same time and pay the discount fee of \$179 for each.

LEADERSHIP

Learn to influence the behaviours and activities of an individual or a group towards attaining mutually agreed goals and objectives. Suits leaders who need to play a positive role. Learn styles of leadership, developing an effective team and the resolution of conflict. These issues, and more, will be addressed through discussion, self analysis and an extensive case study exercise.

Ivone Kirkpatrick

04601 Fri., 9.30am 26 March, 1 day x 6 hrs
FEE: \$199, disc. \$179 WEA CENTRE

THE TRANSITION TO MANAGEMENT

The effective manager plans, organises, leads and controls in order to achieve the most effective results in the new position. In this one-day workshop, participants will practice these skills through a series of group exercises and real life case studies.

Peter Lyons

04602 Fri., 9am 19 March, 1 day
FEE: \$199, disc. \$179 WEA CENTRE

PROJECT MANAGEMENT

Covers the basics – planning, scheduling, risk assessment, project milestones, reporting requirements and quality assurance; provides you with the information to lead your team to success. **Presenter:** Henrietta Child, Managing Director of Kneedeep Management Company. Enrol in *Microsoft Project* in the Computer Training section at the same time and pay a discount fee of \$139 for the computer course.

Henrietta Child B.Sc. Grad.Dip.Int.Sc.

04604 Mon., 9.15am 15 March, 1 day x 6.5 hrs
FEE: \$199, disc. \$179 WEA CENTRE

DEFUSE CONFLICT AND MOTIVATE

The secret of all success, business or personal, is relationships. The primary challenge in business and life is to motivate people, keep them motivated and defuse conflict. Very few people are taught best practice skills to do it. Knowledge, though, is not enough. This program gives you training and coaching in the use of the tools, so you refine your skills and become even more able. Course runs 9.30am-4.30pm. **Presenter:** Ivone Kirkpatrick is a freelance trainer with several organisations.

Ivone Kirkpatrick

04609 Mon., 9.30am 29 March, 1 day x 6 hrs
FEE: \$199, disc. \$179 WEA CENTRE

INTRODUCTION TO PSYCHOLOGY

Psychologists study the human mind. Topics include a survey of the 47 disciplines in psychology; an introduction and history; human development and social behaviour; theories of personality; psychological disorders; and current trends in modern day psychology. A thought-provoking series of interactive lectures with immediate practical applications. A Statement of Attendance will be issued upon completion of the course.

Dana Boyd PhD

04603 Tue., 6pm 23 February, 8 wks x 3 hrs
FEE: \$199, disc. \$179 HUTT STREET LIBRARY

ENGLISH EXPRESSION

PUBLIC SPEAKING FOR BEGINNERS

Captivate, motivate and persuade your audience by controlling nerves and thinking clearly on your feet. Learn to organise a speech, use confident body language and active listening skills. Students must have fluent English; this is NOT an ESL or Communications course.

Public Speaking Training BA.LLB

07403 Tue., 5.45pm 23 February, 6 wks x 2 hrs

FEE: \$94, disc. \$85, conc. \$69 WEA CENTRE

PUBLIC SPEAKING IN A DAY

Need to know the basics of public speaking – quickly? A comprehensive one day introduction to the art of speaking clearly without nerves. Preparation, organisation and presentation skills to give you confidence in any speaking situation. Students must have fluent English; this is NOT an ESL or Communication course.

Public Speaking Training BA.LLB

07406A Sun., 9am 14 March, 1 day x 6 hrs

FEE: \$69, disc. \$62, conc. \$49 WEA CENTRE

BETTER COMMUNICATION HABITS

Increase your self-confidence for all situations by controlling nerves, voice development, principles of communication, choosing your words, non-verbal communication, active listening skills, self confidence and assertive behaviour.

Rostrum Dais of SA Inc

07405 Tue., 5.45pm 9 March, 4 wks x 2 hrs

FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

ACADEMIC ESSAY WRITING

Practice analysing essay questions, writing concisely, citing sources and referencing. Technical aspects of essay presentation will be demonstrated.

Diane Owens BA(Hons)

02415 Sat., 2pm 20 March, 1 sess x 3 hrs

FEE: \$30, no disc. or conc. WEA CENTRE

LITERACY LIFESKILLS

EVERYDAY READING AND WRITING

Aimed at those who need to improve their use of the English language. Learn to read and write for survival, write a letter to your school, apply for a job or send an email to a relative.

Julia Henwood BAEdu GradDipTESOL

02001 Tue., 10am 9 March, 5 wks x 3 hrs

FEE: \$43, no disc. or conc. WEA CENTRE

GRAMMAR GREMLINS

Drive the gremlins from your writing! Discover what grammar is and how it works. The focus is on correct usage, while raising awareness of the areas where errors are commonly made. Identify and avoid mistakes.

Isobel Grave BA UWA D.Phil(Oxon)MA Ling.ANU

02012 Fri., 5.45pm 5 February, 10 wks x 2 hrs (not 2/4)

FEE: \$128, disc. \$116, conc. \$94 WEA CENTRE

ENGLISH AS A SECOND LANGUAGE

For those who are intermediate users of English and want to improve in the areas of reading, writing, speaking, listening, grammar and vocabulary. The focus of this friendly and relaxed class will be to improve your confidence when using English.

Julia Henwood BAEdu GradDipTESOL

02005 Mon., 5.45pm 22 Feb., 6 wks x 2 hrs (not 8/3+5/4)

FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

PRACTISE SPEAKING ENGLISH

This intermediate course focuses on conversational English for speakers of other languages. Improve your speaking and listening skills. Focuses on everyday conversations.

Mei-Ching Chin

02002 Thu., 1.30pm 25 February, 4 wks x 3 hrs

FEE: \$43, no disc. or conc. WEA CENTRE

CREATIVE WRITING

CREATIVE WRITING

Designed for beginners, this course studies short prose - fiction and non-fiction. Non-prose writing will also be included to explore different considerations and techniques. Develop theme, plot, structure, settings, characterisation, dialogue and editing.

Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

07601 Sat., 10am 10 April, 2 wks x 6 hrs

FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

SHORT STORY WORKSHOP

Explore ways of developing a coherently structured short story from a basic idea. Examine creative and effective story-telling techniques, incorporating these elements into your own work. By the end of the session you should be well on your way to a good first draft.

Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

07603 Sun., 10am 14 March, 1 day x 6 hrs

FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

PASSION FOR POETRY

This workshop will explore various metrical forms and free verse. Time will be provided for writing and feedback. Come along and ignite, or re-ignite, your passion for poetry.

Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

07611 Thu., 6pm 1 April, 4 wks x 3 hrs

FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

THE NON-FICTION BOOK

Ever been told that you should write a book; autobiography, biography or on a subject of which you're knowledgeable? This how-to cram course is for people who have fascinating stories or advice to share.

Kerry Kenihan

07617 Sat., 9.30am 20 March, 1 day x 6 hrs

FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

WRITING PICTURE BOOKS FOR CHILDREN

Is there a story for children inside you? Need help organising your ideas and getting started? Find out how to begin writing picture books for children and what to do about getting published.

Sally Heinrich B.Design (Illustration)

07618 Wed., 6pm 3 March, 3 wks x 4 hrs

FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

BEGINNINGS: THE THREE Ts

Beginnings need to be Trim, Tight, Tantalising and Trap the reader's interest. Wait, that's four Ts! Discover effective techniques for creating terrific openings for all types of stories.

Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

07621 Sun., 10am 21 February, 1 day x 6 hrs

FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

DEVELOPING CHARACTERS

Turn your characters into believable, three-dimensional people readers want to read about. Practical techniques and exercises will take you from conception to your character's final scene.

Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

07622 Sat., 10am 27 February, 1 day x 6 hrs

FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

HOW TO WRITE YOUR NOVEL

Feel like Tinkerbell taking on Goliath? This course contains practical advice and methods that will help you with plot, character, conflict, structure and making it all the way to THE END.

Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

07628 Sat., 10am 13 March, 2 wks x 6 hrs

FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

POWER UP YOUR WRITING

Lift your writing out of the humdrum and make it come to life by learning about style, word choice, imagery, atmosphere, rhythm, sentence and paragraph structure.

Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

07630 Thu., 6pm 11 March, 3 wks x 3 hrs

FEE: \$61, disc. \$55, conc. \$45 WEA CENTRE

WRITING YOUR LIFE STORY

Learn to write your life story using themes, style, point of view, settings and characterisation. Structure your writing to make it sound interesting to a reader, a publisher and an agent.

Martina Taeker BA(Hons) Dip.Ed. M.Spec.Ed.

07665 Sun., 10am 11 April, 1 day x 6 hrs

FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

WRITING MIGRANT STORIES

Many migrants from diverse cultures have fascinating stories. Workshop exercises with an experienced editor and cultural historian will cover preparing material for a small publication using images, sound and writing.

Diana Chessell BA.Dip.Soc Studies

07699 Tue., 3.30pm 9 February, 4 wks x 2 hrs

FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

LANGUAGES FOR FUN AND TRAVEL

UNLESS OTHERWISE INDICATED, ALL LANGUAGE CLASSES ARE HELD AT THE WEA CENTRE.

Never studied a language before? Here is a great place to start. Ask simple questions, talk about yourself, make enquiries and socialise. Learning just for fun or planning to travel, languages open up whole new worlds.

Fun and Travel courses are 2 hours over 10 weeks.

Fee: \$129, disc. \$117, conc. \$95

ITALIAN

04401B Thu., 7.30pm 28 January, 10 wks x 2 hrs

04401A Mon., 5.45pm 1 February, 10 wks x 2 hrs

(not 8/3+5/4)

04401C Tue., 7.45pm 2 February, 10 wks x 2 hrs

04401D Wed., 7.45pm 3 February, 10 wks x 2 hrs

04401E Tue., 5.30pm 9 February, 10 wks x 2 hrs

04401F Thu., 10am 4 March, 10 wks x 2 hrs

FRENCH

04402C Thu., 9.30am 28 January, 10 wks x 2 hrs

04402E Mon., 8pm 1 Feb., 10 wks x 2 hrs (not 8/3+5/4)

04402D Mon., 12.30pm 1 February, 10 wks x 2 hrs

(not 8/3 & 5/4) HALLETT COVE LIBRARY

04402F Thu., 8pm 4 February, 10 wks x 2 hrs

04402G Thu., 1pm 18 March, 10 wks x 2 hrs

04402H Thu., 5.45pm 18 March, 10 wks x 2 hrs

FRENCH FOR FUN AND TRAVEL II

An extension of *French for Fun and Travel*. Learn more about how to get around, receiving and giving information and more. A communicative course that focuses on speaking and listening skills.

04408 Thu., 11.45am 28 January, 10 wks x 2 hrs

GERMAN

04403A Mon., 7.45pm 1 Feb., 10 wks x 2 hrs (not 8/3+5/4)

SPANISH

04404C Wed., 5.45pm 10 February, 10 wks x 2 hrs

04404D Thu., 8pm 11 February, 10 wks x 2 hrs

04404E Tue., 10am 2 March, 10 wks x 2 hrs

PORTUGUESE

This course focuses on Brazilian Portuguese, but accommodates learners of European Portuguese.

04405 Tue., 7.45pm 2 March, 10 wks x 2 hrs

Enrol online 24 hours • www.wea-sa.com.au

GREEK

04406 Wed., 5.45pm 10 February, 10 wks x 2 hrs
 04406A Thu., 5.45pm 11 February, 10 wks x 2 hrs
 TROTT PARK NEIGHBOURHOOD CENTRE

RUSSIAN

04407 Tue., 8pm 16 February, 10 wks x 2 hrs

JAPANESE

04411 Mon., 8pm 1 Feb., 10 wks x 2 hrs (not 8/3+5/4)

CHINESE MANDARIN

04412 Thu., 8pm 11 February, 10 wks x 2 hrs

VIETNAMESE

04414 Tue., 7.45pm 23 February, 10 wks x 2 hrs

KOREAN

04415 Wed., 5.45pm 3 March, 10 wks x 2 hrs

THAI

04440 Wed., 8pm 24 February, 10 wks x 2 hrs

SIGNED ENGLISH

Have you thought about learning a language that enables communication with the deaf and hearing impaired? Learn to convey a message through word signing, finger spelling and natural gesture. Statement of Attendance issued.

Tony Burden Dip.Man(Com Services)

04482 Wed., 6pm 3 March, 7 wks x 1.5 hrs
 FEE: \$72, disc. \$65, conc. \$50 WEA CENTRE

CORNISH LANGUAGE WORKSHOP

This workshop should be of interest to all Celtic people but more importantly to those South Australians with Cornish heritage. The common expression "By Ros, Car, Lan, Tre, Pol, Pen ye may know a Cornishman" identifies some of the Cornish surnames but indeed there are many other Cornish names without these familiar prefixes. The workshop will consist of both oral and simple written exercises. A fun opportunity recognising the revival of the Cornish language.

Terry Johnson BSc

04470 Sat., 1.30pm 27 March, 1 sess x 3 hrs
 FEE: \$30, no disc. or conc. WEA CENTRE

Year Long Languages: First Year

For beginners and those with a little knowledge (i.e. have completed WEA *Languages For Fun and Travel* course). Covers basic grammar with conversational practice. Digressions into culture will bring the language alive for you. There is a break of several weeks between each term. Textbook required.

All year long languages have the following fees unless otherwise indicated:
 Full \$264, disc. \$238, conc. \$193

DUTCH 1

04418 Thu., 7.45pm 25 February, 32 wks x 1.5 hrs

FRENCH 1

04421 Mon., 9.30am 1 February, 24 wks x 2 hrs
 (not 8/3, 26/4 or 14/6) HALLETT COVE LIBRARY
 04421A Mon., 5.45pm 1 February, 24 wks x 2 hrs
 (not 8/3, 26/4 or 14/6)

04421B Wed., 5.45pm 3 February, 32 wks x 1.5 hrs
 04421C Thu., 5.45pm 25 February, 32 wks x 1.5 hrs
 GLANDORE COMMUNITY CENTRE

ITALIAN 1

04425 Thu., 5.45pm 28 January, 32 wks x 1.5 hrs
 04425A Tue., 6pm 2 February, 32 wks x 1.5 hrs
 04425B Wed., 6pm 3 February, 32 wks x 1.5 hrs
 04425C Mon., 8pm 25 January, 32 wks x 1.5 hrs
 (not 8/3, 26/4 or 14/6)

04425D Tue., 10am 23 February, 32 wks x 1.5 hrs
 04425E Tue., 1.30pm 23 February, 32 wks x 1.5 hrs
 04425F Fri., 6pm 26 February, 32 wks x 1.5 hrs

INDONESIAN 1

04435 Tue., 5.45pm 23 February, 24 wks x 2 hrs

JAPANESE 1

04431A Wed., 5.30pm 17 February, 30 wks x 2 hrs
 FEE: \$299, disc. \$275, conc. \$224 WEA CENTRE
 BOX FACTORY COMMUNITY CENTRE

04431 Thu., 5.45pm 4 March, 30 wks x 2 hrs
 FEE: \$299, disc. \$275, conc. \$224 WEA CENTRE

RUSSIAN 1

04434 Tue., 5.45pm 2 March, 32 wks x 1.5 hrs
 BOX FACTORY COMMUNITY CENTRE

CHINESE MANDARIN 1

04436 Thu., 5.30pm 25 February, 32 wks x 1.5 hrs
 GLANDORE COMMUNITY CENTRE

ARABIC 1

04438 Tue., 7pm 2 March, 24 wks x 2 hrs ADELAIDE HS

VIETNAMESE 1

04439 Thu., 5.45pm 4 March, 32 wks x 1.5 hrs

HINDI 1

04441 Thu., 7.45pm 25 February, 32 wks x 1.5 hrs

SPANISH 1

04444 Fri., 5.45pm 26 February, 32 wks x 1.5 hrs

04444A Tue., 9.30am 2 March, 32 wks x 1.5 hrs

04444B Wed., 8pm 3 March, 32 wks x 1.5 hrs

04444C* Thu., 5.45pm 4 March, 30 wks x 2 hrs

* This course only FEE: \$299, disc. \$275, conc. \$224

GREEK 1

04448 Mon., 7.45pm 8 February, 24 wks x 2 hrs
 (not 8/3, 26/4 or 14/6)

POLISH 1

04450 Tue., 7.45pm 2 March, 26 wks x 2 hrs
 FEE: \$275, disc. \$249, conc. \$190 WEA CENTRE

GERMAN 1

04455 Mon., 6pm 22 February, 32 wks x 1.5hrs
 (not 8/3, 5/4 or 14/6)

04455A Fri., 5.45pm 26 February, 24 wks x 2 hrs

Year Long Languages: Second Year

Textbook required. All Second Year courses have the following fees unless otherwise indicated:
 Full \$264, disc. \$238, conc. \$193

FRENCH 2

04422 Wed., 1.30pm 3 February, 32 wks x 1.5 hrs
 04422A Thu., 7.30pm 25 February, 32 wks x 1.5 hrs
 GLANDORE COMMUNITY CENTRE

ITALIAN 2

04426 Mon., 6pm 1 February, 32 wks x 1.5 hrs
 (not 8/3+14/6)

04426A Thu., 1.30pm 4 March, 32 wks x 1.5 hrs

04426B Tue., 10am 23 February, 32 wks x 1.5 hrs

JAPANESE 2

04432 Thu., 8pm 4 March, 32 wks x 1.5 hrs

SPANISH 2

04445 Mon., 5.45pm 15 February, 32 wks x 1.3 hrs
 (not 8/3, 26/4 or 14/6)

04445A Tue., 11.15am 2 March, 30 wks x 2 hrs

FEE: \$299, disc. \$275, conc. \$224 WEA CENTRE

GERMAN 2

04456 Tue., 6pm 23 February, 32 wks x 1.5 hrs

RUSSIAN 2

04477 Thu., 5.45pm 4 March, 32 wks x 1.5 hrs
 BOX FACTORY COMMUNITY CENTRE

CONTINUING LATIN

A short course that aims to complete the 'bones' of Latin. Assumes comprehensive knowledge of chapters 1-9 of *Teach Yourself Latin* by Gavin Betts.

04472 Thu., 10am 4 March, 12 wks x 1.5 hrs
 FEE: \$113, disc. \$99, conc. \$82 WEA CENTRE

Advanced Languages

Many courses require a textbook.
 All Advanced year long languages have the following fees unless otherwise indicated:
 Full \$264, disc. \$238, conc. \$193

FRENCH 3

Galiane Marterer BA(Hons) GradDipEd
 04423 Mon., 5.30pm 22 February, 32 wks x 1.5 hrs
 (not 8/3, 26/4 or 14/6)

ITALIAN 3

Rita Carino Stow BTeach(Italy)
 04427 Wed., 9.30am 17 February, 32 wks x 1.5 hrs

ITALIAN 4

Rita Carino Stow BTeach(Italy)
 04428 Wed., 11.15am 17 February, 32 wks x 1.5 hrs

ITALIAN 3: GRAMMAR AND CONVERSATION

Assumes two years of previous Italian study. This course specifically focuses on Italian grammar with some conversation.

Natalia Corbo BA DipEd(Sec) DipEd TESOL
 04437 Thu., 6pm 15 April, 32 wks x 1.5 hrs

ITALIAN CONVERSATION THIRD YEAR

For those who have completed two years or more of Italian language study. Course covers conversation and a little grammar and culture. Textbook required.

Teresa Vaccaro BA DipEd
 04429 Wed., 11.15am 17 February, 32 wks x 1.5 hrs

ITALIAN CONVERSATION FOURTH YEAR

For those who have completed three or more years of Italian or equivalent. Emphasis is on conversational practice.

Teresa Vaccaro BA DipEd
 04430 Wed., 9.30am 17 February, 32 wks x 1.5 hrs

JAPANESE 3

For those who have completed Japanese 2, or book 1 of the *Japanese For Busy People* series. Textbook required.

Ryoko Toden BA GradDipEd
 04433 Wed., 7.45pm 17 February, 30 wks x 2 hrs
 FEE: \$299, disc. \$275, conc. \$224

BOX FACTORY COMMUNITY CENTRE

SPANISH 3

Lisa Vogt DipEd(Lima)
 04446 Mon., 7.30pm 15 February, 30 wks x 2 hrs
 (not 8/3, 26/4 or 14/6)

FEE: \$299, disc. \$275, conc. \$224 WEA CENTRE
 04446A Tue., 2pm 2 March, 32 wks x 1.5 hrs

SPANISH 4

Lisa Vogt DipEd(Lima)
 04447 Tue., 5.30pm 2 March, 32 wks x 1.5 hrs

“ I would love to learn more with Madame Helena. Excellent, very interesting, enjoyable. Wonderful! I felt that I was there in Paris! ”

French for Fun and Travel

HEALTH AND WELLBEING

MEDITATION

A supportive, informative and non-sectarian workshop. Release stress, improve sleep, health, relationships, creativity, and promote personal and spiritual growth.

Beverley Malin BA

06202A Sun., 9.30am 31 January, 1 day x 6 hrs
06202B Sun., 9.30am 21 February, 1 day x 6 hrs
06202C Sun., 9.30am 21 March, 1 day x 6 hrs
06202D Sun., 9.30am 18 April, 1 day x 6 hrs
 FEE: \$47, disc. \$43, conc. \$34 WEA CENTRE

TWELVE STEPS TO PERMANENT WEIGHT LOSS

Lose 10kg or more! Create an improved lifestyle that will guarantee weight loss success. Motivate yourself, eat foods that energise you and create exercise you enjoy. Optional booklet \$35. *Course runs on consecutive Saturdays.*

Stuart Green Cert3 Fitness Leader

06204A Sat., 1.15pm 27 February+13+27 March, 3 sess x 3 hrs
 FEE: \$69, disc. \$64, conc. \$49 WEA CENTRE

IRIDOLOGY ESSENTIALS

Learn basic iris examination and interpretation for your own use as well as simple natural remedies for common problems. Cost of equipment \$15-\$45.

Andrea Fernandez ND BHSc(CompMed)

06205 Sat., 9.30am 20 March, 1 day x 6 hrs
 FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

AYURVEDA HEALTH AND LIFESTYLE

A holistic approach of balance and harmony through individualised nutritional and lifestyle practices. Includes cooking demonstration.

Helen Mathew AdvDipNaturalMed(Ayur)

06207 Sun., 10am 28 March, 1 day x 6 hrs
 FEE: \$48, disc. \$44, conc. \$35 WEA CENTRE

INTRODUCTION TO MASSAGE

Develop the skill and confidence to give family and friends simple, relaxing massage concentrating on areas of stress, i.e., neck, shoulders, back and legs. Bring a pillow and towel.

Massage Study Centre

06210B Sun., 10am 14 February, 1 day x 6 hrs
06210C Sat., 10am 13 March, 1 day x 6 hrs
 FEE: \$48, disc. \$44, conc. \$34 WEA CENTRE

INDIAN HEAD MASSAGE

This fulfilling and comprehensive technique is stress-releasing and leaves the body in a state of deep rest and calm. Helpful for migraines, insomnia, depression and stress.

Lynda Summerton-Black DipRemMass, DipArom.

06216A Mon., 6.30pm 15 February, 2 wks x 3 hrs
06216B Mon., 6.30pm 22 March, 2 wks x 3 hrs
 FEE: \$47, disc. \$43, conc. \$34 WEA CENTRE

THERAPEUTIC MASSAGE FOR COUPLES

Using basic Swedish massage skills, learn to give and receive nurturing through a caring touch. Fee is for two persons enrolling together (**one enrolment per couple**). *Last session two hours.*

Keryn Avemarg BANurs DipRemMassage

06222A Mon., 8pm 22 Feb., 6 wks x 1.5 hrs
 (not 8/3+5/4)
 FEE: \$124, no disc. or conc. WEA CENTRE

INTRODUCTION TO THE BUTEYKO BREATHING METHOD

Developed by Dr Butekyo, successfully used and scientifically validated for the treatment of asthma, sinusitis, hayfever and other breathing-related disorders.

Carola Maier

06227A Wed., 6.30pm 24 February, 1 sess x 3 hrs
06227B Wed., 6.30pm 24 March, 1 sess x 3 hrs
 FEE: \$30, no disc. or conc. WEA CENTRE

FOOT REFLEXOLOGY

Manipulation of reflex areas in the feet can release tension, improve circulation, and improve one's wellbeing. Involves both theory and practice.

Reeva Brice DipRM DipFT

06228A Sat., 9.30am 20 February, 1 day x 5 hrs
 FEE: \$42, disc. \$37, conc. \$31 WEA CENTRE

HAND REFLEXOLOGY

Manipulation of reflex points on the hands can release tension, improve circulation and energy flow. An excellent technique for self-help in maintaining health.

Reeva Brice DipRM DipFT

06217A Sat., 9.30am 27 February, 1 sess x 4 hrs
 FEE: \$34, disc. \$31, conc. \$25 WEA CENTRE

ALEXANDER TECHNIQUE: BODY AWARENESS IN ACTION

This technique has been having beneficial effects on people's posture and movement since the early 1900s. Experience a little of what's involved in learning this gentle, restorative process. Please bring 5 paperback books and wear loose-fitting comfortable clothes.

Chris Raff BA DipEd

06229 Sun., 9am 14 February, 1 sess x 4 hrs
 FEE: \$36, disc. \$33, conc. \$28 WEA CENTRE

SELF-HYPNOSIS

Introduces and demonstrates how self-hypnosis, a very safe, natural cognitive process, can be used in a wide range of applications including stress reduction, sports performance, meditation, improving self-confidence, study skills, and for many other useful purposes.

Laurie Eddie BA AssocDipManDev

06236A Sun., 1.30pm 14 February, 2 wks x 3 hrs
 FEE: \$47, disc. \$43, conc. \$34 WEA CENTRE

INFANT MASSAGE (NEWBORN TO 6 MONTHS)

Assists the growth and development of a baby's mind, body and spirit. Bonding and attachment is enhanced through touch and may assist in relieving constipation, colic and sleeping difficulties. Materials \$12 to tutor.

Celia Kellaway Infant Massage Instructor

06241 Mon., 10.30am 19 April, 5 wks x 1.5 hrs
 (not 26/4)
 FEE: \$69, no disc. or conc. WEA CENTRE

BASIC BOWEN FOR RELAXATION

This gentle remedial therapy is safe to use on newborns to the elderly and can be applied through clothing if preferred. In this introductory course participants will learn some theory and the foundation moves for giving a basic treatment to friends and family.

Cathy Butlin CertIVTAA

06246 Sun., 10am 7 February, 1 day x 6 hrs
 FEE: \$47, disc. \$43, conc. \$34 WEA CENTRE

EIGHT ESSENTIALS FOR A BETTER RELATIONSHIP

Learn skills and techniques proven to be successful in improving intimate relationships with eight essential steps. **One fee per couple – couples only.**

Relationships Australia

06251A Sun., 10am 21 February, 1 day x 6 hrs
 FEE: \$95, disc. \$87, conc. \$74 RELATIONSHIPS AUST.

FACIAL MASSAGE

This nourishing, rejuvenating facial treatment uses relaxation and acupressure techniques to safely provide relief for sinus problems, head colds and tension.

Massage Study Centre

06255 Tue., 6.30pm 16 February, 1 sess x 3hrs
 FEE: \$32, no disc. or conc. WEA CENTRE

LOSE WEIGHT WHILE YOU SLEEP

Understand how the unconscious mind can be used to lose weight while you sleep. Discover how to improve health and vitality and create balance in your life. Learn why a holistic approach to better health is the only sustainable alternative.

Peter Gardiakos SOL Results Tutor

06287 Wed., 7pm 10 February, 1 sess x 3 hrs
 FEE: \$32, no disc. or conc. WEA CENTRE

EMOTIONAL FREEDOM TECHNIQUES

An easily learnt self-help stress and pain management technique based on acupressure and psychology.

Bernice Vergou Dip Remedial Therapies

06281A Thu., 6pm 25 February, 1 sess x 3 hrs
 FEE: \$30, no disc. or conc. WEA CENTRE

HEALTH ISSUES

TINNITUS – CAUSES, EFFECTS, WHAT TO DO

Hear about the many causes of tinnitus, how these are investigated, the effects, its relationship with hearing and ways you can reduce tinnitus annoyance.

Judith Boswell

06602 Sat., 9.30am 6 February, 1 sess x 5 hrs
 FEE: \$31, no disc. or conc. WEA CENTRE

HEALING WITH FOOD

Look at diet and nutrition and how what you eat affects your moods and anxiety. Discover how to use foods to your advantage, challenge yourself on foods you think affect you, and use food as a healing tool.

Geraldine Headley AdND,AdWHM,AdN,RN

Nineta Vojdani AdND AdWHM AdN DRM

06603 Mon., 6.30pm 8 February, 1 sess x 3 hrs
 FEE: \$30, no disc. or conc. WEA CENTRE

DIABETES – MANAGEMENT, SURVIVAL AND PREVENTION

A course designed for people with diabetes who want to know everything! People caring for diabetics, health professionals looking to bring their skills up to date.

Michael Porter

06604 Sat., 9.30am 20 February, 1 sess x 3 hrs
 FEE: \$30, no disc. or conc. WEA CENTRE

GIVE SLEEP A CHANCE

We take a scientific approach to the need for good sleep and the causes and treatment of disorders such as insomnia and sleep apnoea.

Andrew Thornton PhD

06605 Sat., 1.30pm 20 February, 2 sess x 3 hrs
 FEE: \$32, no disc. or conc. WEA CENTRE

ASPERGER SYNDROME: AN INTRODUCTION

Gain understanding of Asperger Syndrome, receive information about practical strategies to assist individuals and families. Examine effects on an individual's social, communication, behavioural development; identify challenges these individuals face.

Autism SA

06607 Sun., 9.30am 21 March, 1 sess x 5 hrs
 FEE: \$32, no disc. or conc. WEA CENTRE

AUTISM: AN INTRODUCTION

Learn about complexities of autism and how this impacts on individuals and families. Discover characteristics of and learn about practical strategies that can help individuals with behaviour, sensory difficulties and communication.

Autism SA

06608 Sat., 9.30am 17 April, 1 sess x 5 hrs
 FEE: \$31, no disc. or conc. WEA CENTRE

NATURAL ARTHRITIS AWARENESS

Natural approach to either rheumatoid arthritis or osteoarthritis. Look at diet, nutrition, home remedies and herbal remedies. Learn and understand the disease process, dispel myths and maximise your own healing.

Nineta Vojdani AdND AdWHM AdN DRM

06609 Mon., 6.30pm 19 April, 1 sess x 3 hrs
 FEE: \$30, no disc. or conc. WEA CENTRE

NATUROPATHIC NUTRITION FOR LONGEVITY

NEW

Naturopathic nutrition – what is it? Why follow the principles? Work together to unlock your health potential, discover food labelling pitfalls and improve your mental, physical and emotional well-being. Deconstruct food processing, packaging and labelling, and discover why our reproductive and core physical wellness has decreased.

Geraldine Headley AdND, AdWHM, AdN, RN

06288 Mon., 9.30am 8 February, 2 wks x 3 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

PARENTING ADOLESCENTS

NEW

Sometimes it can feel like an alien has taken your once lovely child. This course will hopefully restore some form of communication and understanding of the adult/adolescent relationship.

Yvonne Parry RN BAPsych MA GradDipEdu

06289 Sat., 9.30am 10 April, 2 wks x 3 hrs
FEE: \$48, disc. \$44, conc. \$36 WEA CENTRE

LOSSES IN EVERYDAY LIFE

NEW

To equip you to deal with losses such as employment, shifting house/country, relationship breakdowns, empty nest, ill-health, etc.

Lyn Rose DipCouns&Comm, GradCert

06290 Sun., 9.30am 28 February, 1 sess x 3 hrs
FEE: \$33, no disc. or conc. WEA CENTRE

ACCESS CONSCIOUSNESS

NEW

A set of simple tools and processes, based on asking questions, designed to create clarity and ease in your life. Access allows you to change your life for the better!

Bernice Vergou Dip Remedial Therapies

06291 Thu., 6pm 8 April, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

MENOPAUSE AND HEALTHY AGEING

NEW

Get to grips with the changing body, mind and health issues of the maturing woman. Look at how foods and herbs can help or hinder our bodies, and how we can move into the next phase of our lives in a relaxed and confident way.

Geraldine Headley AdND, AdWHM, AdN, RN
Nineta Vojdani AdND, AdWHM, AdN, DRM

06292 Mon., 6.30pm 1 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

HISTORICAL WALKS

HAHNDORF: WHAT'S SO SPECIAL?

It's Australia's oldest permanent Germanic settlement. Enjoy tales of Aboriginal and European inhabitants and the Pioneer Women's Trail. Visit two sites not normally open to the public. Discover over ninety nineteenth-century buildings and Hahndorf's medieval layout. Maps provided. Students meet at Hahndorf Academy, Cnr Main and Balhannah Streets, Hahndorf.

Anni Lur Fox BEd GradDipFE DipArtTeaching

03601A Sat., 10am 13 March, 1 sess x 2 hrs
FEE: \$30, no disc. or conc.

HISTORICAL WALKS: COSMOPOLITAN NORWOOD

Cosmopolitan central Norwood reflects the influences of migrants from the 1850s through the 1950s to present day. Significant places for migrant groups in this unique landscape will be visited.

Diana Chessell BA.Dip.Soc Studies

03602 Sat., 2pm 20 March, 1 sess x 2.5 hrs
FEE: \$30, no disc. or conc.

HISTORICAL WALKS: ADELAIDE

A leisurely walk to inspire appreciation of our beautiful old buildings – their architecture, history and the 'characters' associated with them. Private residences, pubs, public and religious buildings. Meet at GPO, Adelaide.

John Walker BA(Hons)

03604 Sun., 10am 14 February, 2 wks x 3 hrs
FEE: \$46, disc. \$42, conc. \$34

HISTORICAL WALKS:

NORTH ADELAIDE CATHEDRAL

NEW

Kermode Street was once the commercial hub of North Adelaide. The surrounding area is a curious mixture of mansion and cottage and the location of many properties significant to our heritage.

Graham Jaunay BA DipT MACE AAGRA

03605 Sun., 10am 28 March, 1 sess x 2 hrs
FEE: \$30, no disc. or conc.

ADELAIDE'S STATUES AND MONUMENTS

Heroes, heroines and great events are commemorated along Adelaide's stately boulevards. This short tour reveals the silent stories of the city's bronze and stone memorials. 2 km walk. Meet at Botanic Gardens.

Simon Cameron BM BS MastersPublicHealth

03609 Sun., 10am 14 February, 1 sess x 2.5hrs
FEE: \$30, no disc. or conc.

BRONZE HEROES: ADELAIDE'S WAR MEMORIALS

The moving stories of a century of conflict are captured in Adelaide's monuments and war memorials reflecting the mood of citizens and the grief of the survivors. This two-hour (2.5 km) walking tour visits the city's major memorials in a loop walk that will show the transition from heroic enterprise to numbed mourning.

Simon Cameron BM BS MastersPublicHealth

03611 Sun., 10am 18 April, 1 sess x 2.5 hrs
FEE: \$30, no disc. or conc.

MARY MACKILLOP'S KENSINGTON

Mary MacKillop established the Sisters of St Joseph in 1866 to educate the poor and care for the underprivileged. Between 1871-1883 she lived in Kensington and Norwood. This walk includes the original Mother House and Chapel; St Ignatius Church; the Women's Refuge; an early school; Dr Benson's home. \$5 payable on the day to cover admission to Mackillop Centre Exhibition. Approximately 2 km walk.

Sr Patricia Keane Dip.T

03629 Sun., 1.30pm 2 May, 1 sess x 3 hrs
FEE: \$30, no disc. or conc.

WHEELS AND SAILS

BASIC BICYCLE MAINTENANCE

Increase your cycling pleasure with safer, more economical cycling. Practical demonstrations show students the correct way to carry out basic maintenance and repairs to their bicycles. Students' bicycles welcome and may be used in some demonstrations.

Paul Barron

03101 Sun., 10am 21 February, 1 day x 6 hrs
FEE: \$53, disc. \$48, conc. \$39 WEA CENTRE

SIMPLE CAR MAINTENANCE

Worried about repair costs? Uncertain of what to look for in a second-hand car? Lecture-demonstration course covers servicing, diagnosing faults, how your car works (motor, brakes, etc.).

Joseph El-daher QualMotorMech

03103 Thur., 5.45pm 11 February, 8 wks x 2 hrs
FEE: \$94, disc. \$85, conc. \$69 WEA CENTRE

MOTORCYCLE MAINTENANCE

Learn about servicing, tuning, diagnosing common faults, chain and sprocket adjustment and tyre replacement etc. Five evening theory sessions followed by Saturday morning practical, 9.30am-12.30pm on 17 April.

Joseph El-daher QualMotorMech

03106 Tue., 5.45pm 16 March, 5 wks x 2 hrs + FT
FEE: \$87, disc. \$79, conc. \$64 WEA CENTRE



Introduction to Sailing

INTRODUCTION TO SAILING

Learn the basic skills required to sail a dinghy, small keelboat or cruiser. For an additional \$75 fee, paid to the tutor, a three-hour practical session can be arranged.

Brett Yardley Sailing Master

03108A Mon., 7pm 15 March, 2 wks x 2.5 hrs + FT 28/3
FEE: \$71, disc. \$64, conc. \$51

CRUISING YACHT CLUB OF AUSTRALIA

BASIC BOATING

Obtain your Department of Transport Boat Operator's Licence through the WEA. Provides training based on the *Recreational Boating Safety Handbook*.

On successful completion of the exam in the last week you will be able to gain your Licence, which can be collected from the Department of Transport Energy and Infrastructure for a cost of \$32.50. Upon obtaining your licence a practical hands-on morning session can be arranged with the tutor for an additional fee.

Peter Briggs

03109A Tue., 7pm 9 February, 3 wks x 3 hrs + FT 14/2
03109B Wed., 7pm 3 March, 3 wks x 3 hrs + FT 7/3
03109C Wed., 7pm 21 April, 3 wks x 3 hrs + FT 25/4
FEE: \$78, disc. \$71, conc. \$57 WEA CENTRE

OUTBOARD MOTORS

It's no fun not being able to get your outboard started, and worse still being stranded at sea! Learn how to do your own motor maintenance and repairs. Lecture/demonstration using components from outboard motors.

Joseph El-daher QualMotorMech

03118 Wed., 5.45pm 3 February, 4 wks x 2 hrs
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

AN INTRODUCTION TO AUTO-ELECTRICALS

Don't be overawed by your car's electrical system. Find out about charging systems, starting, ignition, lighting and electronic fuel injection. Learn how to diagnose faults and carry out basic repairs yourself.

Joseph El-daher QualMotorMech

03144 Mon., 5.45pm 22 Feb., 6 wks x 2 hrs (not 8/3+5/4)
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

**Choose carefully.
NO REFUNDS.**

MUSIC

HOW TO READ MUSIC

Ability to read music adds to your enjoyment of choral singing, instrument playing, or music appreciation. Study tone, pitch, rhythm, etc. No prior knowledge needed. Bring a manuscript book, pencil and eraser. Text approx \$15 and manuscript \$6.

Guido Coppola BA(Mus) GradDip(Mus) MA

06501 Mon., 6pm 15 Feb., 8 wks x 1.5hrs (not 8/3+5/4)
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

PIANO FOR COMPLETE BEGINNERS

Learn to play the piano and read music using small group methods. Access to a piano between lessons is essential. Only one piano in class. Book \$23 from tutor.

Emilio Pieroni

06504A Wed., 8pm 3 March, 8 wks x 1.5 hrs
FEE: \$93, disc. \$84, conc. \$64 WEA CENTRE

BASIC GUITAR

For absolute beginners. Use a steel or a nylon string acoustic guitar, the choice is yours. Each week you will move step by step to learning chords, notation, tuning and a little theory.

Leigh Fopp

06505A Sat., 10am 11 April, 2 wks x 6 hrs
FEE: \$79, disc. \$72, conc. \$56 WEA CENTRE

Colin Falconer

06505B Tue., 8pm 23 February, 6 wks x 2 hrs
FEE: \$79, disc. \$72, conc. \$56 WEA CENTRE

06505C Thu., 7pm 25 February, 6 wks x 2 hrs
FEE: \$79, disc. \$72, conc. \$56 ADELAIDE HIGH SCHOOL

John Hastwell

06505D Tue., 1pm 2 March, 6 wks x 2 hrs
FEE: \$79, disc. \$72, conc. \$56 WEA CENTRE

HAND DRUMMING

Exciting world rhythms can be played on the drum. Each player follows a set pattern of rhythm that fits into the patterns played by other drummers.

Phillip Jones

06507A Tue., 7pm 16 February, 4 wks x 2 hrs

06507B Tue., 7pm 16 March, 4 wks x 2 hrs

FEE: \$65, disc. \$60, conc. \$45 THEBARTON SNR COLL

START PLAYING KEYBOARD

The ideal way to start playing music. This beginners course will have you playing familiar songs in just two lessons. Instruction is clear and allows you to progress at your own pace. BYO keyboard. Text approximately \$25. Class limit eleven.

Peter Morey CertComMus(Perf)

06513 Wed., 10am 24 February, 6 wks x 1.5 hrs
FEE: \$71, disc. \$65, conc. \$53 WEA CENTRE

BASIC BLUES HARMONICA

No music reading skills required. Styles include blues, rock, traditional and country. Harmonicas (only played in the note of C) cost \$47 and can be purchased from tutor at the first session. CD from tutor \$10.

John Hastwell

06521C Thu., 11am 4 March, 6 wks x 2 hrs

06521D Thu., 5.45pm 4 March, 6 wks x 2 hrs

06521E Thu., 8pm 4 March, 6 wks x 2 hrs

FEE: \$79, disc. \$72, conc. \$56 WEA CENTRE

BLUES/SLIDE GUITAR

This course takes you from the 'basic 12-bar blues' to the unique sounds of slide blues guitar. With a basic understanding of chords, students will learn a number of 'open tunings' associated with this style, techniques involved with 'slide' and examples from famous slide players. Ability to read music not necessary. Bring your acoustic guitar. CD \$10 from tutor. Slides cost approximately \$8-30.

John Hastwell

06524 Fri., 5.45pm 26 February, 3 wks x 2 hrs
FEE: \$55, disc. \$51, conc. \$39 WEA CENTRE

THE MAGIC OF OPERA

Unravel the mysteries and excitement of opera! We will provide insights into composers, singers, first nights and anything else you wish to know about this wondrous art. We will also be able to devote time to the operas in State Opera's 2010 season. Do join us! Keith is a former principal singer with Opera Australia and the State Opera of SA and until recently Head of Vocal Studies at the Elder Conservatorium.

Keith Hempton BA(Hons)

06527 Mon., 11am 22 February, 8 wks x 1.5 hrs

(not 8/3, 5/4 or 26/4)

FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

SINGING FOR BEGINNERS

Basic physical aspects of voice production, projection, diction, resonance, range, chest voice, falsetto, breathing, breath support, pitch and intonation.

Guido Coppola BA(Mus) GradDip(Mus) MA

06531A Mon., 8pm 15 February, 8 wks x 1.5 hrs

(not 8/3+5/4)

06531C Wed., 10am 24 February, 8 wks x 1.5 hrs

FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

Lyndon Piddington BMus(Hons) DipEd

06531B Tue., 6pm 23 February, 8 wks x 1.5 hrs

FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

VIOLIN

For beginners. Learn to play simple tunes in a relaxed atmosphere and experience the exhilaration of playing in ensembles with fellow students. BYO violin, or hire from Silver Keys and Strings.

Sonya Mellor BMus

06537 Wed., 6pm 17 February, 8 wks x 1.5 hrs

FEE: \$83, disc. \$75, conc. \$56 WEA CENTRE

BASIC BANJO

Like the exciting sound of the 5-string banjo? Want to learn? Tunings, setup, chords, 'licks', picking techniques and basic tunes in the Bluegrass, Folk and Old Time styles taught. No music reading skills required. BYO banjo or hire. CD from tutor \$10.

Rob Mccarthy DipT

06544 Wed., 7pm 24 February, 6 wks x 2 hrs

FEE: \$89, disc. \$84, conc. \$66

MAWSON CENTRE, MAWSON LAKES

NATURE'S WORLD

GROOM AND TRIM YOUR DOG

Brush them, care for their coats, train them to be groomed without fuss. Covers equipment needed, clipping, trimming, scissoring and thinning. Also covers general health (ears, nails), common problems, dog psychology and more. Suits all breeds.

Frances Patterson

06112B Mon., 8pm 22 Feb., 6 wks x 1.5 hrs (not 8/3+5/4)

FEE: \$63, disc. \$57, conc. \$46 WEA CENTRE

FOSSICKING

Learn the basics of panning for gold, gems and using a metal detector. A brief overview on the many aspects to this interesting hobby includes tutorial and practical session. Equipment hire fee \$10 to tutor.

Trevor Ferraresso

06121 Wed., 6.30pm 7 April, 1 sess x 3 hrs + FT 11/4

FEE: \$59, disc. \$54, conc. \$45 WEA CENTRE

BEEKEEPING FOR BEGINNERS

A step-by-step approach to starting your first hive. Learn about bees, honey, flora and pollenation in this practical hands-on course (includes three-hour field trip). Tutor has thirty years' experience in beekeeping. Bee quick!

Martin Gilbert and Lorraine Gilbert

06130 Sun., 9.30am 21 March, 2 wks x 6 hrs + FT 28/3
FEE: \$76, disc. \$69, conc. \$55 WEA CENTRE

ADVANCED BEEKEEPING

This hands-on course is designed to enhance and advance your management and practical skills. Competency in basic beekeeping a prerequisite.

Martin Gilbert and Lorraine Gilbert

06132 Sun., 9.30am 11 April, 2 wks x 6 hrs + FT 18/4
FEE: \$76, disc. \$69, conc. \$55 WEA CENTRE

DOGWISE

Learn to prevent and solve common behaviour problems. Covers canine communication, bite prevention, destructive and excitable behaviours and strategies to prevent or solve behaviours such as pulling washing off the line, barking, digging, jumping up, pulling the lead...

Alexis Davison Cert4DogBehaviouralTraining

06120 Mon., 8pm 15 March, 4 wks x 2 hrs (not 5/4)

FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

PRACTICAL ART

DRAWING ON THE RIGHT SIDE OF THE BRAIN

For beginners! Learn skills of 'realistic drawing'. Discover 'negative shapes' 'shared edges' and 'tonal values. Materials cost approximately \$40.

Pheobe Tosolini DipEd DipVisualArt

03701 Wed., 6pm 10 February, 6 wks x 3 hrs

FEE: \$109, disc. \$99, conc. \$81 WEA CENTRE

INTRODUCTION TO CARTOONING

Learn an approach to drawing shape and form that will enable an independent method of constructing original cartoons. Skills relevant to the creation of perspective and use of media to finish pieces will be explored.

Greg Judd

03702 Thur., 6pm 4 March, 2 wks x 3 hrs

FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

INTRODUCTION TO DRAWING

Provides students with the basic skills of drawing such as mark making, design, perspective and tonal studies using graphite stick and charcoal. Students will also be introduced to drawing with coloured soft pastels and portraiture. Materials approx. \$60.

Elizabeth Everett BVisArts

03703A Wed., 6pm 24 March, 5 wks x 3 hrs

FEE: \$87, disc. \$79, conc. \$64 WEA CENTRE

PAINTING FOR BEGINNERS

A series of exercises using acrylic paints. Get to know your materials and learn to mix colours. Make tonal studies and create the illusion of space and form. Investigate layering techniques.

Pheobe Tosolini DipEd DipVisualArt

03704C Tue., 1.30pm 16 March, 5 wks x 3 hrs

03704B Tue., 6pm 16 March, 5 wks x 3 hrs

FEE: \$87, disc. \$79, conc. \$64 WEA CENTRE

STONE CARVING

This project is designed to introduce students to the old tradition of carving sculptural forms in stone and the use of carving strategies to achieve this. Using Mount Gambier limestone, students will create the form of the shell of their choice and then make a multi-form sculptural work. Cost of materials/tools approx \$100.

Andrew Stock BA(FineArt)BSocAdmin

03705 Tue., 6.30pm 20 April, 3 wks x 3 hrs

FEE: \$61, disc. \$55, conc. \$45 WEA CENTRE

“Very valuable experience.
Learned a lot.”
Introduction to Drawing –
Elizabeth Everett

IMPRESSIONIST LANDSCAPE PAINTING

Paint the landscape in the Impressionist manner: bold, colourful and painterly! Step into Monet's shoes and practise the techniques of the 19th century French Impressionists. Suitable for watercolour, acrylic gouache or oil. Beginners welcome. Materials approx. \$60. Held at Rymill Park.

Sophie Hann Laguna BA

03708 Sat+Sun., 11am 27 March, 2 days x 4 hrs
FEE: \$58, disc. \$53, conc. \$43

SCULPTURE

Find out the basics of the art of sculpture, and use materials which are suitable for the beginner. By the end of the day you should have completed a simple bust. Fee includes cost of materials.

Art Norm's Studio

03718A Sun., 10am 28 March, 1 day x 6 hrs
FEE: \$58, disc. \$54, conc. \$44 WEA CENTRE

DRAW AND PAINT IN THE BOTANIC GARDENS

Explore the colours and shapes offered by the summer garden. Learn methods and techniques most appropriate for capturing those ephemeral subjects, using the simplest of materials – watercolour pencils. Materials approx \$45.

Catherine Veide CertVis&Applied Art

03733 Sun., 10am 14 March, 2 wks x 6 hrs
FEE: \$75, disc. \$68, conc. \$54 BOTANIC GARDENS

LIFE DRAWING

The art elements of line, tone, colour and texture are explored in a series of exercises designed to extend your skill base and personal creative responses. Suitable for all skill levels. Materials approx. \$50.

Andrew Blake AdvDipArt

03734A Thur., 6pm 18 February, 4 wks x 3 hrs
FEE: \$97, disc. \$91, conc. \$79 WEA CENTRE

PAINTING WITH ACRYLICS

Discover the unlimited visual and creative possibilities of acrylic paint. Learn how to utilise this versatile medium for a wide range of effects and applications. Explore various styles of painting from tight and controlled to loose and expressive. Materials approx \$70.

Phoebe Tosolini DipEd DipVisualArt

03735 Thur., 1.30pm 25 February, 5 wks x 3 hrs
FEE: \$87, disc. \$79, conc. \$64 WEA CENTRE

ART RELAXATION THERAPY

The creative process involved in the making of art can be healing and life-enhancing. This therapy uses chalk pastels on paper, personal note-taking as well as simple relaxation techniques to improve your wellbeing. No art experience or skill is required. Materials cost approx. \$10-\$15.

Angela Kirby DipTranspersonalTherapy

03736 Thu., 6pm 1 April, 4 wks x 2.5 hrs
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE

DRAW SOME MORE

Assuming you possess the basic knowledge and applications of drawing, now begin to polish your skills and techniques. Covers more advanced studies of line and tone, selective detailing, minimalist drawing, i.e. knowing what to leave out and how to 'under-draw' and make use of negative areas. Basic groundwork for the serious hobbyist through to the potential commission artist. The tutor is a professional illustrator who has won four national awards including the 1984 National Press Club Award. Materials cost approx. \$20.

Michael Bradford-Milde

03743 Fri., 6pm 19 February, 4 wks x 3 hrs
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE



Express Yourself Through Drawing and Painting

DRAW THE PORTRAIT

Learn the basic steps and techniques for drawing the human head. There is no mystery and it is achievable. All skill levels. With model. Materials approx. \$20.

Michael Bradford-Milde

03744 Wed., 6pm 24 February, 4 wks x 3 hrs
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

BOTANICAL DRAWING

Designed to introduce students to an understanding of how plants, flowers, seed pods, shrubs and trees are developed and constructed by nature. (Black and white not colour.) Materials approx \$30. Field trip 20/2.

Gishka Van Ree BVA MVA BEd

03750 Tues., 6.30pm 9 February, 5 wks x 3 hrs + FT
FEE: \$104, disc. \$94, conc. \$76 WEA CENTRE

CONCEPTUAL ART EXPERIENCE

Renowned artist Josef Felber will take you through conceptual art throughout the 20th century until today. Experience your own expression in art with collage and painting. Course will focus on the individual freedom to express your own artistic merit on paper, canvas or other medium, in different mixed media like collage, pencil, paints and other materials. Materials cost approx \$80.

Josef Felber

03752 Thur., 6pm 18 March, 4 wks x 3 hrs
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

EXPRESS YOURSELF THROUGH DRAWING AND PAINTING

This course provides students the opportunity to express their ideas and emotions in their drawings and paintings, whilst exploring different drawing techniques and mediums, such as charcoal, graphite, soft pastels, pastel pencils, water colour, pen and ink. Materials cost approx \$65-\$75.

Elizabeth Everett BVisArts

03753 Mon., 6pm 15 March, 5 wks x 3 hrs (not 5/4)
FEE: \$87, disc. \$79, conc. \$64 WEA CENTRE

ILLUSTRATING CHILDREN'S PICTURE BOOKS

Learn about different styles, develop ideas, discover the process of publication while you draw and create your own visual fantasy for your own story or an existing tale. Material approx \$30.

Sally Heinrich B.Design (Illustration)

03754 Wed., 6pm 24 March, 4 wks x 3 hrs
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

PAINT THE PORTRAIT

An intensive workshop looking at what materials to use, how to start, designing the composition, mixing colours, glazing and other techniques. Working from models both days. Suitable for beginners. Materials cost approx \$60.

Sophie Hann Laguna BA

03755 Sat., 10am 20 February, 2 wks x 5 hrs
FEE: \$77, disc. \$71, conc. \$55 NAZARETH COLLEGE

CREATIVE PRINTMAKING

Introduces the basics of printing: monoprinting, lino printing, collagraph printing, screen printing and polychromatic printing. Participants will learn how to use tools and how to print. Materials approx. \$40.

Veronica Calarco BA(Hons) DipVisualArts

03761 Sat., 9.30am 20 February, 2 wks x 6 hrs
FEE: \$87, disc. \$68, conc. \$54 WEA CENTRE

ART SAMPLER

Don't know which art material best suits your creativity? This is the course for you! Be guided through numerous drawing and painting media including charcoal, pastels, watercolour, acrylic paints and many more. Gain all the basic skills, techniques and practical knowledge to get you started and unlock your artistic potential. For absolute beginners. A \$90 kit containing ALL materials needed for the course is payable at the first session.

Drew Harrison BDes(Illust Des)Hons

03770 Wed., 10am 24 February, 6 wks x 2.5 hrs
FEE: \$87, disc. \$79, conc. \$64 WEA CENTRE

LANDSCAPE PAINTING

Experience the landscape through the eye and work with the simple truth of everyday painting. Observe the changes of light and learn how to resolve colours, forms, shapes and light on paper or canvas. Suits all skill levels. Materials approx \$60. **Second session to be held at Botanical Gardens, then remaining sessions at WEA.**

Josef Felber

03773 Sat., 9.30am 13 March, 4 wks x 3 hrs (not 3/4)
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

WEA gift vouchers

Give the gift of learning!
Available at reception or call

8223 1979.



Introduction to Photography

PHOTOGRAPHY

INTRODUCTION TO PHOTOGRAPHY

Covers the basics: shutter speed, aperture, depth of field, composition, flash and a guide to the buttons. No previous knowledge of photography needed. Field trip in week 5 on the Wednesday night (weather permitting). Please bring your camera and manual (if you have one) to each session and be prepared to use them.

Steven Haynes

02201 Wed., 10am 24 February, 6 wks x 1.5 hrs + FT
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

INTRODUCTION TO PHOTOGRAPHY – COMPACTS

Our *Introduction to Photography* course, especially for those with compact/point-and-shoot cameras.

Steven Haynes

02210 Thu., 8pm 4 March, 5 wks x 2 hrs + FT
FEE: \$78, disc. \$71, conc. \$57 WEA CENTRE

USING AN SLR CAMERA

Includes camera function, lenses, lighting, composition, close-up, accessories etc. You are encouraged to take photos. Focuses on digital SLR cameras but film OK. Includes field trip.

Tim Newbery AFIAP

02203 Mon., 3pm 1 Feb., 8 wks x 2 hrs + FT (not 8/3)
02203A Mon., 5.45pm 1 Feb., 8 wks x 2 hrs + FT
(not 8/3)

FEE: \$119, disc. \$108, conc. \$82 WEA CENTRE
02203B Tue., 7.30pm 2 February, 8 wks x 2 hrs + FT
02203C Wed., 7.30pm 3 February, 8 wks x 2 hrs + FT
02203D Thu., 7.30pm 4 February, 8 wks x 2 hrs + FT
FEE: \$119, disc. \$108, conc. \$82 NORWOOD-MORIALTA HS

ACTION PHOTOGRAPHY WORKSHOP

Define and learn skills that can be used for any photography where the subject is moving, such as in sports, children playing or any scene where capture of moving subjects is important.

Tim Newbery AFIAP

02205 Sun., 10am 2+16 May, 1 day x 7 hrs+1 sess x2 hrs
FEE: \$66, disc. \$60, conc. \$49 NORWOOD-MORIALTA HS

TRAVEL PHOTOGRAPHY WORKSHOP

Discover issues, techniques and tips – landscapes, composition, candid, portraits, groups, close-ups, flash, night photography, film and equipment. Some knowledge of photography and your camera is an advantage. Includes field trips on Sunday 14 and Thursday 18 February.

Graham Taylor MEd BA DipT

02227 Thu., 5.45pm 11 Feb., 2 sess x 2.5 hrs + 2 FTs
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

AROUND THE HOUSE

TILING

Covers the skills and tools for DIY tiling. Fee includes materials. Tiles donated by Beaumont Tiles and adhesives by Construction Chemicals.

Richard Reeves Registered Builder

03202A Sat+Sun., 9am 27 February, 2 days x 4 hrs
03202B Sat+Sun., 9am 10 April, 2 days x 4 hrs
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

BEGINNERS WOODWORK

Includes tool selection for a home workshop, care and sharpening of tools, power tool use, finishing techniques and basic joints. Material extra.

Tony Izzo

03206 Wed., 6.30pm 17 February, 6 wks x 3 hrs
FEE: \$139, no disc. or conc. THE PARKS

COMMUNITY CENTRE

RENOVATING FOR PROFIT

Achieve maximum sale price for your property and learn cost effective ways to unlock your property's potential. For those who want to increase the value of their property more than the cost of the improvements.

Charyn Youngson

03209 Thu., 5.45pm 25 February, 2 sess x 3 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

INTRODUCTION TO INTERIOR DESIGN

Learn the concepts of interior design and how to analyse functional requirements and aesthetic style. Understand how good design works. This is an information course, not hands-on.

Magdalene Marie DipTeaching DipArts

03221 Mon., 7pm 8 February, 6 wks x 2 hrs (not 8/3)
FEE: \$87, disc. \$79, conc. \$64

GLANDORE COMMUNITY CENTRE

DE-CLUTTERING YOUR HOME

Is your house and life in total confusion? Improve your life and free up precious time. Identify problems, get organised and learn techniques to stay that way.

Dini Fotheringham

03230 Wed., 6pm 24 March, 2 wks x 3 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

HOME THEATRE SYSTEMS

Learn to choose and buy one that's right for you. Confidently install and set up your system, or make it yourself with your own PC.

Alex Borisov BA(Elec&ElectronicEng)

03234 Sat., 9.30am 6 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE



Government of South Australia
Department for Families
and Communities

The WEA of SA Inc. gratefully acknowledges funding assistance from the Department for Families and Communities.

BASIC WELDING

Theory and practice. Oxy-acetylene welding, brazing and cutting and Mig welding. Work on your own project if time permits. Consumables fee \$25 plus materials depending on project.

George Fistr BEd DipT

03255 Wed., 6.30pm 5 May, 4 wks x 3 hrs
FEE: \$99, disc. \$90, conc. \$70 SEAVIEW HIGH SCHOOL

FOUNDATION SKILLS FOR HOME MAINTENANCE

Practical hands-on experience in using hand and power tools safely, to save money and overcome the most common situations faced in your home. Learn to fix a tap and a leaky toilet, repair a flyscreen, choose fasteners and hang almost anything on a wall (and fix the hole after you remove it!) and more. Learn what you can do yourself and when it may be time to call in a professional. Materials fee \$25 to tutor.

NEW

Royce Messenger BEd

03222 Wed., 6.30pm 10 February, 4 wks x 3 hrs
FEE: \$99, disc. \$90, conc. \$70 SEAVIEW HIGH SCHOOL

CRAFT

INTRODUCTION TO JEWELLERY MAKING

Create an original silver pendant and bangle using basic techniques. Tool hire and silver up to \$125.

Diane Southwell BA, Cert.Adv.Art&Craft Dip.Gem

06819A Fri., 7pm 5 March, 4 wks x 3 hrs
06819B Fri., 7pm 9 April, 4 wks x 3 hrs
FEE: \$81, disc. \$74, conc. \$61 WEA CENTRE

CHAINE MAILLE JEWELLERY

This ancient technique combined with modern day flair will teach you weave-making using jump-rings. \$55 kit includes tool and materials to make Byzantine jewellery.

Angie D'Amato

06892 Sun., 10am 21 March, 1 sess x 4 hrs
FEE: \$40, disc. \$36, conc. \$30 WEA CENTRE

KILN-FORMED FUSED GLASS JEWELLERY

Make unique pieces of jewellery in this exciting course. A kit including glass fittings and tool hire costs \$30 and is payable to tutor at the first session. For beginners.

Lorry Wedding-Marchioro

06887A Sun., 12pm 28 Feb., 2 wks x 3 hrs (not 7/3)
FEE: \$63, disc. \$59, conc. \$51 WEA CENTRE

PHOTO SCRAPBOOKING

Preserve and present your favourite photo memorabilia with stunning effects. Compile those shoe boxes full of old and new photos into more than just albums – they can be family story books guaranteed to last for the next generation. Children aged ten and above may enrol at the concession fee if accompanied by a fee-paying adult. Materials \$20 supplied by Album Memories.

Robyn Kluske BEd

06855 Sun., 10am 28 February, 1 day x 6 hrs
FEE: \$50, disc. \$46, conc. \$38 WEA CENTRE

CONVENTIONAL SEWN AND BOUND NOTEBOOK

Make two notebooks using conventional book-binding techniques. Learn all the techniques, sewing, rounding, backing etc for making your own books. Materials \$38 payable to the tutor.

NEW

Haig Miller and Michael Mathew

06896 Sun., 9.30am 14 February, 2 wks x 6.5 hrs
FEE: \$103, no disc. or conc. WEA CENTRE

ORIENTAL BOOKBINDING

Learn various techniques required for fully sewn oriental bookbinding (Chinese, Japanese and Coptic). Creative in their own right and useful for portfolios, family histories, small editions and much more. See examples in each style and create your own project. Materials \$40 payable to tutor at the first session. (Please note this course is not about repairing conventional books.)

Haig Miller and Michael Mathew

06889 Sat., 12pm 6 February, 2 wks x 5 hrs
FEE: \$91, no disc. or conc. WEA CENTRE

A NEPALESE BOOKBINDING

Make a Nepalese style notebook with hinged board covers. Skill aspects covered include using bookcloth to cover boards, corner folding and hinge formation. Materials and use of equipment \$16 payable to tutor.

Haig Miller and Michael Mathew

06891 Sat., 10am 20 March, 1 sess x 5 hrs
FEE: \$68, no disc. or conc. WEA CENTRE

AN INTRODUCTION TO KUMI HIMO BRAIDING

Kumi Himo is a Japanese form of braid making. Cords and ribbons are made by interlacing strands using a 32-slot hand-held disk. Participants will learn techniques for round, square and flat braid. \$24 kit payable to tutor at first session.

Michael Mathew and Helen Vonow

06895 Sun., 10am 14 March, 2 wks x 3.5 hrs
FEE: \$57, disc. \$52, conc. \$43 WEA CENTRE

NATURAL FIBRE BASKETRY

Introduces plant materials suitable for weaving and how to collect, dry and prepare them. Two baskets will be created. Material fee of \$20 to the tutor on the day.

Sandy Elverd BA GradDip(Commun/Cult/Devel)

06876A Sat., 10am 20 March, 1 sess x 5 hrs
FEE: \$50, disc. \$46, conc. \$38 WEA CENTRE

SCANDINAVIAN HANDCRAFTED FELT-MAKING

Make your own felt using Scandinavian techniques. Yarn etc. provided by the tutor for \$10 payable at the first session.

Barbara Binns BA

06885 Sun., 9.30am 7 February, 2 wks x 2.5 hrs
FEE: \$48, disc. \$44, conc. \$36 WEA CENTRE

PRACTICAL SOAP MAKING

Make a basic soap mixed from various fats. Turn the mix into herbal, cinnamon or oatmeal soaps. See olive oil and goat's milk soaps demonstrated.

Erika Von Elm

06810A Sat., 9.30am 20 March, 1 sess x 4 hrs
FEE: \$40, disc. \$36, conc. \$30 WEA CENTRE

POTTERY FOR BEGINNERS

Learn all the basic techniques – slab building, press moulding, coiling, and wheel work. Glazing and simple yet effective decoration techniques covered. Fee includes clay and glazes.

Alison Cooper DipDesign(Ceramics) DipEd

06814A Thu., 7pm 18 February, 5 wks x 3 hrs
06814B Sat., 1.30pm 13 March, 5 wks x 3 hrs (not 3/4)
FEE: \$103, disc. \$95, conc. \$80 WEA CENTRE

LEADLIGHTING FOR BEGINNERS

Design, cut glass and complete your own individual leadlight panel. Materials and tools cost about \$250 depending upon project. **Please note that you will be working with lead and it is not advisable to do this course if you are pregnant.**

Ross Clarke

06816 Tue., 5.45pm 23 March, 6 wks x 2 hrs
FEE: \$85, disc. \$78, conc. \$65 WEA CENTRE

MOSAICS

Design, cut, nip, glue and grout two mosaic projects. Equipment and materials, to be purchased by students, can cost up to \$125 depending on materials chosen.

Violet Cooper BVIsCom

06848A Sat., 2pm 6 February, 4 wks x 3 hrs
06848C Sat., 9am 20 March, 4 wks x 3 hrs (not 3/4)
FEE: \$81, disc. \$74, conc. \$61 WEA CENTRE

Deborah Houghton BA

06848B Wed., 5.30pm 10 March, 4 wks x 3 hrs
FEE: \$81, disc. \$74, conc. \$61 WEA CENTRE

“ It was a lot of fun and I made things I never thought I could! Excellent learning environment! ”
Mosaics – Violet Cooper

PICTURE FRAMING MADE EASY

Frame your pictures easily with tools mainly found in your shed. At least one frame will be completed, ready to hang. Materials \$30-\$40; tools if needed, \$60-\$70.

Win Von Elm

06815 Tue., 7pm 16 March, 4 wks x 3 hrs
FEE: \$81, disc. \$74, conc. \$61 NORWOOD-MORIALTA HS

BEGINNERS PICTURE FRAMING

Learn the basics of framing glazed, mounted, painted pictures or photographs. At least one frame will be completed. Materials cost approx \$46 and tool hire \$6.

Alan Connor

06818A Sun., 10am 21 March, 2 wks x 6 hrs
FEE: \$81, disc. \$74, conc. \$61 WEA CENTRE

ADVANCED PICTURE FRAMING

Designed as a follow-up course for students who require high quality, professional picture framing without the expense of big production, factory equipment. The advanced techniques taught will suit photographers, needlepoint craftspeople, artists and those keen to set up a small picture framing business. Students must complete this tutor's beginners course first. Materials and tool hire cost an additional \$65.

Alan Connor

06817 Sun., 10am 11 April, 2 wks x 6 hrs
FEE: \$81, disc. \$74, conc. \$61 WEA CENTRE

TEXTILE CRAFTS

BYO sewing machine/overlocker to all appropriate courses. Fee does NOT include cost of materials, which will depend on your choice of pattern and fabric.

GET TO KNOW YOUR SEWING MACHINE

Learn how to alter tensions, use different stitches and feet. Gain the confidence you need to make a garment.

Pauline Walladge Cert. Soft Furn.

05303A Sat., 10am 20 February, 1 day x 6 hrs
05303B Sat., 10am 20 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

SEWING FOR BEGINNERS

Learn all the steps from cutting the material to assembling the finished garment. Save money by making your clothes. Materials approx \$40.

Pauline Walladge Cert. Soft Furn.

05301A Thu., 10am 25 February, 5 wks x 2.5 hrs
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

BEGINNERS SEWING – HOW TO MAKE A SKIRT

Learn to make a skirt the professional way in five easy lessons. Along the way, learn to put a zipper in a garment, make buttonholes, sew in buttons, sew in a kick pleat, a waist band, and put up a hem. Estimated cost of materials is approx \$40 depending on pattern size and fabric chosen.

Mona Carrapiett

05302 Tue., 7pm 16 March, 5 wks x 2.5 hrs
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

OVERLOCKING WORKSHOP FOR BEGINNERS

A one-day workshop for beginners only. Let our tutor show you how to get the very best out of your overlocker. Estimated cost of materials \$20.

Jodi Monro Cert IV Art Prac Textiles

05371 Sun., 9am 21 February, 1 day x 6 hrs
05371A Sun., 9am 28 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

PATTERN DRAFTING AND DESIGN – PART 1

Gain the skills to draft a basic top, skirt and pant pattern from scratch. We also cover a few adaptation techniques.

Jodi Monro Cert IV Art Prac Textiles

05325A Thu., 6.30pm 4 March, 4 wks x 3 hrs
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

CROCHET FOR BEGINNERS

Have you ever admired beautiful laces, edges and patterns in magazines and wished you could produce work like that? Well, you can! Learn the basic stitches in just four easy lessons. Join now and open up a whole world of exciting crochet, which is both decorative and practical.

Mona Carrapiett

05308 Mon., 6.30pm 22 Feb., 4 wks x 2 hrs (not 8/3)
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

ALTERATIONS AND MENDING

Covers adjusting garments, hems, zips, patches and buttonholes, as well as adding or deleting decorations on garments.

Pauline Walladge Cert. Soft Furn.

05326 Mon., 6.30pm 29 March, 2 wks x 3 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

CURTAIN-MAKING MADE EASY

Learn to make curtains, valances and tie-backs. Practical hints to give you the confidence to create your own stylish window treatments. For sewers of average and better ability. \$35 kit available from tutor.

Lorraine Danvers

05356 Sat., 9am 27 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

BEGINNERS BEADED JEWELLERY

Make your own beaded jewellery. Learn all the basics. No experience necessary. \$50 kit required from tutor; tools approx \$30 to be purchased prior to class.

Crystal Gaye

05311A Sat., 10am 13 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

TWISTED LOGS QUILT AS YOU GO

Twisted Log Cabin blocks are used in this bright and cheery lap-size quilt. The mixture of plain and print fabrics creates interest and the fussy-cut centre squares of the blocks provide further focus. The multi-stripped fabric used for the front joining strips complements the busy prints and the bold plains. On the back of the quilt one fabric can be used (or a mixture of fabrics for a child) and is suitable for less experienced sewers. A larger quilt pattern is available using the same block but a different colour scheme for the more experienced sewer who is looking for a challenge using the Quilt As You Go method. Cost of materials depends on the size of the quilt made and the fabrics used. **See separate requirements sheet.**

Mary Williams Dip. Teaching

05318 Sun., 9.30am 14 Feb., 2 wks x 6 hrs (not 21/2)
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

MULTI-LAYERED NECKLACE

This gorgeous necklace will teach you the art of multi-layering. Shape and fit different components together to create a multidimensional pendant. Finished with Swarovski crystals or facet-cut beads. Basic jewellery-making skills required. A \$70 kit is required on the day from the tutor, tools costing approx \$30 must be purchased prior to class.

Crystal Gaye

05309 Sat., 10am 6 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

LOVELY LARIAT

This lovely lariat necklace will charm you with its simple elegance. A Swarovski stone-set floral motif decorates the large central circle, through which three long strands of beads pull through to catch the necklace into place. You will learn simple bead weaving, stringing and setting of stones all in one class. Suitable for all skill levels. A \$60 kit is required from the tutor on the day.

Crystal Gaye

05310 Sat., 10am 27 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

GARDENING

SUSTAINABLE GARDENING – BOTANIC GARDENS

Create a water-wise, bold and beautiful garden landscape by learning from the outdoor classrooms of the SA Water Mediterranean Garden and Sustainable Landscapes of our own Adelaide Botanic Garden.

Stephen Poole

02101 Sun., 9am 11 April, 4 wks x 3 hrs (not 25/4)
FEE: \$75, disc. \$68, conc. \$54 BOTANIC GARDEN

PRACTICAL HOME GARDENING

Focuses on design and layout, ecological principles and patterns in nature, water-wise gardens, soils, composting, plant selection, placement, natives, food gardens, pruning and garden irrigation.

Stephen Poole

02109 Sat+Sun., 9.30am 6 February, 2 days x 6 hrs
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

BEGINNERS HOME HYDROPONICS

Introduces water and nutrients, suitable food plants for growing and how to purchase and design your own system.

Alireza Rivandi MA(Hort)

02115 Sun., 9am 31 January, 1 sess x 4 hrs

02115A Sat., 9am 20 March, 1 day x 4 hrs
FEE: \$34, disc. \$31, conc. \$25 WEA CENTRE

PERMACULTURE – A SUSTAINABLE LIFESTYLE

Permaculture is the conscious design of sustainable human landscapes and habitats that produce an abundance. Learn new, exciting and practical ways to live more self-reliantly.

Stephen Poole

02118 Sun., 9.30am 28 February, 1 day x 6 hrs

FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

SMALL SCALE GARDENING

For the small garden, courtyard, patio or balcony. Covers raised garden beds and pots, water features, food gardens and community gardens.

Stephen Poole

02130 Thu., 6pm 25 February, 4 wks x 2.5 hrs

FEE: \$66, disc. \$60, conc. \$49 GLANDORE COMM. CENTRE

WEA Clubs Inc■ **Jane Austen Group**

Meets third Saturday afternoon of the month at the WEA Centre. Contact **Madge 8431 6698**

■ **The French Connection**

French Scrabble. Meets 10am on second and fourth Tuesdays of the month at the WEA Centre. Contact **Myrna 8276 6577**

■ **SA Microprocessors**

Computer hardware and software, electronics, artificial intelligence, networks. Meets on the second Friday of the month at the WEA Centre. Contact **Rick 8379 3445** or see <http://samg.yi.org/>

■ **Ramblers**

Full day walks, fortnightly on Sundays. Contact **Mary 8264 5974**

■ **Scribblers' League**

Meets first and third Friday of the month 2-4pm at the WEA Centre. Contact **Margaret 8263 1842** or **Helen 8356 9887**

LAND USE AND FARMING

AQUAPONICS 101

Aquaponics is the combination of recirculation aquaculture and hydroponics. Grow plants and fish in one integrated system. Optional 3-hour field trip. \$40 payable to tutor.

Andrew De Dezseray GradDipSc MSc

03310 Sat., 1.30pm 6 February, 3 wks x 3 hrs + opt FT
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE

FOOD AND WINE

PRACTICAL COURSES

The following courses held mainly at high schools are **PRACTICAL courses**. The first night only is a demonstration session, then students prepare recipes themselves under the guidance of the tutor. Students must provide their own ingredients and various cooking utensils unless specified otherwise.

AUTHENTIC SPANISH CUISINE

For a true Spanish experience learn to cook dishes like Albondigas, Pinchitos, Murunos and more. Buen apetito!

Judith Betros CertIIICommercialCookery

07002 Tue., 7pm 2 February, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 LORETO COLLEGE

07002A Tues., 7pm 2 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 MITCHAM GIRLS HS

AUTHENTIC TAPAS

A unique, fun way to eat. Prepare genuine Tapas and share them over a glass of Sangria!

Manuel Garcia Grad DipT

07005A Tues., 7pm 23 February, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NAZARETH COLLEGE

EXOTIC FLAVOURS OF MOROCCO

Prepare sun-drenched vegetables, rare and aromatic spices and succulent meals with delicate fragrances.

Anouar Senah

07009 Wed., 7pm 10 February, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 HENLEY BEACH HS

FEAST ON MOROCCAN

Join Chef Anouar Senah for this hands-on class in which you will create a sumptuous Moroccan banquet. Anouar's passion for teaching and cooking will lead an enjoyable afternoon of preparing, and then sharing, a selection of Moroccan dishes to be enjoyed by all. Fee includes all of your ingredients. Sorry, no concessions.

Anouar Senah

07010 Sun., 2pm 28 March, 1 sess x 4 hrs

FEE: \$79, no disc. or conc. ROSS SMITH SEC. SCH. (NORTHFIELD)

TRADITIONAL GREEK CUISINE

Traditional cooking from the heart of Greece. Prepare mouthwatering entrees and delectable main courses and sweets to die for!

Dora Koutrokois

07011 WEDNESDAY., 7pm 24 February, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 MITCHAM GIRLS HS

FEAST ON THAI

Create a sumptuous Thai banquet. Includes ingredients (no discount or concession).

Yukiko Anschutz Cert3Comcook ProfAsianCookCert

07014 Sun., 2pm 14 March, 1 sess x 4 hrs

FEE: \$79, no disc. or conc. ROSS SMITH SEC. SCH. (NORTHFIELD)

PRACTICAL THAI

Cook curries pungent with herbs and spices and salads that are sweet, salty, sour and hot all at once.

Laiat Keighran

07015E Wed., 7pm 24 February, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 LORETO COLLEGE

07015H Wed., 7pm 7 April, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NAZARETH COLLEGE
Nattasiri Collignon Ba Bus Admin

07015C Thur., 7pm 28 January, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 MITCHAM GIRLS HS

07015D Tues., 7pm 23 February, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 SEAVIEW HIGH SCHOOL

07015F Thurs., 7pm 4 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 HENLEY BEACH HS

Nukun Som-asa Thai Cookery Cert

07015G Fri., 9am 5 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 MITCHAM GIRLS HS

Judy Cocking

07015B Mon., 7pm 1 March, 4 wks x 3 hrs (not 8/3)

FEE: \$89, disc. \$81, conc. \$73 NAZARETH COLLEGE

PRACTICAL INDIAN

Savour authentic Indian entrees, main courses and desserts using readily available ingredients.

Maria Almeida BEdu

07016B Thurs., 7pm 11 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 MITCHAM GIRLS HS

Promila Gupta

07016A TUESDAY., 7pm 2 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NORWOOD-MORIALTA HS

Ajita Thakur

07016C Wed., 7pm 10 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 ROSS SMITH SEC. SCH. (NORTHFIELD)

07016D Thurs., 7pm 18 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 LORETO COLLEGE

PRACTICAL JAPANESE

Try your hand at making classic Japanese dishes like miso soup, sushi and teriyaki. Use ingredients like wasabi, wakame and nori to create your own tasty and healthy Japanese cuisine.

Yukiko Anschutz Cert3Comcook ProfAsianCookCert

07017 Tues., 7pm 9 March, 4 wks x 3hrs

FEE: \$89, disc. \$81, conc. \$73 ROSS SMITH SEC. SCH. (NORTHFIELD)

PRACTICAL SOUTH INDIAN COOKING

South Indian cuisine is as hot and spicy as it is healthy and nutritious. Venture down south and explore the authentic flavours of this popular cuisine.

Promila Gupta

07018 Thurs., 7pm 11 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NAZARETH COLLEGE

PRACTICAL CHINESE

Why take away when you can cook classic Chinese food from home? Learn the technique of tenderising by simple methods of cutting and marinating meat without artificial flavouring using the correct blend of sauces and herbs.

Judy Cocking

07021 Fri., 7pm 5 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NAZARETH COLLEGE

PRACTICAL VIETNAMESE

Make authentic dishes using typical ingredients to produce interesting flavour combinations and great taste sensations.

Trung Van Tran

07055 WED., 7pm 10 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NAZARETH COLLEGE

PRACTICAL MALAYSIAN COOKING

An introduction to the food and culture of Malaysia. This course will cover recommendations on basic cooking utensils and ingredients that make up Malaysian cuisine.

Maria Almeida BEdu

07054 Fri., 7pm 5 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 HENLEY BEACH HS

share
YALUMBA
AUSTRALIA'S OLDEST FAMILY OWNED WINERY

FAST INDIAN FOR SUMMER

Prepare 'fast' Indian dishes for the summer months. Desserts and beverages will also be explored.

NEW

Ajita Thakur

07023 Wed., 7pm 3 February, 4 sess x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NORWOOD-MORIALTA HS

INTERNATIONAL GOURMET VEGETARIAN

Take a culinary trip around the world and experience delicious vegetarian cuisines from a range of international destinations.

Natalie Playford BA(Hons) DipEd CommCookCertII

07051 Mon., 7pm 22 February, 4 wks x 3 hrs (not 8/3)

FEE: \$89, disc. \$81, conc. \$73 MITCHAM GIRLS HS

HOME CHEESEMAKING BY UDDER DELIGHTS

In this informative and introductory class, make your own feta with the option of making ricotta from the whey and camembert from the feta. Course fee covers bulk of materials. Sorry no concessions.

Sheree Sullivan

07026A Sat., 9.30am 27 February, 1 X 3.5 hrs**07026B Sat., 9.30am 10 April, 1 sess x 3.5 hrs**

FEE: \$99, no disc. or conc. LORETO COLLEGE

SIMPLY SEAFOOD

Learn a range of quick and simple methods to prepare and cook delicious fish and shellfish dishes. Recipes include various restaurant-style dishes.

Judith Betros CertIII Commercial Cookery

07033 Thurs., 7pm 11 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NORWOOD-MORIALTA HS

COOKING MADE EASY

Serve up delicious, easy meals for family and friends.

Susan Macdonald

07035 Tues., 7pm 2 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 LORETO COLLEGE

PRACTICAL RUSTIC ITALIAN COOKING

Taste and prepare the authentic culinary delights of the rural regions of Rome.

Miranda Lepore

07036 Wed., 7pm 3 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 NORWOOD-MORIALTA HS

HOMEMADE PASTA AND PIZZA

Make lasagne sheets, ravioli, fusilli, perfect pizza and focaccia. Some sauce recipes included. If you have a pasta-making machine, bring it along.

Miranda Lepore

07037 Thurs., 7pm 11 March, 3 wks x 3 hrs

FEE: \$75, disc. \$68, conc. \$53 ROSS SMITH SEC. SCH. (NORTHFIELD)

FAVOURITE TASTES FROM LEBANON

Fabulous favourites from Lebanon – falafel, tabbouleh and more! Take a very tasty journey from savouries to delicious sweets.

Amal Rasheed

07038 Wed., 7pm 24 March, 4 wks x 3 hrs

FEE: \$89, disc. \$81, conc. \$73 MITCHAM GIRLS HS

PRACTICAL CAKE DECORATING

Ever wanted to decorate your own sponge or chocolate cake for that special occasion? Under the guidance of our experienced tutor, see how easy it can be.

Pamela Lane

07041 Tues., 7pm 9 March, 4 wks x 2.5 hrs

FEE: \$78, disc. \$70, conc. \$62 HENLEY BEACH HS

CAKE DECORATING SPECIAL OCCASIONS – EASTER

This course is designed for beginners yet will have you decorating like a professional in no time! A \$20 kit is available from the tutor and payable at the first session.

Pamela Lane

07042 Wed., 7pm 10 March, 4 sess x 2.5 hrs

FEE: \$78, disc. \$70, conc. \$62 HENLEY BEACH HS



Demonstration Courses are held at the WEA Centre.

CREATIVE CUP CAKES

Fondant, ganache, frostings and more. Bring your own cupcakes and a few other utensils.

Pamela Lane

07044 Sun., 10am 14 February, 1 sess x 3 hrs

FEE: \$45, disc. \$41, conc. \$35 WEA CENTRE

DECORATING WITH CHOCOLATE

Bring out your creative side using chocolate. Learn the basics of making chocolate cake collars, decorating strawberries, piping chocolate designs, decorating and making shapes, ribbons and garnishes, along with using chocolate modelling clay! Ingredients \$35 to tutor.

Anna Hofmeyer Advanced Dip of Bus(Tourism)

07045 Sat., 10am 13 March, 1 sess x 3 hrs

FEE: \$34, no disc. or conc. WEA CENTRE

AUTHENTIC WOOD-FIRED OVEN COOKING

Demonstration by Paris Andrews from Amore Wood-fired Ovens. Learn this passionate and traditional method of cooking! Learn skills from lighting the wood oven to making your own Margherita pizza to take home. Paris will prepare a sauce and dough and pizza samples will be enjoyed throughout the evening. Course fee covers all ingredients and pizza costs.

Paris Andrews

07057A Fri., 6pm 19 March, 1 sess x 3.5 hrs

FEE: \$89, no disc. or conc. WEA CENTRE

DEMONSTRATION COURSES

The following courses held at the WEA Centre are DEMONSTRATION courses. Students will have the opportunity to taste the dishes prepared. Recipe notes provided.

A TASTE OF MALAYSIAN

Malaysian food is a delectable blend from diverse cultures predominantly Malay, Chinese and Indian. The demonstration will introduce you to some traditional favourites like Nasi Lemak, Fried Noodles, Rendang and Dhal. You will be given detailed explanations of ingredients, cooking methods and meticulously compiled recipes. Come and enjoy the experience and take home an authentic taste of Malaysia.

Maria Almeida BEdu

07003 Fri., 10am 26 February, 1 sess x 3 hrs

FEE: \$40, no disc. or conc. WEA CENTRE

THAI FOOD FAST

There's no need to spend hours preparing tasty Thai food. Our tutor, who comes from Thailand, will demonstrate authentic dishes which are quick and easy, for all to sample.

Nukun Som-asa Thai Cookery Cert

07007 Sat., 10am 27 March, 1 sess x 3 hrs

FEE: \$40, no disc. or conc. WEA CENTRE

AN EVENING IN MOROCCO

The cooks in the royal kitchens of Fez, Meknes and Marrakech have refined Moroccan cuisine over the centuries and created the basis of what is known as Moroccan cuisine today. Chef Anouar will take you on a cultural journey demonstrating a selection of exotic dishes which will be available for tasting.

Anouar Senah

07025 Fri., 6.30pm 29 January, 1 sess x 3 hrs**07025A Fri., 7pm 9 April, 1 sess x 3 hrs**

FEE: \$49, no disc. or conc. WEA CENTRE

WINE AND BEVERAGE COURSES**CIDER: DRINK IT, MAKE IT, COOK WITH IT**

A picnic lunch of SA food and an apple wine tasting will be followed by a hands-on session of making sparkling French style cider or farmhouse-style scrumpy. Burra is a two-hour drive from Adelaide and you will need to find your own transport.

Tony Thorogood BA(Hons)

07056 Sat., 10.30am 27 March, 1 day x 6 hrs

FEE: \$49, no disc. or conc.

UNDERSTANDING WINE

In a pleasant, relaxed environment, discover how to identify wine qualities and styles. Learn about the basic winemaking process in terms of how it influences taste.

Jeff Wilson

07059 Wed., 5.45pm 3 March, 5 wks x 2 hrs

FEE: \$96, no disc. or conc. WEA CENTRE

COFFEE : ESPRESSO AND MORE

Use an espresso machine machine to make a range of hot coffees. A 'must do' for owners of home espresso machines. BYO machine if you choose.

Tony Gentilcore

07022 Tues., 6.30pm 30 March, 2 wks x 3 hrs

FEE: \$71, disc. \$64, conc. \$56 WEA CENTRE

“ A wonderful course; teaching all the best ways to cook, inspire and learn. As usual, it was excellent. Love the course and the tutor! ”

International Gourmet Vegetarian – Natalie Playford



Bollywood Dance PHOTO: JODIE NASH

DANCING

If you have any doubts about your health, consult your doctor before enrolling in these courses. Showers are available at the WEA Centre.

JAZZ BALLET

An enjoyable, creative way of combining dance and exercise, jazz ballet develops style, improves co-ordination, and tones muscles. The course starts with basic jazz ballet movements and progresses to a wide and varied number of steps and routines. No previous dance experience required.

Kylie Braddock

05623 Sun., 10am 28 February, 8 wks x 1.25 hrs
(not 7/3, 4/4 or 25/4)
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE

BOLLYWOOD DANCE

Have fun with this Indian style made popular by Bollywood movies. Learn steps and combinations using various hand and arm movements incorporated with footwork for a high energy, low impact workout.

Belly Dance Arabesque

05615A Thu., 6.15pm 4 March, 8 wks x 1.5 hrs
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

A TASTE OF BOLLYWOOD AND BELLY DANCE

Easy to follow steps and combinations using both styles will give you a fun, low impact workout. Designed to give a taste of these popular dance styles.

Belly Dance Arabesque

05627 Wed., 6.15pm 3 March, 8 wks x 1.5 hrs
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

TRIBAL BELLY DANCING

Based on traditional belly dance, but drawing on ethnic influences of the gypsy trail from India to Spain via the Middle East.

Belly Dance Arabesque

05628 Mon., 8pm 22 February, 8 wks x 1.5 hrs
(not 8/3, 5/4 or 25/4)
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

BELLY DANCING: BEGINNERS 1

This ancient dance form combines the discipline of a fitness program with the grace and beauty of dance.

Belly Dance Arabesque

05629A Tue., 6.15pm 23 February, 8 wks x 1.5 hrs
05629B Thu., 11am 4 March, 8 wks x 1.5 hrs
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

TAP DANCING: BEGINNERS

Learn a variety of styles from the Gene Kelly/Fred Astaire era to modern jazz tap.

Tahnee Marotta Cert 3 & 4 Fitness

05631A Sat., 10am 13 March, 8 wks x 1 hr
(not 3/4+24/4)
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

TAP DANCING: INTERMEDIATE

For those who have mastered basic tap.

Tahnee Marotta Cert 3 & 4 Fitness

05632A Sat., 11am 13 March, 8 wks x 1 hr (not 3+24/4)
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

NIGHTCLUB DANCING

Love to dance – but have two left feet? Not a ballroom dancing, hip-hop or rap dance course but one that shows you how easy it is to dance to the Top 40 dance hits.

Laine Evans

05633B Tue., 8pm 9 March, 6 wks x 1.5 hrs
FEE: \$61, disc. \$55, conc. \$45 WEA CENTRE

The following courses are held at Gwenda Forrester's Danceland.

BALLROOM DANCING: BEGINNERS

In a friendly social environment learn Modern (waltz, foxtrot), Latin (samba, cha-cha) and Old Time (King's Waltz, barn dance, military two-step).

John Cini

05601 Tue., 8pm 16 February, 8 wks x 2 hrs
FEE: \$92, disc. \$85, conc. \$69

ADVANCED BALLROOM DANCING 1

For those who have started to move beyond the beginner's stage.

John Cini

05602 Tue., 7pm 16 February, 8 wks x 1 hr
FEE: \$58, disc. \$53, conc. \$43

ROCK 'N' ROLL

In response to continued demand, we are pleased to offer one hour devoted to Rock 'n' Roll. Suitable for beginners or those with some experience.

John Cini

05636 Thu., 7pm 18 February, 8 wks x 1 hr
FEE: \$58, disc. \$53, conc. \$43

LATIN AMERICAN AND TANGO

Learn Latin American, Cha-Cha, Mambo, Samba, Cuban, Rumba, Jive and Tango.

John Cini

05638 Thu., 8pm 18 February, 8 wks x 2 hrs
FEE: \$92, disc. \$85, conc. \$69

FITNESS AND RECREATION

If you have any doubts about your health or physical ability, consult your doctor before enrolling in these courses. Showers available at WEA Centre.

AEROBIC KICKBOXING

An energising, non-contact class that combines boxing, martial arts and traditional aerobics moves to improve cardiovascular fitness, body shape, flexibility and mind-body awareness.

Academy of Self Defence

05428 Tue+Thu., 7am 9 February, 20 sess x 45 min
FEE: \$99, disc. \$90, conc. \$74 WEA CENTRE
05428A Wed., 7am 10 February, 10 sess x 45 mins
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE

TRI FITNESS – BEGINNERS

This class will have 20 minutes low impact, 20 minutes yoga and 20 minutes pilates and stretches. Improve your stamina, flexibility and strength and burn calories.

Letitia Anderson Fitness Leader RDA IYTA WLC

05434A Mon., 12pm 8 Feb., 8 wks x 1 hr (not 8/3+5/4)
05434B Wed., 12pm 17 February, 8 wks x 1 hr
05434C Fri., 7.15am 19 Feb., 8 wks x 1 hr (not 2/4)
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

STRETCH AND STRENGTHEN

NEW

It's not the splits! Flexibility is a quarter of fitness.

This gentle stretch class uses a resistance band for strength. Keeping flexible and fit helps posture, prevents injury and relieves stress. Fee includes resistance band.

Letitia Anderson Fitness Leader RDA IYTA WLC

05435 Fri., 9.30am 19 Feb., 8 wks x 1.25 hrs (not 2/4)
FEE: \$74, disc. \$68, conc. \$57 WEA CENTRE

INTRODUCTION TO YOGA

This one-day workshop will introduce you to the benefits of Yoga in your life. Learn about breathing, postures, relaxation and meditation. Treat yourself to a calming day – then perhaps enrol in a longer course to further your skills.

Linda Burr Dip.T. IYAA Dip.T. IYP.NZ

05406 Sun., 9.30am 21 February, 1 day x 5 hrs
FEE: \$40, disc. \$36, conc. \$30 WEA CENTRE

EARLY MORNING YOGA

A great way to start the day! Learn relaxation and correct breathing. Improve suppleness, control the mind and body.

Beth Biar IYTA

05407 Wed., 7am 17 February, 7 wks x 1.25 hrs
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE

YOGA

Yoga teaches relaxation and correct breathing and improves suppleness and control of the mind and body. Yoga can improve your life whatever your age.

Carla Andrew

05402B Mon., 7pm 1 Feb., 6 wks x 1.5 hrs (not 8/3)
FEE: \$66, disc. \$60, conc. \$49 MAWSON CENTRE,

MAWSON LAKES

Beth Biar IYTA

05402C Wed., 10am 17 February, 7 wks x 1.25 hrs
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE

Rajendra Pandey

05402D Mon., 6.15pm 22 February, 7 wks x 1.25 hrs (not 8/3+5/4)
FEE: \$66, disc. \$60, conc. \$49 NORWOOD-MORIALTA HS

**Enrol online
24 hours**

www.wea-sa.com.au

YOGA FOR YOUR BACK

Yoga practices offer the best method of self-maintenance of the spine. Learn to stretch, relax and strengthen your back to ease back pain. This course includes spinal structure and imbalance, diet, bone health, back care and awareness of the mind/body connection. *Not suitable for anyone taking painkillers or those with medically proven herniated discs.*

Beth Biar IYTA

05401 Sun., 10am 14 February, 1 day x 5 hrs
FEE: \$40, disc. \$36, conc. \$30 WEA CENTRE

YOGA PLUS

A gentle class of yoga and pilates. Use the control, postural alignment, core strength and co-ordination of pilates to support a basic yoga practice for balance of mind, body and spirit. *Not suitable if you have unstable joints or herniated discs.*

Letitia Anderson Fitness Leader RDA IYTA WLC

05413 Mon., 9.30am 8 February,
8 wks x 1.25 hrs (not 8/3+5/4)
05413A Fri., 6.50pm 12 Feb., 8 wks x 1.25 hrs (not 2/4)
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE

THE ART OF FENCING

Learn the fundamentals of an ancient combat art from the world's most enthusiastic fencer. No equipment required.

James Mcanna BA, NCAS Level 2

05454 Wed., 7.15pm 17 February, 8 wks x 1.25 hrs
FEE: \$75, disc. \$68, conc. \$55 BRIGHTON PRIMARY SCH.

PILATES

Pilates is highly regarded as an alternative training regime to tone and balance muscles and increase flexibility and strength without bulk. Try what the Hollywood stars flock to. This non-clinical Pilates class is suitable for beginners and is designed to give you many moves to help improve posture, flexibility and ensure firmer stomach core muscles. Floor mats are provided. *Not for anyone with medically proven herniated discs or who is pregnant.*

Letitia Anderson Fitness Leader RDA IYTA WLC

05410B Fri., 12pm 19 February, 8 wks x 1 hr (not 2/4)
05410C Tue., 12pm 23 February, 8 wks x 1 hr
05410D Sat., 12.15pm 27 February,
6 wks x 1.25 hr (not 6/3+3/4)
05410E Sat., 1.45pm 27 February,
6 wks x 1.25 hr (not 6/3+3/4)
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

Lynette Willis Fitness Instructor

05410F Sun., 12.15pm 28 February,
6 wks x 1.25hr (not 7/3+4/4)
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

T'AI CHI

This ancient Chinese art combines meditation, physical culture and mind/body co-ordination in a gentle exercise.

George H. Lee

05403 Mon., 6pm 8 Feb., 8 wks x 1.5 hrs (not 8/3+5/4)
05403A Mon., 1.15pm 15 February,
8 wks x 1.5 hrs (not 8/3+5/4)
05403B Thu., 8pm 4 March, 8 wks x 1.5 hrs
FEE: \$75, disc. \$68, conc. \$55 WEA CENTRE

TAKE THE PLUNGE!

For adult non-swimmers who want to learn the three basic strokes – freestyle, breaststroke and backstroke in an indoor heated pool. Individual attention. Held at Gilles Plains.

Shayne Robinson

05408 Fri., 7.15pm 19 February, 8 wks x 1 hr (not 2/4)
FEE: \$104, no disc. or conc. ROYAL SOC. FOR THE BLIND

TAKE THE PLUNGE 2

For those who have done *Take the Plunge* and want more.

Shayne Robinson

05409 Fri., 7.15pm 7 May, 8 wks x 1 hr
FEE: \$104, no disc. or conc. ROYAL SOC. FOR THE BLIND

ARCHERY

Target archery blends physical exercise and mental concentration at varying levels of competition to suit all ages and abilities. Hands-on introduction leading to membership of a club if desired. Equipment supplied. Held at North Adelaide.

Adelaide Archery Club

05411 Sun., 9.30am 21 February, 3 wks x 2 hrs
FEE: \$82, no disc. or conc. ADELAIDE ARCHERY CLUB

GOLF

Learn to play golf or refine your swing. Covers the fundamentals in an informal group environment. Enjoy five one-hour lessons plus a putting lesson and a round of Par 3. 5 irons supplied if needed, or BYO.

No sessions 4 and 25 April.

Craig Davis

05460B Sun., 8.45am 14 March, 5wks x 1hr + FT
05460C Sun., 10am 14 March, 5wks x 1hr + FT
05460D Sun., 11.15am 14 March, 5wks x 1hr + FT
FEE: \$104, no disc. or conc. NORWOOD-MORIALTA HS

INTRODUCTION TO GOLF CROQUET

A modern, very popular game, easily learnt and much faster than traditional croquet. Sociable, good exercise and great fun. All equipment provided.

Norwood Croquet Club SACA Accredited

05456 Wed., 7pm 24 February, 3 wks x 2 hrs
FEE: \$46, disc. \$42, conc. \$34 NORWOOD CROQUET CLUB

LEARN TO PLAY TENNIS

Learn the basic techniques of a tennis game: the forehand, backhand, serve, volley (net) and smash.

Steven Branson

05415 Sun., 2pm 21 February, 4 wks x 2 hrs (not 7/3)
FEE: \$75, disc. \$68, conc. \$55 SOUTH PARKHOLME
TENNIS CLUB

INTRODUCTION TO KAYAKING

Learn techniques, safety, types of canoes/kayaks and their practical use with your qualified ACF instructor. Different styles of kayaks will be available to try.

Earth Adventure

05420 Sat., 9am 27 February, 1 sess x 4 hrs
FEE: \$75, no disc. or conc.

LEARN TO ROW

A basic, practical introduction to this pleasurable and fitness-conscious activity. Skills acquired will enable students to join a rowing club should they desire. Fee includes lectures, instruction and hire of equipment. Students should be reasonably fit and able to swim. It is important that students attend all sessions.

Torrens Rowing Club Inc.

05450 Sun., 9am 7 February, 4 wks x 2 hrs
FEE: \$104, no disc. or conc.

DRAGONBOAT RACING

Skills acquired will enable you to join a team and participate in local, interstate and overseas men's, women's and mixed races at a level to suit yourself.

Adelaide Seadragons Club Inc

05452 Sat., 11am 20 Feb., 4 wks x 1.5 hrs (not 6/3)
FEE: \$46, disc. \$42, conc. \$34 WEST LAKES AQUATIC RSV

ROCKCLIMBING AND ABSEILING: INTRODUCTION

Discover the thrills of rockclimbing and abseiling under controlled conditions. A short safety and theory session is followed by practice. Safety ropes are operated and supervised by instructors throughout. Hire of equipment is included in the fee. **Note: Insurance form will need to be filled in BEFORE lesson starts.**

Earth Adventure

05465 Sun., 9am 28 February, 1 day x 6 hrs
FEE: \$133, no disc. or conc.

METAPHYSICAL MATTERS**PSYCHIC DEVELOPMENT**

Have you had a dream or hunch that then unfolded in real life, or experienced deja vu? Everyone has some intuitive ability and this can be enhanced with training and practice.

Dawn Atkins DipProfCounselling

06006 Sat., 10am 27 February, 1 day x 6 hrs
FEE: \$47, disc. \$43, conc. \$34 WEA CENTRE

CRYSTAL HEALING

Discover how the vibrant colours and energy of crystals can be used to support healing, as a focus in meditation, for intuitive storytelling and a creative approach to problem solving.

Dawn Atkins DipProfCounselling

06012 Sun., 10am 28 March, 1 day x 6 hrs
FEE: \$47, disc. \$43, conc. \$34 WEA CENTRE

AURAS: BODIES OF LIGHT

The human aura is a fascinating natural energy field. Learn about auric bodies – the vital aspect and problems. Explore auric vision, colours and chakras. Exercises will develop your awareness and sensitivity to expand your understanding and enjoyment of this exciting subject.

Lynette Miller

06017 Sat., 10am 13 February, 1 day x 6 hrs
FEE: \$47, disc. \$43, conc. \$34 WEA CENTRE

A TASTE OF TAROT

A step by step approach. A brief history of the 78 cards, with emphasis on Numerology, is covered. Play the Tarot Game and give yourself and others readings. \$30 kit from tutor.

Elizabeth Wheldrake BEd DipT

06027 Sat., 9am 27 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

SPIRIT GUIDES

Introduces the fundamental principles and practices of communicating with guides. Learn open, honest methods to channel intuition and inner sense and pave the way to unlock/open communication with guides.

Maria Jones

06033A Sat., 9am 27 March, 2 wks x 3.5 hrs (not 3/4)
FEE: \$80, disc. \$72, conc. \$56 WEA CENTRE

CONNECT, COMMUNICATE AND HEAL WITH ANGELS

Explore ways that we can work with angels in everyday life. Practical exercises and information.

Jane Nicholson BAComStudies RN GradDipHom

06035 Sat., 9.30am 20 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

ATTRACTING IDEAL RELATIONSHIPS

Define what it is that you want in relationships and friendships. Attract supportive relationships and networks, and increase self-knowledge.

Michelle Mitchell CertIVTraining/Assessing

06038 Sun., 9.30am 28 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

COMMUNICATION WITH THE OTHER SIDE

Have you ever wanted to try and communicate with someone who has passed over? This introductory course offers you a safe and easy method of communication.

Maria Jones

06045A Sat., 1pm 27 March, 2 sess x 3.5 hrs (not 3/4)
FEE: \$80, disc. \$72, conc. \$56 WEA CENTRE

Disability Enrolment Services

For assistance to attend courses contact **Carolyn** on TTY **8224 0189**

or **PHONE 8223 1272** or **EMAIL des@wea-sa.com.au**

FOR WOMEN

SEPARATION: PRACTICAL CONSIDERATIONS

Approaching separation or divorce? This short course for women covers issues including: financial matters, children, property, superannuation, social security, wills and other practical matters. Our tutors are a lawyer practising in Family Law and a Financial Planner.

Pam Gray B.Sc., Dip.Ed, MBA, CFP, Dip.FP
Megan Dansie BA, LLB, Grad.Dip Legal Pr

07707 Wed., 7pm 10 February, 1 sess x 3 hrs
FEE: \$34, no disc. or conc. WEA CENTRE

PUBLIC SPEAKING FOR WOMEN IN A DAY

Boost your confidence and strengthen the message in any spoken situation in this one day workshop. A condensed version of our *Public Speaking for Women*.

Public Speaking Training BA.LLB

07733 Wed., 9.30am 31 March, 1 day x 6 hrs
FEE: \$69, disc. \$62, conc. \$49 WEA CENTRE

HOME MAINTENANCE FOR WOMEN

Learn how to do minor repairs around the house. Know what tools and materials to use. Hands-on basic skills and time for questions. Includes a \$12 materials fee.

Rose Squire

07738 Tue., 6.30pm 16 February, 4 wks x 3 hrs
FEE: \$99, disc. \$93, conc. \$75 WEA CENTRE

SHARING WOMEN'S WISDOM

Share, learn, honour and connect with other women on a soul level in a workshop that you will always remember. Feel honoured for exactly who you are, and how you are.

Michelle Mitchell CertIVTraining/Assessing

07776 Wed., 9.30am 3 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

WOMENS TAKE-A-DAY

A series of low price workshops – complete all for maximum enjoyment and improved skills. Held at the WEA Centre. One low fee of \$34. No discounts/concessions. Lynette Miller.

RAISING SELF-ESTEEM

Nurture your self-esteem, build your confidence to tackle and enjoy life's challenges. Identify strengths, focus on areas that may need improvement and set goals for increasing self-esteem.

07771A Tue., 9.30am 13 April, 1 day x 6 hrs

POSITIVE THINKING

Identify the ways in which negative thinking runs your life. Challenge your present beliefs about yourself and others and look at strategies for action rather than inaction.

07772A Tue., 9.30am 20 April, 1 day x 6 hrs

BECOMING ASSERTIVE

Learn the differences between aggressive, assertive and passive behaviours and the consequences of these behaviours. Express your opinions and practise skills to achieve what you want.

07773A Tue., 9.30am 27 April, 1 day x 6 hrs

HANDLING CONFLICT

Past experiences affect the way we handle conflict. Explore different ways of handling conflict, including expressing your feelings, fear of aggression, building self-confidence and improving communication.

07774A Tue., 9.30am 4 May, 1 day x 6 hrs

PERFORMING ARTS AND HOBBIES

BALLOON ANIMALS

Everyone loves balloon animals! Great for parties, decorations and special events. Learn to make animals, hats, flowers and more. Kit to be purchased prior to course for \$37.

Kim Cakebread

05519 Fri., 6pm 26 March, 1 sess x 3.5 hrs
FEE: \$36, disc. \$33, conc. \$27 WEA CENTRE

VOICE, VOICE, VOICE

What makes a voice interesting? How can it be made more interesting? Exploring breathing and vocal techniques, this course will allow students to contact and hear their own natural voice and develop a 'repertoire' of warm-up techniques. Exercises in resonance, pitch, articulation and breathing will increase the range and 'tone' of the voice, as well as building up vocal stamina.

Nivven Barlow B.Performing Arts (Theatre)

05522A Mon., 6pm 15 March, 4 wks x 1.5 hrs (not 5/4)
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

MAGIC FOR BEGINNERS

Learn card tricks, mind reading, sponge balls, how to levitate off the ground and more! Perfect for something unique to do or as an entry into the professional world of magic. \$16 kit required from the tutor on the day.

Ross Williams

05517 Sat., 10am 27 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

CRYPTIC CROSSWORDS

Do you like solving problems? Do you enjoy the fun of puzzles? Learn the techniques and language of the ultimate puzzle, the cryptic crossword – a delightful way to stretch your mind and stimulate your brain.

Richard Burchnall

05561 Mon., 8pm 22 February, 5 wks x 1.5 hrs (not 8/3)
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

PERSONAL STYLE

DRESS YOUR BEST – FOR WOMEN

Achieve style and confidence. Dress well using fabric, colour and accessories, taking into consideration figure shape, age and lifestyle. Create a versatile wardrobe on a moderate budget.

Sharon White

07803A Sun., 9.30am 21 March, 1 day x 6 hrs
FEE: \$58, disc. \$53, conc. \$43 WEA CENTRE

HAIRCUTS FOR YOUR FAMILY

Learn the basic skills required to take care of your family's hair. Each week includes demonstrations with hands-on, practical time during the last two sessions.

Elizabeth Brown

07804 Th., 5.45pm 11 March, 5 wks x 2 hrs
+ 2 wks x 2.5 hrs
FEE: \$87, disc. \$79, conc. \$64 WEA CENTRE

MAKING THE MOST OF YOUR HAIR

Covers styles to suit different faces and lifestyles. Find out which ones suit your hair so it looks good and stays that way. Discover what different styling products do and which ones suit your hair. Practical time available.

Elizabeth Brown

07810A Sat., 10am 13 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

HENNA TATTOOING

Learn about the history and traditions involved with this beautiful temporary body art. Find out what **natural henna** is, how to apply and care for traditional or trendy tattoos. \$25 kit from tutor. Allergy testing included.

Rinku Gohil Dip.Beauty Therapy, B.Com

07813A Sun., 9.30am 14 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

MAKEUP MADE EASY – FOR WOMEN

Apply makeup like a professional. Step by step, easy to follow application. Shape your face with blush and highlighters. Create natural or more sophisticated eye looks.

Sharon White

07807B Sun., 9.30am 31 January, 1 day x 6 hrs
07807D Sat., 9.30am 20 February, 1 day x 6 hrs
07807E Sun., 9.30am 14 March, 1 day x 6 hrs
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE
07807C Sun., 9.30am 7 February, 1 day x 6 hrs
FEE: \$66, disc. \$60, conc. \$49 COVE YOUTH

SERVICES CENTRE

Lyn Phillips Dip.Skin&Beauty

07807F Sun., 9.30am 21 March, 1 day x 6 hrs
FEE: \$66, disc. \$60, conc. \$49 MAWSON CENTRE,

MAWSON LAKES

07807G Sun., 9.30am 18 April, 1 day x 6 hrs
FEE: \$66, disc. \$60, conc. \$49 WEA CENTRE

FACE PAINTING

Through hands-on experience, broaden your understanding of face painting and improve your creative skills. Your new skills will make you sought after for children's and adult parties, charity functions and photographic work. A fun workshop. Materials cost approximately \$85.

Susan Harris

07809A Tue., 6.30pm 2 March, 2 wks x 3 hrs
07809B Wed., 6.30pm 31 March, 2 wks x 3 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

FOR ONE NIGHT ONLY

STATELY HOMES OF SOUTH AUSTRALIA

Stately homes are more than just buildings providing shelter; they can be architectural symbols of wealth, taste and authority. They are places of power, culture and class. Whilst planned for domestic use, spatial arrangements, style, external design, scale and elaboration exceed the practical functions. Vestibules, ballrooms, libraries and billiard rooms indicate a wider social purpose. Illustrated with images of nineteenth-century homes from across South Australia. Refreshments included.

Robert Stone BArch(Hons) GradDipEdAdmin

04201 Fri., 7pm 23 April, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

GREEK GODS AND THEIR SANCTUARIES

Greek religion, for all its oddities and deficiencies, was responsible for some of the world's greatest art and architecture. Great painters like Botticelli, Veronese and Rubens made their ancient stories subject of their paintings. Everyone has heard of the sanctuaries of Zeus at Olympia where the Olympic games were first held, the ancient oracles of Delphi and Cuma, Athena's Parthenon on the acropolis at Athens and the great temple of Artemis at Ephesus where Paul was dissuaded to speak. This illustrated course will discuss the myriad of Greek gods together with some of their ageless works of art, literature and architecture.

Gene Vecchio BSc(Hons) GradDipMet

04203 Fri., 7pm 19 February, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

MYSTERIOUS MACHU PICCHU

Residence for three or more generations of Incas, Machu Picchu was abandoned suddenly and mysteriously. Did it vanish from historical memory because it was a Forbidden City, prohibited to sub-Inca castes, and open to just a small ruling elite? Certainly the site was carefully chosen in a sacred mountain chain perceived to be a privileged and favourable spot, to observe the movements of sun and stars who were the Incas' deities. Well illustrated. Refreshments included.

Linda Chalmers PhD (Soc Sci) MA (Arts)

04204 Fri., 7pm 26 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE



Moorish Spain – the fortress of Alhambra

INQUIRY INTO THE DEATH OF TUTANKHAMUN

NEW

Everyone has heard about the discovery of the tomb of the Egyptian pharaoh Tutankhamun and most people know that he was only young when he died. But not everyone realises that his death, although untimely, has never been the subject of an official inquiry. We aim to remedy that. Welcome to the Commission of Inquiry into the Death of Tutankhamun. Come and hear the witnesses give evidence, and decide for yourself how he died and whether he was murdered. You can even participate as a witness if you would like (script provided). Tea/coffee provided.

Michael O'Donoghue BEd MEd

04205 Wed., 7pm 31 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

SYRIA/JORDAN – CROSSROADS OF THE NEAR EAST

NEW

From Egypt to Mesopotamia, the Rift Valley has been the centre of early civilisation, and passes through Jordan and Syria. A crossing point of both the silk route and the spice trade route, the region became wealthy and the prize of many battles. From the early Canaanites, the region has been occupied by the Greeks, Romans, Byzantines, Arabs and Turks. For one night we will explore the history of the region and discover the rich visible reminders of its past.

Robert Stone BArch(Hons) GradDipEdAmin

04206 Fri., 7pm 26 February, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

TRAVELS THROUGH TUSCANY

Tuscany offers art, history, folklore, carnivals, cuisine and Chianti! A broad introduction to the cities and countryside of Tuscany (Florence, Siena and Pisa) and how to find quaint villages and sites off the usual tourist trail. Etruscan Roman and Renaissance Tuscany covered.

Gene Vecchio BSc(Hons) GradDipMet

04210 Fri., 7pm 26 February, 1 sess x 3 hrs
04210A Fri., 7pm 16 April, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

LE CINQUE TERRE

The Cinque Terre are five of the most photogenic villages in northern Italy, linked by a series of spectacular walking tracks which vary from easy to demanding climbs. You will be introduced to this beautiful and fascinating part of the Ligurian coast. Illustrated, with some Italian history.

Gene Vecchio BSc(Hons) GradDipMet

04211 Fri., 7pm 29 January, 1 sess x 3 hrs
04211A Fri., 7pm 9 April, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

MOORISH SPAIN

In 711AD Visigoth Spain, the most politically stable nation in Western Europe, fell to an Arab-led Muslim army composed mainly of North African Berber tribesmen, known in Spain as Moors and elsewhere as Saracens. They founded Andalusia, a new cosmopolitan nation of Muslims, Jews and Christians that, before El Cid and the Reconquista, was to last for almost 800 years. The newcomers brought new learning, customs and technologies. They built many castles, mosques and palaces such as Segovia Alcazar, Cordoba Great Mosque and Granada's magnificent Alhambra. Illustrated. Includes tea, coffee and biscuits.

Gene Vecchio BSc(Hons) GradDipMet

04217 Fri., 7pm 5 February, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

EARLY CHRISTIAN SITES OF TURKEY

The second and third generations of Christians lived in extraordinary cultural and political settings. These are best revealed through a study of the archaeological sites of Asia Minor, today's Turkey. Our fascinating adventure will lead us to places like Ephesus, Aphrodisias and Cappadocia. We will wander through the Lycus Valley of south west Turkey to visit the early Christian sites of Hierapolis, Colossae and Laodicea.

Michael Trainor MA MEd DTheol

04223 Sun., 2pm 21 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

THE LHASA RAILWAY

Should we denounce it as a threat to Tibet's environment and way of life or admire its engineering and delight in the views from the train? Controversial and captivating, the trip from Xining to Lhasa has joined the world's great rail journeys. It is the highest rail trip in the world. Illustrated. Refreshments included.

Suzanne Brugger PhD

04237 Fri., 7pm 26 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

LEPTIS MAGNA

Rome ruled North Africa from the defeat of Hannibal in 202BC to the advent of the Vandals in 5AD. During this period Rome built many cities, and one of the most beautiful and immensely rich was Libya's Leptis Magna. Septimius Severus was born here and he lavished his wealth on it. It has temples dedicated to local and Roman gods and to emperors; also forums, basilicas, colonnaded streets, bath houses, market buildings, public fountains and a large theatre. This illustrated course outlines the city as it once lived through its people and the vicissitudes of the Roman world.

Gene Vecchio BSc(Hons) GradDipMet

04240 Fri., 7pm 30 April, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

ARCHAEOLOGY, HISTORY AND CULTURE

THE WONDER OF CINEMA

NEW

Explore influential world cinema in a lively film appreciation course. From French New Wave to Italian Neo-Realism, with a bite of classic Hitchcock, and including some rarely seen movies.

David Rea BA (Communication Studies)

04100 Fri., 7.30pm 23 April, 6 wks x 2 hrs
FEE: \$75, disc. \$68, conc. \$54 WEA CENTRE

DISCOVER THE WEST TERRACE CEMETERY

Behind the walls of our oldest mainland cemetery you will discover interesting life stories of both famous and little-known South Australians and learn about local history and common cemetery symbolism.

Suzanne Brugger PhD

04108 Sun., 8.30am 28 February, 1 sess x 3 hrs
04108A Sun., 8.30am 18 April, 1 sess x 3 hrs
FEE: \$30, no disc. or conc.

NORTH ROAD CEMETERY WALK

Discover the story of this historic 1853 cemetery, from the monument symbolism to the quarrying of stone, and the lives of some of those interred here. Includes the beautiful chapel with the Napier Waller mosaic.

Robin McKnight

04109 Sun., 9.30am 28 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc.

SLAVERY AND THE CIVIL WAR

NEW

The forty years leading up to the election of Abraham Lincoln and the start of the Civil War saw America slowly fall apart over the issue of slavery. How badly were the slaves treated? Why did they not rebel? Why did slavery become a political issue? Was there any other solution but war? Why is the Civil War and slavery still such an emotional issue in America today? An historical survey with songs, quizzes and slave stories that make the past come alive.

Denis Binnion PhD

04121 Tue., 8pm 16 March, 4 wks x 1.5 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

ABORIGINAL ART TOUR

Visit Aboriginal rock art and camp sites in the Adelaide Hills with one of the sites' traditional protectors from Mannum. Sites are on private land. Terrain is rocky and the day involves a reasonable amount of walking. Bring picnic lunch, weather protection and well worn-in walking shoes. Provide your own transport. Meet at the WEA Centre for instructions.

Robin Coles BSc MAgSc and Isobel Campbell

04125 Sun., 9am 21 March, 1 day x 7 hrs
FEE: \$53, disc. \$48, conc. \$39 WEA CENTRE

THE SCIENCE, ART AND MYSTERY OF EMBALMING

Preservation and presentation of the dead has been practiced for centuries. Join our medical lecturer as he unravels the objectives and methodologies of this fascinating ancient craft. He will be joined by two nationally qualified embalmers, who will discuss the technology and methodology of embalming in the 21st Century. During this course a multimedia demonstration of current embalming practices will be viewed. **Due to the potentially graphic nature of this workshop, enrolment should be considered carefully.** Assistants: Don Harper FAIE EN and Ian Swan MAIE

Mark Simpson BAppSc AssDipTraining&Dev

04158 Sat., 10am 17 April, 1 sess x 4.5 hrs
FEE: \$40, disc. \$36, conc. \$30 WEA CENTRE

ARCHAEOLOGY, HISTORY AND CULTURE *from previous page***RESEARCHING YOUR ENGLISH ANCESTORS**

Develop your skills and techniques to access a huge range of English church and civil records and understand some of the problems you may encounter. This course concentrates on nineteenth-century records.

Graham Jaunay BA DipT MACE AAGRA

04175 Fri., 6.30pm 26 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

HERITAGE TOURS AND WEEKENDS**MUNDOORA, PORT BROUGHTON AND BUTE** **NEW**

The early port of Broughton grew because of a dead-end train line to the tiny town of Mundoorra near the Barunga Range. Yet the rail line handled huge amounts of grain. Come and discover more about Port Broughton including its early 1900s marine fibre industry! Tour includes historical explorations of Snowtown and Bute. Notes provided. Lunch stop (not included) will be in Port Broughton, giving you time to stroll along the picturesque jetty.

Denis Binnion PhD

Trevor Feder BEd GradCertMath

04104 Sun., 8.15am 21 March, 1 day
FEE: \$69, disc. \$65, conc. \$62 WEA CENTRE

EUDUNDA, MOUNT MARY AND MORGAN **NEW**

Eudunda, Mount Mary and Morgan were all linked by railway in 1878 but their histories took divergent turns. Eudunda prospered on the basis of its agricultural richness; Mount Mary struggled to survive until wood cutting saved the area (the original basis of Eudunda Farmers' Cooperative); and Morgan became the state's biggest river port handling more interstate wool (from NSW, QLD and VIC) than local. The story of the ship building, river boats, and port growth is fascinating. Across the region the German influence and Lutheran heritage is paramount. Notes provided.

Denis Binnion PhD

Trevor Feder BEd GradCertMath

04105 Sun., 8.15am 11 April, 1 day
FEE: \$69, disc. \$65, conc. \$62 WEA CENTRE

THE SOUTH EAST

The South East has always been a wealthy settlement area for SA. Discover some of the history and charm of this region with two popular WEA tutors. The weekend includes a tour of historic Padthaway homestead and Struan House in Naracoorte. Includes a gourmet lunch, wine tasting; two course dinner and breakfast; and an overnight stay in a motel in Millicent. On the Sunday we wind our way towards Adelaide with stops in Beachport, the historic port of Robe, Kingston and Meningie.

Denis Binnion PhD

Trevor Feder BEd GradCertMath

04103 Sat+Sun., 7.30am 27 March, 1 weekend
FEE: \$285, disc. \$335, conc. \$275 WEA CENTRE

QUORN AND PICHI RICHI RAILWAY **NEW**

Enjoy a weekend of historical explorations of the Willochra Plan when settlers believed "the rain would follow the plough". Visits include Ororoo, Carrieton, Craddock, Kanyaka, Wilson and Yourambulla Aboriginal Caves. Stay overnight in Quorn and travel on the Pichi Richi Railway to Woolshed Flat and return on the Sunday. Breakfast and dinner included. Single accommodation is without private facilities in historic hotel; twin/doubles are in motel units. Train fare included. Depart WEA Centre 7.30am, returns around 6pm on Sunday.

Denis Binnion PhD

Trevor Feder BEd GradCertMath

04117 Sat+Sun., 7.15am 15 May, 2 days x 6 hrs
FEE: \$259, disc. \$236

**TRAVEL****TRAVEL IN SOUTH AMERICA**

South America encompasses the world's most exciting destinations: Easter Island, Galapagos, Rio de Janeiro, Lake Titicaca, Machu Picchu, Nazca Lines (the empire of the Inca civilisation), Amazon (the planet's largest rainforest with a biomass capable of absorbing huge amounts of carbon dioxide) and Pantanal (one of the world's most immense and rich ecosystems) – so much diversity, 350 living languages, 3,100 bird species including some of the rarest, and the world's highest active volcano. Covers getting around, safety tips, health precautions and essential issues for planning a successful trip.

Linda Chalmers PhD (Soc Sci) MA (Arts)

04501 Sun., 9.30am 14 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

THE BEST OF ENGLAND

One of the most visited countries in Europe, this land of beauty is steeped in history. We cover places north, south, east and west, visit London and Liverpool (the Capital of Culture 2008), and discover the great diversity of countryside. Discuss the famous English weather (it's changing), cathedral cities, how to get the most out of a holiday at the cheapest price and the different modes of travel.

Keith Pearson BEd

04509 Sun., 10am 21 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

THE BEST OF FRANCE

Dreaming of a trip to France as an independent traveller? Covers train, driving accommodation available and important background to many cities and villages.

Gene Vecchio BSc(Hons) GradDipMet

04510 Sun., 9.30am 28 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

THE BEST OF ITALY

The fountains of Rome, the blue of the Bay of Naples, the rolling hills of Tuscany, the sweeping plains of Apulia, the magic of Venice, the emotional pull of Capri. Places of great beauty, art, history, cultures and architecture covered.

Gene Vecchio BSc(Hons) GradDipMet

04511 Sat., 9.30am 20 February, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

HOUSE SWAP HOLIDAYS **NEW**

This fantastic travel option offers many benefits beyond merely 'free' accommodation. We cover absolutely everything you need to know about home exchange, holidays overseas and within Australia.

Heather Eldridge Train the Trainer Cert

04516 Sat., 10am 13 March, 1 day x 6 hrs
FEE: \$53, disc. \$48, conc. \$39 WEA CENTRE

GREY NOMADS AUSTRALIA TRAVEL

Experience the great outback using a conventional vehicle. The tutor has completed an 18,000km journey around Australia. Plan a similar trip: what to take, useful equipment, gadgets and how to minimise costs.

Andrew Gaal IATA/UFTA PrelimDip

04533 Sat., 1.45pm 20 March, 1 sess x 3 hrs
FEE: \$30, no disc. or conc. WEA CENTRE

BUDGET TRAVEL

It's still possible in the UK and Europe. Covers airfares, budget accommodation, whether to coach tour or self drive, basic information on employment possibilities, how to pack and where to find information.

Bernadette Maio Cert Travel

04540 Sun., 9.30am 28 March, 1 day x 6 hrs
FEE: \$46, disc. \$42, conc. \$34 WEA CENTRE

talk travel

To attend one of our free travel talks at the WEA Centre, call 8223 1979.

KENYA, TANZANIA and ZANZIBAR and **SOUTHERN ITALY and SICILY**
Sat., 10.30am 6 February

PATAGONIA and **LONGREACH and ROCKHAMPTON**
Sat., 10.30am 20 February

SOUTH AFRICA and **CHINA**
Sat., 10.30am 13 March

EGYPT and TURKEY
Sat., 10.30am 20 March

A TASTE OF SOUTHERN INDIA and **TUNISIA, MALTA AND SICILY**
Sat., 10.30am 10 April

JORDAN AND SYRIA and **VIETNAM**
Sat., 10.30am 17 April

OMAN and **SABAH/BORNEO**
Sat., 10.30am 8 May

2010 Tours

VIETNAM with a Taste of Cambodia

3-18 APRIL 2010

A truly great combination of heritage and culture awaits you on this tour; Vietnam with its wonderful Buddhist heritage and Cambodia with its myriad tombs and temples. Who would not want to visit the fantastic UNESCO World Heritage Site of Angkor Wat? **\$3,740**

BATHURST – Goldfields and Blue Mountains

16-24 APRIL 2010

Relax first class on the Indian Pacific from Adelaide to Bathurst. Discover the gold fields; Hill End, Ophir and Sofala. Visit the lovely Cowra National Park, enjoy historical walks and a trip on the famous Zig Zag Railway across the Blue Mountains. **\$2,490**

THE SPIRIT OF THE OUTBACK

16-25 JULY 2010

Explore the outback of central Queensland in comfort on the Spirit of the Outback train. Visit Brisbane, Longreach, Rockhampton and Keppel Islands with our experienced and knowledgeable tour guide. **\$2,980**

EAST AFRICAN SAFARI – The Great Migration and a Touch of Spice

11-26 AUGUST 2010

The national reserves of the Masai Mara and the Serengeti in Tanzania form one of the most unique ecosystems in the world. This safari offers you the opportunity to witness the greatest wildlife spectacle on Earth. In contrast we also travel to the 'Spice Island' of Zanzibar and take in the fascinating history of sultans and slaves. **\$9,560**

BORNEO – Orangutans and Rainforests

10-22 AUGUST 2010

Explore the exotic and intriguing wilderness of Borneo. Experience Sabah's mystical rivers and tropical rainforests by boat, marvelling at the proliferation of wildlife which include the rare proboscis monkeys, macaques, orangutans, crocodiles and elephants. Also includes Turtle Island and the Sandakan Memorial Dawn Service. **\$4,860**

All costs based on twin share and all airfares included.



UZBEKISTAN – The Great Silk Road

16 SEPTEMBER – 3 OCTOBER 2010

Discover an exciting blend of history and culture on this fascinating tour of the ancient Silk Route. Take in the spectacle of Tashkent, Bukhara, Samarkand and Khiva. Enjoy the sights of Seoul along the way in a guided city tour. **\$5,930**

TURKEY – The Cradle of Civilisation

19 SEPTEMBER – 9 OCTOBER 2010

Explore the historical riches that Turkey has to offer. UNESCO World Heritage sites abound in this fascinating destination; Ephesus, Pamukkale, Pergamum, and Troy. Be enthralled by Istanbul and the strange and haunting structures of Cappadocia and be humbled by the memory of Gallipoli. **\$5,450**

OMAN – In Search of Frankincense and the Queen of Sheba

9-21 NOVEMBER 2010

A land of antiquity and frankincense, its attractions are a mystical blend of historical, archaeological and natural wonders. Explore archaeological treasures, bargain your way through exotic spice markets and 'souks' alongside friendly and hospitable locals. **COST TBA**

Other tours for 2010

SOUTHERN ITALY AND SICILY 6-27 MAY \$6,158
SPANISH JEWELS 5-26 JUNE \$6,780

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